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ALESSIO

THE THYRDE PARTE OF THE SECRETES

LONDON, 1566



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OF THE SECRETES

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The thyꝛde and last

parte of the Secretes of the reue-
rende Maister Alexis of Piemont, by

him collected out of diuers excellent Au-

thors, with a necessary Table in the

ende, contayning all the mat-

tters treated of in this pres-

ent worke. Englished by

Wylliam Warde:




IMPRINTED AT LON.

don by Henry Denham, soꝛ

John Wpght.

Secretes and foueraigne
receptes Well experimen-
mented and tryed by diuers
Authours.

Against euery grieffe or payne of the head,
except the Pockes.

 Take red Roses, Camomil flow-
ers, Melilot, Calamint, & other treed,
of eche two handefulles, seeth them in
forty pound of water, and good wyne,
vntill half be consumed. And with this
being hote, let the Patient washe his
egges euery night and morning, fro
the knes vdownwarde, and his armes from the elbowe
downwarde. Also he must not haue his stomacke full.

A preseruatiue against the falling sicknesse
or Epilepsia.

Take the best Castoreum, that you can finde, and Assa
Fetida, of eche halfe a Dragma, rootes of Piony well
beatè into powder a Dragma, Aromaticum Rosatum
two Dragmes, of all these being well mixte and mingled
together with Syrope of Minte, make seauen Pilles, to
be taken twyce or thrice a weeke, when you goe to bed. It
hath bene often proued.

Against the falling sicknesse.

The Patient being tormented with this disease, it is
good to make him smel burnt fethers, or olde Shooes,
soz that reuiueth and maketh them come to them-
selues.

A.ij.

Another

The fyrst Booke

Another soueraigne remedy for the same.

TAke a hundred Swallowes, an vnce of Castoreum, as muche Wyne as shall suffice, and of the best that can be founde. Distill all together, and giue the Patient to drinke therof three Dragmes fasting. This water is also verie good for men y^e be apoplectique if they be washed with it.

Against the Palsey.

TAke Myrthe, Mastix, of eche two dragmes, Frankencense a Dragme and a halfe, Cloues, Synamone, Nutmegge, Lignum Aloes, Race, of ech a Dragme. Beate all these into verie fine powder. And the powder being sprinkled with Aqua vitæ and dryed agayne, you must yet once sprinkle it agayne, and continuing so sprinkling and drying it fve tymes. Then beat it small agayne. And wth this powder parfume a Fox skin, laying two Dragmes thereof vpon quick coles, to the intent that the parfume be receyued through out al the skinne, and so layed vpon the member that is infected. Or else (which is better) let the skinne powdered with the sayde powder, be layed hote vpon the paralyticke member, and so woꝛne: And you shall see a maruellous effect.

Another vway.

TAke a pounce of Aqua vitæ, the roote of Iua, the roote of Acorus, the roote of Ilope, of eche two Dragmes, black Peter, Cloues, Nutmegge, of eche a Dragme, Race half a Dragme: All this you must stampe well, and binde in a fine linnen clothe, and let it steepe in Aqua vitæ three whole dayes, then drene out the water, of this water take halfe an vnce: water of Iua and of Endiue of ech three Dragmes: giue it the Patient to drinke in the breake of the day, and let him not eate in sixe houres after. The Patient

Patient shall feele a greater effecte, if the same day that he drincketh the water, he also wash the soze member with it.

Against the Fransey.

The body being purged, it is good to shauē the heade, and to lay vpon the seame of the crowne of the heade quicke Pigeons (hauing first cleft them in the back, and drawen out the entrayles) leauing them so vpon his heade vntill they waxe colde: or else little whelpes of a Bonch olde their garbishe pluckt out: or if you will the lunges or lightes of a sheepe or wether hote. But bicause one of the principall causes of the franse is the torment of watching, you must labour to prouoke sleepe as much as you can, by remedies made therefoze: as with washing his legges from the knees downewarde, and his armes from the elbowe downewarde, with the decoction of violet flowers, of Penuphar, of the rync of Mandragore rootes, and annoynting his temples, the ioyntes of the arme euen to the hand, and of the legge vnto the foote with the oyle of Penuphar and Poplar mixt together.

A tryed remedie against the great payne, ringing and deafnesse of the eares.

Take the oyle of Castoreum two vnces, oyle roset, and oyle of better Almondēs of eche an vnce, of Aqua vitæ two vnces, mingle all together and seeth it vntill the Aqua vitæ be consumed. When euerye night at euen when he goeth into his bed, droppe foure drops into his eares, and stoppe them with Cotton, sauouring some what of Muske. It is a thing proued.

Another remedie vvell knowven and tryed.

Seth in some pot a pound of Walnut oyle, and when it smoketh, make the smoke enter into the Patientes eares by a sonnell.

The fyrst Booke

A remedy to stench the bleeding at the nose.

TAke the iuyce of Plantaine, Rose water, and the best Vineger you can, of ech foure vneces : yolks of Egges well beaten two vneces : of Acacia mixt with the saide thinges halfe an vnice : mingle altogether, and annoynte youre forehead with it, and your throte with some cloth.

Another for the same vvell proued, and of a maruellous strength.

The Patient shall take the water of Panis Porcinus as much as shall néede, the which he shall take vp at the nose, and incontinent he shall feele himself holpē.

Another soueraigne remedie.

TAke the bloud of a man (that is to say that blædeth at the nose) an vnice or two : and burne it vppon some plate of yron, then make it into a fine powder, & blow it in to his nostrelles, and he shall be well.

Another for the same.

TAke of the best Vineger you can get, Plantayne water, of eche two pounce, wette certayne linnen clouts in it, and laye them to the sooles of his fete, and palmes of his hands, and against the lyuer : and the bloude shall so;thwith stent.

For the tooth ache, a remedie proued.

Hiera Picra
a medicine
to purge
fleme and
collor,

TAke halfe an vnice of Hierapicra : two Dragmes of Mythridate, and halfe an vnice of Aqua vita, and with all these mingled together, you shal often times a day annoynt the tooth that aketh, and round the gumme that he standeth in : for this is singular if the ache come of colde.

Another remedy vvwhether the ache be by cold or heat.

Take

TAke strong whyte Wine halfe an vnce, of the rootes of Iulquiam, in Englishe whyte Benbane, an vnce: Let all be well sodden together, until the thirde part or half of the wyne be consumed, with this hote wyne wash all the gumme of that tooth that aketh, and keepe it a good whyle in your mouth, on the side where the tooth is.

Another for the same.

TAke Sage flowers, Rosemarie, Betony, Sticados Arabic, Marioram, of eche a handefull and a halfe: of Nigella or Melanthium in Englishe Ceth, of Perythrum in Englishe Welytoyy, of eche two Dragmes. Let al this be sodden together in a sufficiēt quantitie of white wyne until the halfe be consumed: then straine it and stampe these hearbes, and make thereof a playster and lay it vpon the Jaw of the aking tooth, and keepe the wine that is strayned out, in your mouth as hote as you maye endure it.

Another remedie.

ALso, if the sayde tooth be hollow, mixt halfe an vnce of Triacle together with Negella and Pyrethrum of ech half an vnce, and a Dragme of Aqua vita. And of this mixture fill vp the hole of the tooth. But yet if all this (after you have proued it) helpe you but a little or nothing, put to eche of these remedies two or thre graynes of the iuice of Poppy, called in Latin Opium, and lay all as is sayde, vnto the grieffe that troubleth you.

A remedy for the stinking of the mouth and nose.

TAke a pounce and a halfe of Rose water, a pounce of Violet water, halfe a pounce of Marioram water, beat into poudre Nutmegges, Lignum Aloes, Spynamon, Galingale, Zedoria, of eche two Dragmes, mire
all

The fyrst Booke

all with these water, and skil it in a Limbecke . This done perfume the water with eyght graynes of fine Musk. The head being purged with this water, that is to saye, taking it by every day at the nose into the head : but yet fasting, & the nose first well purged you shall see a marvellous effect.

Another for the same.

It is a thing proued and tryed , and verpe good to take fasting every daye at the beginning of dinner , or else from day to day an Alephantine pille.

A verie good gargarisme or gargelling of the throte against the Quinsey.

TAke two pounce of Lycoras water, the iulce of Plantaynes, the sucke of Mulberies, the sucke of Myrtelberries, of eche two vnces : all this mirte together, seeth it well : then strayne it and let it cole againe, and then let the Patient gargle and wash his throte slightly withall.

For the same.

It is a remedie proued and tryed, to blow with a reede in his throte fine powder of Plantaine leaues dzyed.

Another for the same.

It helpeth much also to annoynt the soze with the oyles of Camomille, of Violets, of swæete Almondes, and of the grease of a Henne, as much of the one as of the other, mixing it altogether, and to annoynt therewith the soze place, with the application of newe thorne or bniwashed wool.

An excellent plaister to soften or rype an impostume in the throte.

TAke of Swallowes nestes a pounce, and make therof a playster with as much Oyle of swæete Almonds,
and

and of Camomille as sufficeth to make it, and lay it hote to the Patients throte.

Against the spitting of bloude comming of the Lungen or Lyghtes.

TAke the sucke or iuyce of Purselane and Plantaine, of eche an vnce: beate into powder a Dragma of red Corall, and half a Dragma of the stone Hematites in English, bloodstone: and al being mixt together, giue it to the Patient at all tymes when he spitteth bloude.

For the same another remedye tryed and proued.

MAke into very small powder gumme Arabic, Tragacantha, Harts horne burned, of a bloodstone burned, and redde Corall burned, of eche halfe a Dragma, and of Bole armenicke two scruples: mire all with the pelke of a rawe Egge, and giue it the Patient when he spitteth bloude.

Another remedy founde very singular.

Rooste well two Dragmes of Kubarbe, together with the seede of Purselane and Coriander prepared, of eche a Dragma, make all into verve small powder, & mingle a Dragma of this powder with as much iuyce of Purselane as shall suffice, and giue it to the Patient when he spitteth bloude.

Another remedie of maruellous great vertue.

TAke of the iuyce of Hilfoyle two vnces, of a bloodstone burned and well beaten into powder, two Dragmes, and giue it to the Patient colde.

Another secrete for the same, certayne and experimented, and good at all houres.

TAke the shelles of some rawe Egges, take awaye the little skinne that is within, and dry them so that they may be made into powder very fine. Then mixt two Dragmes of this powder with threë vnces of Plantayne water, and giue the Patient of it euer when he voydeth blood, and you shall see that the Lungen will be sounde.

The first Booke

But if you wil that this medicine worke with more speede, & greater efficacie, mixt it with two Dragmes of the sayd powder, wth half an ounce of Syrope of dry Roses, halfe an ounce of Purcellane, & as much of Syrop of Mirtell, which thing you shall giue the Patient five dayes together. And this thus taken, he maye be well assured that from thence forward the bayne w^{ill} neuer breake more.

For the same.

It is a remedye mosse certayne and proued as well to heale this sicknesse chanced to a mā, as for to preserue one from it befoze it come, to eate euery morning fasting a scruple of Rubarbe roff.

Another for the same.

Every day at night when the Patient would slepe, let him sup a sponesfull of mundified Barley. For at the last, the effect is very great, as well to preserue him, as to heale him of it.

Against the vlceration of the Lungs or Lightes, and spettle full of matter and corruption.

TAke a pounce of the tayles of riuer Creuices, & foure pounce of Cowe or Ewes mylke: and seeth al together vntill half y^e mylke be consumed. And then stamp well the tayles of the Creuices or Crabbes, and dissolue them in good mylke, putting to them halfe a handefull of Barley flower, & as much of Amylum, of swete Almonde milke, foure ounces, the yelke of a newe layed Egge, and foure ounces of Suger very white: mingle all together, and set it on the fyze to seeth, stirring it alwayes softlye, vntill it be well sodden. This done, let the sicke man eate of this composition at morning and euening as muche as he shall thinke good: and he shall finde himselfe very well.

Another for the same.

TAke. vii. Dragmes of whyte Poppy seede, of Endiue seede a Dragme and a halfe, with as muche Sorrell seede, kernels of Quinces made cleene two Dragmes, the

the seedes of Melons, Gourdes, Citrons, Cowcumbers, of eche an vnce and a halfe, of Gumme Arabick, Tragantha, of Amylum, of ech a Dragme, of the iuyce of Licozas two Dragmes, of the Lungs of a fore, a Dragme and a halfe, Besides the waight of the whole, mixe and burne al slightly: Then make it into a fine powder, wherof you shal take two Dragmes, mingling it with an vnce and a halfe of the Syrop of Iuiues, and thre vnces of the water of Snayles distilled. Then giue this drinke luke warme to the Patient in the breake of the day.

Another for the same.

Mingle haife an vnce of very white Suger with fire vnces of the mylke of an Asse new mylked, and take a little of it at the breake of the morning, sleeping a little vpon it, and at night when ye go to bedde, continuing so a Moneth at the spring, and twenty dayes together in Haruest.

A remedy for short vvinded men.

TAke a vnce and a halfe of Licozas made cleane, with as much Cetrac, the graines or cornes being taken away, Iuiubes, and Sebesten or Mira of eche tenne, the roote of Emula Campana purified or made cleane half an vnce, the roote of foale foote or Horse hoose, called of the Apoticaries Vngula Caballina, two Dragmes, let al sech in a sufficient quantitie of water, vntill the halfe be consumed, then straine it, and dissolue with that which is strained thre vnces of the best Hanna, or else an vnce and a halfe of the flowers of Acesis, and giue it to the Patient at the first tyme when the paine taketh him, it is a thing tryed, so singular that it will heale the sicke man, so that the Physician shall be no more troubled with him.

A drinke for the same disease, to be taken every day thrice.

Setch well and long two vnces of the Iuyce of Emula Campana, with as much of the Iuyce of Slope, and a
℥.ij.
pounde

The first Booke

pounde of the water of Foale ſote oz Hoſe hoſe : and make therof a Syrope with as much Sugar as ſhall be neceſſarye , of the which the Patient ſhall take in the Morning two vneces without water, and as much at none, and when he entereth into his bedde : and as long as the paroxiſme and fitte of his payne, it is good to put among it foure droppes of gumme Armeniack, with two vneces of Orinell ſimple, and giue the Patient drinke of it.

Oximell
hony and
vineger
ſodden to
gether

Another tryed ſecret good for poore folke.

Make a pounde of wyld Mallowe oz March Mallowe rootes dꝛyed in the ſhadowe, with foure pounde of ſodden honny well ſcummed : ſtirre it vpon the fyre vntill it be lyke an Electuary, whereof let the Patient take often tymes, and he ſhall finde himſelfe caſed.

For the ſame, and good alſo for the poore ſorte.

Take of cleare Conduite water two pounde, of Leekes chopped verꝝe ſmall thꝛee vneces, of freſhe butter two vneces, of the beſt Sugar an vnce and a halfe, and the yelke of an Egge. All this being verꝝe well beaten and ſpyred by the fyre, ſhall be giuen to the Patient at dinner and ſupper.

A remedy againſt the Plureſie.

It is a thing well tryed that at the firſt aſſaulte oz coming of the payne of the ſide, it is verꝝe good to be let blood in the vayne called Baſilica, of the oppoſite arme : but if the blood be let out at the fourth acceſſe oz coming, oz ſome after, the Plureſie wyll by and by voyde awaye : notwithstanding you muſte neuer let the Patient blood, but his belly muſt firſt be purged and loſed, eyther with taking ſome Caſſa at the mouth, oz elſe with ſome ſofte gliſter.

A decoction for the ſtomacke, very good
againſt the Plureſie.

Being let blood, as it appertayneth, take the ſucke oz
ſuyce of Alope, Capilorum Veneris, Figges, Dates,
Sebeſten,

Sebesten, dꝛyed Keasinges, mundified Barley, Licorice made cleane, of eche halfe a handfull: seth all in water as muche as maye suffice, and put soꝝ to dissolue in it thꝛee vnces of grayned Manna. But if the Patient be a poꝛe man, take an vnce and a halfe of Pupla casia, which is the inner part of it called also Medulla, in stede of Manna, & giue this drinke xxiii. houres after his letting blood, and very early in the moꝛning. It is a thing certayne that in pꝛouing this the Patient shall be healed although he were not let blood but a little befoꝛe the fourth accesse, because the matters and substance that nourished the disease in the larger Conduites are purged awaye.

Another remedy most certayne against all Pluresies,
as proued as diuine, for to preserue a man
that he dye not of it.

Make an oyntmente of two vnces of Dialthea mixt with half an vnce of swete Almond oyle, wherwith being hote, anoynt the soꝛe side, casting on it hꝛ powder of halfe an vnce of Commin stamped verpe small and boulted. That done, heate a Cabbedge leafe vpon the hote coales, and spread with olde Butter but not salte, laying it hote vpon the grieffe: the payne will cease maruellously, & wil resolue into matter of an impostume, so that at hꝛ last you shall haue the honoꝛ of it, and the Patient health. Yet you must note, that this remedy must not be vsed but at the fourth accesse, oꝛ else after. This remedy may also serue in euery great grieffe dispersed thꝛow out al the body beneath the heade.

An oyntment to rotte or rype the Pluresie.

Take two vnces of Mucilage oꝛ Mucago of the seede of Cabedge, with as much Mucago of hꝛ seede of March Mallowes, Mucago of Figges an vnce, of Cowe mylke thꝛee vnces, of freshe Butter two vnces, oyle of swete Almondes two vnces and a halfe: mire all this together, stirring it alwayes vpon a smal fyꝛe, & make therof a soft oyntment with as much ware as shal neede. This

B. iij.

done

The first Booke

done, spreade it vpon newe shorne and vnwashed Woll,
and lay it vpon the grieke, rening it in foure and twenty
houres thre or foure times.

A playster for the same.

Sampe well in a mortar foure vnces of the rotes
of wilde Mallowes well sodden, put to it an vnce of
Butter, an vnce and a halfe of honny, of Pigeons
dunge two Dragmes: Mingle all together, and laye it
hote right vpon the payne, and sone after the corruption
will bzeake,

For the same.

It is a remedy wel proued, although it be not much bled,
to giue the Patient in. xliij. houres foure tymes foure
vnces of the water of Tartarum Terrestre hoate. For in so
doing, the cure shall be so sayre, that you shall see the im-
postume broken and purged from all corrupt and rotten
bloud. And moreouer he shall be preserved from spitting
bloude, and from the consumption of the Lungenes.

Against the hote cough, that is to say, vwhen the
patient is so vexed vwith it, that he
can not vuell sleepe.

Take a Dragme of the Pilles of Cynoglossa, in Eng-
lish hounds tongue, with Syrope of Roses, and make
thereof five Pilles, wherof the Patient shal take one
euery day at the entring into his bed.

Against the same, if his voyce be hoarse vwith it.

Take Diacodion, & of the powder of Tragacant colde,
Benides, of eche two Dragmes, Wole Armentick a
Dragme: Make all this into very fine powder, and
with the Syrop of Myrtle make Pilles lyke Reason, of the
which when the Patient goeth into his bed he shall holde
one vpon his tongue, and he shall be well.

A tryed electuary for the same.

Take Diapentidion without Species, Loch sani & ex-
peiti, of eche an vnce, of Benides two vnces, and
with

with as muche Syrop of Ilope, as shall suffice for to incorporate al : make therof an Electuary : wherof the sicke man shall holde some in his mouth licking it.

Agayne for the cough.

TAke a pound of fresh butter without salt, three pelkes of new layed Egges, two unces of the flower of Amylum, and an unce of Sugar melted in the water of Violets : mingle all together, and spyre it alwayes untill it be well seasoned and of a good tast. It is a good remedy which maye serue you as well in stead of meate, as of Medicine.

Pylles for the cough.

TAke two Dragmes of Agaricke prepared, and mixt it with a Dragme and a half of Frankencense made into powder, and with the iuyce of Ilope, so make therof tenne Pilles, of the which the Patient shall take one every night when he goth to bed. It is a remedy very good, as well for yong children, as for olde folke.

An oyntment for the same.

TAke olde butter that is not salte, the Oyle of swete Almondcs, and of white Lyllies of eche an unce, half an unce of Mucelago of the seede of wyldc Mallowes, with as much of Mucelago of the seede of Mallowes, and halfe a scruple of Saffron : mixt all together, and make thereof an oyntment with a little Oyle : wherewith being hote, you shall annoynt your breast.

Against the trembling and panting of the heart, this is very good, but especially for vvomen, vvvhich are much subiect therunto.

TAke the Pilles of dzyed Cytrons, Zedoaria, Doronicum, calami Aromatici, of eche a Dragme, of Grami paradisi, halfe a Dragme, of the rootes of Buglosse dzyed two Dragmes, of fine Huske halfe a scruple, Epithimi halfe a Dragme : Let all be made into powder as well as is possible, and the powder after sifted : wherof being mingled with the water of Turmentill, the Patient shall
take

The first Booke

take a Dragme and a halfe, at the breake of the daye, and in the euening when he will sleepe, a Dragme, and he shall see him selfe rid and quit of his paine within seauen dayes.

A remedie against the same, and very good to restore the strength, being vveakened vvith to great heat of Agues.

TAke two Dragmes of the best Synamon, halfe a Dragme of Pace, of Hyacinthes, Smaragds of Arabies of eche halfe a Dragme, of perced or vnperced pearles, of eche a scruple, of Golde and Siluer beaten into pouder, of eche a Dragme: Let al together be made into a very fine pouder, whereof styring it with Suger dissolved in Rose water, you shall make little Balles of two Dragmes a peece. I haue scene my selfe that manye haue bene vvith this confection preserved from the plague in a very daungerous time.

Another remedie, vvherevvith I haue alvvayes found my selfe very vvell.

MAke a drinke vvith two vneces of the suck of Buglosse purged on the fyre, and two Dragmes of very white Suger mixt together, and drinke it luke warme euerye night when you goe to bed, and befoze ten dayes be past you shall be cured.

An Epitheme against the same payne.

Epithema is a Medicine layde to the region of the heart or lyuer to coole it.

TAke Rose water, Borage water, the water of Melissophylum, in Englishe Baulme, Sozrell water of eche sixe vneces, of Sandall whyte and red, and of the sedge of redde Roses, of eche a Dragme and a halfe, Lignū Aloes, of the fleshe of the heart of a Bucke, and of Hartes hozne burned, of eche a Dragme, of red Corall, of Bent whyte and redde, of eche halfe a Dragme, of the flowers of Buglosse, and of Borage, of eche a handefull. Let that be made into pouder that can be, and let all seeth together vntill the thyrde parte of the water be consumed. Then put to it thre vneces of the best Malmesey, and two vneces
of

of the best white Vineger with a scruple of Saffron: mingle all this together and lay it hote vpon the sicke mans heart, with a linnen cloth cleane dyed in grayne, early in the morning and at night befoze supper. For admit that then he feele his grieke or not: yet neuerthelesse this is a thing experimented and very good.

An oyntment very good for poore folke, that are not able to bye the foresayde medicine or nourishment.

TAke thre vnces of yellow Penuphar, two Dragmes of the powder of the same flowers of Penuphar, of redde Sandall, of redde Corall, and of Sozrell seede, of eche a scruple, of Pearles, of Lignum Aloes, of the fleshy of the heart of a Buck, of eche half a scruple, thre graines of Camphyre, of whyte ware washed in y water of Penuphar, Cytryn or yellowe, as muche, as shall neede. That which must be made in powder, being so made, make therof a soft oyntment, wherewith you shall, anoynthe Patient morning and euening about the heart, befoze his meales, and he shall be well.

Another composition very good in the tyme of a Plague as vvell to preferue as to heale.

TAke an vnce of y best Triacle, half an vnce of y iuyce of Lemons, a scruple of Saffron, of the two sortes of Pearles, of redde Corall, and of Sozrell seede, of eche halfe a Dragme: two Craynes of Camphyre: mingle all together verpe well with two or thre drops of odoriferous whyte wyne, and make thereof an oyntment: a certaine quantitie wherof you shall spread vpon a crymsion silke cloth, laying it hote vpon the Patients heart, renewing it morning and euening.

Another oyntment very good, and principally for children that are troubled vvith vvormes.

TAke halfe an vnce of Aloes Epaticum, a scruple of Saffron, two Dragmes of the iuyce of Cytrons, a
C. i. Dragme

The first Booke

Dracme of pleasaunt whyte wyne : mire all well together, and spread it vpon some linnen cloth, and lay it vpon his heart.

A remedie against the vvormes in yong children.

TAke ʒ floure of bitter Lupines, Aloes Epaticū of each thre Dragmes, of the iuyce of wormewood two Dragmes, al well mixed together, let it be spread vpon some cloth or cleut, and lay it vpon the childes Pauell.

A remedie against the payne of the stomacke.

TAke two vneces of the cromme of ʒ bread of Branne, sprinkle it with the wyne of Pomegranets betwene swete and sowre, and Plantayne water of eche foure vneces : presse that hard, and giue the wine tempered with the sayde water, vnto the Patient : If the paine come of the continuall and great burning of an Ague, take this drinke an houre before it come, and you shall finde it of a maruellous vertue. But if the payne be exceeding, it shall be good to giue vnto the Patient this Bolus following, at what houre so euer it be that the payne taketh him.

Take thre Dragmes of the Electuarie of Succo Rosarum, two scruples of Philonium Romanum : Mire them and make thereof a Bolus, which shall greatly profite him.

Another remedie for the same, vwhen all other vvyll not profite him.

TAke Syrop of Roses, Syrop of wormewood, of eche an vnice and a half, a grayne of Opium, seeth them slightely one warme, and stirring it together with thre vneces of the broth of a Henne, you shall giue the Patient drinke.

A Vomentation or nourishment very singular for the same.

TAke redde Roses, the flowers of Camomille, of Wormewood, of Minte, of eche a handfull : heate the sayde herbes vpon hote burning tyles sprinkled with whyte wyne, and laye them oftentimes vpon his stomacke,

Stomacke.

Another.

It is a thing tryed against the payne of the stomacke so that it come not of colde, and also to be preserued from the same, to take daye by daye besoze meales, two scruples of Pilles of washed Aloes.

Another against the same.

Take halfe an ounce of washed Aloes, and thre ounces of honny violet, seeth this in two pounde of water, vntill there remayne but halfe, then straine it through a strayner, and giue thereof vnto the Patient, cuery daye early in the morning two ounces: this wyll heale and cure his grieffe, or else will preserue him from it if he be not already taken with it.

Another remedy.

It is a thing wel proued, that the sicke man take early in the Morning a Dragme and a halfe of the best Myrrhidate: and straight vpon it drinke a draught of Malmeisey, and by and by he shall be healed or eased.

Another very good.

Take five ounces of Camomille water distilled, and of Nutmegges well beaten into powder halfe an ounce, if you giue it hot vnto the Patient, when the payne hath him, he shall be eased.

Another remedy proued.

Take floures of Camomille, Melilot, Mint, Pulegium, Calamint, Southernewoode, Senegraine, seede of Lyne, of ech a handfull, red Roses, Spica Squinanti, of eche two Dragmes, Danci, Carui, Angse, Dill, fenel, of eche half a handfull, Callingale, Zedoaria, of eche two dragmes, Cloues, Nutmegges, Lignum Aloes, Mace, red Corall of eche a Dragme: let al seeth in a sufficient quantite of water and odoriferous white wine vntill the thirde parte be consumed: then with a sponge steeped in hote licoure, nourishe therewith his stomacke Morning and

E.ij.

euening

The first Booke

euening befoze he eate, and this will bzing his stomacke in good state.

A nourishment very good against the same.

TAke a pound of Dyle of spike made in Balneo Marie, warme it luke warme, and with new shorne and vnwashed Wooll steeped in it, nourish therewith the stomacke, and at the last binde it vpon it.

A little Bagge to cary about one against the same disease.

TAke woymeewood, Mint, Pulegium, Galamint, of eche halfe a handfull, Putmegge, Cloues, Pace, Lignum Aloes, of eche a Dragme: make all in a fine powder, and put it in a little bagge, parfuming it wyth odoriferous whyte wine, and then lay it vpon your stomacke: if you continue to carpe it about you, you shall fele your selfe maruellous well.

A drinke for the same.

I Haue founde my selfe alwayes very well, as well for being preserued from this payne of the stomacke, as depyered of it, being troubled with it. To wit in taking sixe vnces of Honny Rosat strayned, a Dragme and a halfe of Putmegges, and two vnces of the best water of a Vine, and seeth them altogether vntill the water of the Vine be consumed, and in taking fasting euery morning three spones full of that which is strayned.

Another remedy to lay to the stomacke.

TAke Mastick, Cloues, Putmegges, of ech a Dragme, halfe a Dragme of Pace, and as much of Synamon: make hereof a verie fine powder. Then tost the vpper or neather crust of a loafe of Branne, and dippe it in hote Malmeley strowng vpon it of the sayde powder, and so laying it vpon your stomacke hote, the payne will goe away incontinent.

Another

Another remedy vvell tryed and proued, and good chiefly for yong Children vexed vvith the payne of the stomack : vvich is knowvē, if they vomite or belche.

TAke the crommes of Wzanne bzeade foure vnces, roff or tost it, and beate it small into pouder, & after incorporate the pouder vvith the iuyce of woꝛmevvood, & mint, of eche as much as shal suffice, and put to it more a Dragme of Nutmegges. Of all this being mixt together make an oyntment, and laying it vpon your stomacke, it wil ease and ceasse the paine, the belching & the vomiting.

A remedy against an Apostume in the stomacke.

IT is a thing well tryed, that if the Patient take euery morning at the bzeake of the day, sixe vnces of Camomill water distilled, he shal be cured and healed of the impostume already begon in him.

Agaynst the same.

TAke foure vnces of Emula purified, two vnces of woꝛmevvood newly extract, and make it in forme of Loth, vvith as muche Suger as Gallnāde, and giue it to the Patient Morning and Eueing befoze his meales.

A Playster for the same

TAke two pounce of whyte honny, halfe an vnce of greene woꝛmevvood, an vnce and a halfe of the rootes of March Ballowes : seeth al together vntill it be very well sodden, put vnto it some flower of Senegrēne, and of Lyne seede, of eche halfe a handefull. Then put to it some oyle of woꝛmevvood, as much as shal serue to make a playster, the vvich you shal laye vpon your stomacke, renewing it euening and morning.

A nourishment or keeping of the stomacke in his natural heat, by vvashing or bathing it.

C.ii.

Take

The first Booke

TAke two pound of Turpentyne, the sucke or iuyce of wormewood, and of wyld Malloves of eche foure vnces, of fresh Butter an vnce, of Saffrō a Dragma, of Dyle of wormewood two vnces: mire all, and seeth it one waume: and being hote, wette some linnen cloth in it, and there withall washe and bath your stomacke morning and evening. And you shall see that by and by the matter will dissolue.

A remedy agaynst vomiting.

If the vomiting come at a certayne daye or houre, it shal be good that the Patiēt, befoze or at the houre that he must vomite, doe eat some morsell of tosted bread, stieped in foure vnces of the wyne of soloze Pomegranettes, drinking also afterwarde the wyne.

An oyntment very good against cholerick vomiting.

TAke oyle of Quinces, oyle of Koses, of eche an vnce: halfe an vnce of wormewood, of red Corall, and of red Koses of eche halfe a Dragma, of Nutmegges a Dragma: beate to powder that which may be beaten, and with a little ware make thereof a softe oyntment, and anoynt the Patientes stomacke with it morning and evening befoze his meales.

Another remedie against Phlegmatick vomiting.

TAke the yelke of an Egge rosted, a Scruple of frankincense, with as muche Masticke, make into powder that which may be made into powder, and put it toith the Egge. And the Patient shall be well if he take of it euery morning fasting.

A remedy against the Hycket or yexing.

Mingle a pounce of strong & odoriferous whyte wine, with a Dragma of Galingale beaten into powder, and make therof a drinke, whereof the Patient shall take hote, evening and morning two vnces, two houre befoze his meales.

Another.

It is a thing founde very good, to giue the Patient euery
Ire morning thre houres befoze he eate, a racine of
Greene Ginger, and by and by vpon that let him drinke
two Draughtes of Balmeley: and he shall quickly be
healed.

Remedyes against the payne of the Liuer, come
through ventositie.

Take the rootes of Galingale, Zedoaria, of eche two
Dragnies, a Dragne of Spica, with as much Squi-
nantum, Cloues, Putinegges, of eche half a Dragne:
Let all be made into a small pouder: and make thereof
an Electuarpe wpth scommed Honny, as muche as shall
neede: wherof you shall take some euening and mozing
befoze you eate.

Another of a very great effect.

Mire together two vneces of Diarhodon abated, Tri-
um Sandolorum an vnec, of the best Kubarbe made
in fine pouder a Dragne, and with Syzop of Succo-
zoy, make an Electuary, whereof the Patient shall take
euening and mozing befoze all other meate, the quanti-
tie of a Walnut.

A remedy found very good against the Liuer that
is Appostumate or corrupted.

Take foure vneces of Diarhodon abated, of the best Ku-
barbe well made into fine pouder, mingle al with the
Syzop of Succozoy, and make thereof an Electuarpe.
Let the thing that the Patient shall take euery mozing
two houres befoze his meale, be of thre dragnies.

For the same.

It is a thing tryed, that if you doe put newe shorne
and vnwashed woll to steepe in the Oyle of whyte Lis-
lies, & the Oyle Nardus Celcica, lay it right where the
paine is, and it shall keepe that the lyuer cozrupt not.

Remedyes against the Dropsie,

The first Booke

TAke dry wormewood, dry Agrimonia, dry Soldanella, of eche two Dragmes, of Spica two scruples: al this being made into a fine powder, laye to steepe in the water of the rootes of Eldern tree, as much as shal suffice, and giue of it to the Patient euery morning at the bryake of the day two Dragmes.

Against the same.

TAke three vnces of the iuyce or sucke of Iris, Galin- gale, Zedoaria, of eche two Dragmes, of Synamon, of Cloues, of eche halfe a Dragme, of Soldanella, half an vnce. All this being made into a verie fine powder, make therof an Electuary with as much scummed honny as shal suffice, of the which Electuary you shal giue halfe an vnce vnto the Patient euery morning two houres be- fore he eate.

A drinke of great vertue and strength a-
gaynst the vwindy drop sic.

Mingle together two vnces of the water of the rootes of Malwort or Danewort, with foure vnces of the water of Elderne tree, and in drynking this early in the morning thirtie dayes together, you shal be verie well.

Another remedy very good to take after a purgation.

TAke a pounce of Goates dung, with as much of Dre dung, and dry it in an ouen, and so make it into a small powder, incorporating it with iuyce of worme- wood, and oyle of Rue, as much as shal suffice as it were to make therewith an oyntment. And spread some parte of it vpon a linnen cloth, laying it hote vpon the Pati- entes belly when he goeth to bed.

The next morning following, take foure vnces of strong and odoriferous wine, and seeth it with a handfull of sage, and as much Rosemary, vntill the fourth part of the wine be consumed: with the which being hote, you shal wash his belly. All this done, take an vnce of Diagaranga, of
Rosatum

Rosatum Aromaticum, Trium Sandalorum, Diarthodon abated, of eche halfe an vnce : mire all together with Rosat honny, and make therof an Electuary, and giuing him a mouth full of it incontinent after his belly is washed.

Remedies against the Dropie, called Ascites, A drink very good to take once a vveeke.

TAke as much of y sucke or iuyce of Iris or Gladiolus, as halfe an Egge shell wyll holde, mingling it together, with foure vnces of Pelicrate, with halfe a Dragma of the best Rubarbe well beaten in pouder. This drinke being giuen hote and early in the morning vnto the Patient : it is a wonder to see with what vertue and strength it worketh.

A singuler good Electuary for the same, vvhich ought to be declared or disclosed but to your speciall friendes.

TAke Agrimony, Cuscuta, dyed Grapes, Licoras, Marabolans, Cytrons, of eche half an vnce, of the rootes of Parsly, of Fenell, of Capers and Agaricke, of eche an vnce. All this grossly stamped muste be sodden vntill the composition of halfe the water, and strayne it : and in straying it put to it halfe a pounce of Honny, and foure vnces of Sugar, and seeth it agayne vntill it be as thicke as Honny. This done, put to it half a Dragma of the best Rubarbe, two Dragmes of Gommy Turbith, a Dragma and a halfe of the leaues of Chamelœa, which hath leaues lyke to an Olyue, tempered in Vineger, two scruples of Diagridium corrected, of Spica halfe a Dragma, with as much of Ginger : and make of all this an Electuary, of the which you shall giue the Patient twice a weeke. Note yet that the greatest quantitie maye not be aboue halfe an vnce. And as for you remember to giue him rather lesse than more, or as muche, hauing alwayes respect to the strength or weakenesse of the Patient.

An oyntment for the same.

The first Booke

Mixe an vnce of Vnguentum Sandalium, with halfe an vnce of the Oyle of Nardus Celtica, and as much of the Oyle of Camomille, wherewith forget not to comfort euery day his Liuer morning and euening, by annoynting the place right against it.

An other oyntment veyr good.

Take a pound of Turpentine, of Frankencense, Casticke, Myrthe, of eche two Dragmes, Putmegges, Cloues, Calingale, Zedoaria, of eche a Dragme and a halfe: the iuyce of Malwort or Danewort, the iuyce of wylde Cotwumbers of eche an vnce: and let that be made in pouder that can be: and all put in a Limbecke, let it distill for to haue the Oyle of it, wherewith you shal annoynt all his belly. It is a speciall good remedy, not onely to assuage the swelling of the belly in this sickenesse, Ascites or dropsie: but also to take away all watery swelling, in what member of the bodye so euer it be: yea it is good also for the ache or payne of the ioyntes, and of other partes come by colde.

A remedy against the yellovve Iaudise.

A Purgation first taken, take two vnces of grounde wormes dyled in the shadowe, and prepared in wyne, of the best Kubarbe a Dragme, of Dogges dung dyled halfe an vnce. Of all this together make a fine powder, and giue vnto the Patient euery morning an vnce and a halfe fasting, and continuing so fiftene dayes he shall be well.

Remedyes against the Collike.

Take two vnces of strong white wine, of Putmegges, and Cloues, of eche halfe a Dragme, of Calingale a Dragme, stampe these grossely, and laye them one night in the sayde wyne, and in the morning giue it the Patient to drinke with a little whyte Suger. And let him continue thus drinking it twice a weeke fasting. It is a thing that I haue tryed to be very good to preserve a man from
from

from the Collike.

A remedy neuer to haue the Collike more.

TAke two pounde of the rine or pillings of thicke Rape
rootes, and foure pound of whyte Honny, boyle it to-
gether vntill the halfe be consumed. Then mixe
with it some pouder of Synamon, and Cloues, Put-
megge, Pace, blacke Pepper, of eche two Dragmes, and
keepe it in some vessell. Of the which rynes or Pillings
take euerye moorning fasting halfe an vnce.

Another remedy to take in the payne and tor-
ment of the Collike.

Mixe halfe an vnce of the Eiectuary of Dates, wpyth
Ma Dragme and a halfe of Philonij Romani, and
make thereof litle gobbets, the which you shall giue
to the Patient fasting, euer when the payne taketh him.
And you muste note that in case of necessitie a man maye
giue this Medicine, yea befoze the digestion of the sayde
discaies.

A very good pouder that healeth quickly the
sayd sicknesse.

Mixe a Dragme and a halfe of whyte Mulbery leaues
dried in the shadowe, with a Dragme of the rine or
pillings of a Radish rote dried also in the shadowe, &
a Dragme and a halfe of the litle karnelles or stones of
Meddlars. Al being made into pouder, giue vnto the Pa-
tient two Dragmes in good and odoziferous whyte wine.

A remedy vvhich I haue founde to be very good for al
griefe or payne of the guttes or entrayles.

TAke Diagalinga, and Diabulosatum of eche two
Dragmes Philonij Romani, foure Scruples, mixe
altogether, and make therof litle gobbets or lumps:
which you shall giue vnto the Patient at euerye tyme the
payne tormenteth him, and specialllye when he is yet
fasting.

A glister vvherevvith I haue cured many.

Take

The first Booke

TAke thirtene vneces of strong whyte wine, foure vneces of fresh butter, sixe vneces of common oyle, Annice, Dill, Fennell, wylde Carwayes called of the Apotaries Carui Agreste, Daucy, Amcos, Carthami of ech two dragmes : mixe them & seeth them al vntill the halfe of the wine be consumed. Then straine it, adding to that which is strained two vneces of Honny roset, an vnce & a halfe of red Sugar, two Dragmes of common salt, and the yelke of an Egge, mixe al this together and make therof a glister.

Another against the same.

Seech a pounce and a halfe of strong whyte wyne, with two vneces of hote scalding water, vntill the sayde water be consumed, and make onely a glister of the luke warme wine : it is a thing tryed that after the other glisters this will helpe you much, if the Ague be not with it.

Another for the same.

TAke eyght vneces of the oyle of Rue, thre vneces of the oyle of Castoreum, two vneces of Philonium Romanum, an vnce of Benedicta, of other things as before, sauing that you must put as little salte to it as is possible, to the end that the vertue of the Philonium may remaine in his. This glister is proued so good, that where as all other will not helpe, it will deliuer you : yea in a great neede or daunger.

An oyntment against the same.

TAke Oyle of Castoreum, oyle of whyte Lilies, oyle of Rue, oyle of Cheiri, of eche thre vneces : the iuyce of wylde Mallowes, the iuyce of Artemisia, of eche foure vneces, of scalding water sixe vneces, seeth al together, vntill the water be consumed : then put to it Melanthium, Mastick, Granum Paradisi, Galingale, of eche a Dragme and a halfe : of Peper, Cloues, Nutmegge, Lignum Aloes, of eche a Dragme. Make all this into a fine pouder, and seeth it againe with a small fyre, and make therof an oyntment with a little ware, and so annoynt the place where
the

the griefe is laying vpon it cleane washed wooll & warme.
You shall see maruellous operation.

A very good receipt, vvhich Pope Clement the
seauenth tooke in his last sicknesse.

TAke Mastick, Frankencense of the male kinde, Mace,
of eche halfe a pounce, Galingale, Zedoaria, of eche
foure vneces, Cloues, Synamone, Xilobalsami, Car-
pobalsami, of eche two vneces : of Ginger, Cardamony,
long Pepper, blacke Pepper, of eche halfe an vnce, Tur-
bit, Agaricke, Kubarbe, of eche two Dragmes : the rootes
of Endiue, rootes of Buglosse & Borage, of eche two hand-
full : Betony, Rue, the flowers of Sicados, Arabicke,
Matiozam, Sage, Rosemarie, of eche halfe a handfull :
Let all be grossely stamped and beaten together, and put
into a hundred pounce of strong whyte wyne, and let it
rest and remayne there threë dayes together. And at the
threë dayes ende presse it harde, and strayne the wyne out,
and put it incontinent into a Limbecke, for to distill out
of it Aqua vitæ. This done put into the water of the first
distillation a pounce of mans bloude of the body of a very
healthfull and fleshy man, put it agayne to distill. Do so
in distilling it al wayes vntill nyne tymes. That done take
an hundred leaues of Goldfoyle of the best and the finest
that can be had, fiftye leaues of Silverfoyle very fine, Ja-
cynthes, Emeraudes, Rubies, Granades, of the two sortes
of Pearles, red Corall, red Roses, of eche a Dragme and
a half, of very fine Muske, halfe a Dragme : mingle all
this together and make it all into a powder, putting the
sayde powder into the last water distilled, & let it lye in it
xxij houres. That done, put all agayne into the Limbecke
and distill it with a small fyze : The which water being
thus distilled the tenth tyme, you must put into some thicke
biol, and stoppe it well, or else all the water would vanish
away, 't is maruellous good against all colde diseases, ey-
ther within or without the bodye, taking of it onely a
Dragme, or foure droppes with a little whyte wyne. **¶**

The first Booke

if the disease be hote without an Ague, as other some be by reason of some hote matter, give the Patient of the sayde water mixt with water of Endiue, at euery tyme y^e payne taketh him. Neuerthelesse if you will see with your eyes the maruellous Myracle that this water doth, give five or sixe vnces of it vnto anye sicke man which hath lost all his strength and force, wyth a little wyne, sodainly you shall see all his strength come agayne to him. Also assure your selues that there is no reinedye more soueraigne against the plague, and sodayne death, than to drinke of it euery morning befoze you goe out of your house five or sixe drops with strong wine, or with the water of Endiue: or else to washe your nostrils within and without, with the rest of all your face with the same, or with a little wyne mixt with it, putting nothing else to it. I haue found my selfe alwayes very wel at al times of y^e plague, by meanes of the same. Yea, namely it is good also for those that haue the disease called Apoplexia, or falling sickenesse, if they washe their necke with all. This water is called *Elixir vitæ Benedicti*.

A remedy against the Laxe or Flyxe come of choler.

TAke sixe vnces of the sucke or iuyce of Quinces: the iuyce of Endiue, the iuyce of Sorrell, of eche thre vnces, Sorrell seede, Plantayne seede, of eche two Dragmes: red Corall, red Rose seede, of eche a Dragme, Plantaine water soure vnces: seeth al together vntill the third part of the water & iuyce be consumed. Then straine it pressing it hard, making thereof a Sirop with as much fine Sugar as shall suffice, wherof the Patient shall take two vnces morning & euening two houres befoze he eate any thing. This drinke is well tryed, and very good.

An oyntment very good for the same.

TAke oyle Rose made of Olyues not rype, oyle of Quinces, oyle of Myrtell of eche an vnce, redde Roses and redde Corall of eche a Dragme: Masticke, Nutmegge,

Putmegge, of eche halfe a Dragme, make that into powder that may be made, making thereof an oyntment softe with a little ware, wherewith annoynt your stomack and the lower part of your belly.

Remedyes against the Laxe discenterycke.

TAke sixe Dragmes of Myrabolans Citrimis burned, Plantayne seede, Sorrell seede, Endiue seede, and all parched, of eche thre Dragmes: of the foure Cordial floures, beside Clolets, of ech a handful: seeth al in a sufficient quantitie of water, wherin first some steele muste be quenched, vntill the halfe be consumed: Then straine it, mixing with that which is strayned two Dragmes and a halfe of the best Kubarbe parched, and of Pholonij Persici foure Scruples. This drinke is founde verie good by experience.

Another drinke very good.

TAke two Dragmes of Frankencense of the male kynd with as much Pasticke: a Dragme of Woale Armenick, red Corall, Hartes horne burned, of eche halfe a Dragme: of the stone called the bloodstone burned two scruples: Make al into a fine powder and steepe it in redde wyne that bindeth, and so giue the sicke man a Dragme and a halfe of it when he goth to bedde.

Another remedy.

To eate in this bloudye fluxe euery morning fasting halfe a Dragme of Kubarbe parched, is a thing well tryed and very acceptable.

Another drynke very good, in case the Patient haue therewith any great dolour in his belly (as often times it happeneth (by reason of exulceration and knawing of the guttes.

TAke thre unces eyther of Goates mylke or shepes milke, wherein muste first be quenched some redde hote steele, an vnce and a halfe of the iuyce of Plantayne, Aromaticum Kosatum a Dragme, mingle all together,

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gether, and make a drinke for one tyme, whereof giue the Patient threē dayes together, and the fire shall sone after cease.

Another remedy vwhen the payne is great.

Take Myrtell berries two Dragmes: Sorrell seede, Plantayne seede, of eche two Dragmes: of frankensense male threē graynes, of newe yello ware two Dragmes: of Synamone two scruples: put all this into the belly of a Turtle done pluckt, solwing her by agayne: then rost her with a little fyre, and let the Patient cate of her threē or fīue dayes together: or if you wil make a coulys of her: and it is certaine that he shall be healed.

Suffumigations or smokinges for the same.

The first.

Lay an vnce of Turpentine vpon a plate of yron made hote in the fyre, and let the Patient receyue morning and euening the smoke of his foundement thow a close stoule. And continuing so threē or foure dayes, there is no doubt but he shall be cured.

The seconde.

Sampe well two pounce of the dung of a yong Ass, Sand dnye it in an Ouen, and see that it burne not. This done, take a part of it and put it morning and euening vpon hote coales vnder a close stoule: to the ende that the Patient sitting vpon it may haue his foundement smoked therewith. It is a remedy of great vertue against the bloudy fyre of yong children, if first they be purged with a little Kubarbe.

Another remedy for the same.

Setch a pound of Apialtrum, in Englishe Waulme, together with a handfull of Taxus Barbatus in red wine, and strong Vineger of eche sufficiently, until the thirde part be consumed. Then strayne out the wyne, and the Vineger, and binding these herbes fast in a bagge good and long, laye it hote euening and morning vpon his founde

foundement. And continuing so, you shall haue a good ende of it.

An oyntment very good for the bloody fluxe.

TAke Trochyskes oz little Walles of Carabe, little balles of Terra Sigillata, of eche thre Dragmes, Gallia Muscata, Gallia Alefangine, of echa dragme & a halfe, red Corall, red Rose seedes, Masticke, frankensense, of eche a Dragme Let all this be made in powder, and put in very strong red Vineger .xxiij. houres together, and afterwarde dize it by the fyre oz in the Sunne. That done, make it all againe into powder, putting oyle of Quinces, oyle Rose rauen, oz Sharpe, Oyle of Mastick of eche two vnces, with as muche whyte Ware as shall suffice. And with this annoynt the Patients belly.

Remedyes against the swelling and oppilation
or stopping of the Splene

TAke two vnces and a half of the iuyce of wyldc Malloves, oz marthe Malloves purified, two vnces of the iuyce of Calamint, two Dragmes of Sene dzyed, and make thereof an Eleuary, mixing all this with as muche as shall suffice of scommmed Honny, and giue of it vnto y Patient a sponesful, thre houres before his meales, It is a remedy maruellous good.

A vomentation or nourishing by vvashing
for the same.

TAke of the rootes of wyldc oz Barth Malloves, and of Garden Malloves, of eche two vnces, Senegræne seede, Linseed, floures of Camomill, Melilote, of eche a handfull: Calamint, Baulme, Cuscuta, Pulegium, Anyce, Carui, Fennell, of eche a handfull: sath all this in a sufficient quantitie of strong whyte Vineger, and washe the place right against the Splene, euery daye bashing it, and the Patient shall be very well at his ease.

An oyntment against the same.

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Take

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Take Oyle of Rue, Oyle of Capers, Oyle of Camomille, of eche a pound: of the strongest & best white wyne you can get, half a pounce, of rootes of wilde or marthe Malloves, rootes of other Malloves, rootes of Ferne, of eche halfe an ounce: Braye well the rootes, and seeth them with all the rest, untill there remayne no more wyne: after that take it, and presse out the Oyle, putting it to a pounce of the best and strongest whyte Vineger, with an ounce of Panis Porcinus well stamped and purified, seething it well agayne, untill the Vineger be consumed, and then straying it agayne, presse it hard that the Oyle may come out. Unto these oyles thus strayed out, you must put Oppoponacis, Bdellij, Galbani, Armoniaci, of eche two Dragmes: dissolue thy gummes in strong Vineger, mixing them with the other things, and seething it slightly once agayne y^e the vertue of the gummes vanissh not away: make therof a soft oyntment, with very good yellowe ware, wherewith anoynt the place right against the Splene euery day morning and euening.

Another fomentation or bathing for the same.

Pyrites, e-
uery stone
of the
vvhich
there maye
fyre be stro-
ken.

It is a thing experimented that if you wash or bath on- ly the Splene with very strong Vineger wherin there hath bene quenched the stone called Marchasita, which George Agricola calleth Pyrites, laying the cloth dipped in it, right vpon the place of the Splene. Doing thus you shall not seeke any other remedy, for this will abate al the swelling.

Remedyes against the payne, swelling and ventositie of the Matrice.

Seeth together rootes of Matricaria an ounce, Dauci, half an ounce, whyte Honny two ounces, scumming well the Honny untill it be thoroughly sodden: and straying and pressing it harde, mingle this Honny with two ounces of the broth that a Henne hath bene sodden in, and three ounces of the decoction of Anyce, and giue the woman drinke

Drinke of it tenne dayes together : she shall be healed.
Wherefoze keepe it well in minde.

Another tryed of some vvomen.

TAke a Dragme of Nutmegges, a Dragme and a half of the rootes of Matricaria, a Scruple of Spica, seeth al this in sixe vneces of good whyte wyne, vntill the thyrde part be consumed. Then strayne it out, putting into that which shall be strayned two Dragmes of verpe whyte suger, and so giue of it vnto the woman, at the breake of the daye, and at all tymes when the payne shall take hir.

Another remedy very good, and vvell
knovven of vvomen.

TAke a swæte App'e, and make him hollowe within, make a powder of Nutmegges, Pace, Synamon, of eche halfe a Dragme, Cloues halfe a scruple : put all this within the Apple with a little Suger, and rost it vnder hote ashes, and giue of it vnto the woman euer when the payne commeth vnto hir. But if the payne increase so much y hir lyfe is in doubt, put to all this two grames of Opium, and sodainly the payne will depart.

Another.

TAke Calamint, Matricaria, floures of Cammomille, of Sage, of Rosemary, of eche a handefull : Seeth all in Lye, or ahye water of a sufficient quantitie, vntill the thyrde parte be consumed, with the which water washe the legges of the woman, from the knæs to the fæte.

A fomentation or nourishing.

TAke a handefull of Artemisia, with as muche of the floures of Camonille, Pinte, and Calamint, make hote a Lyle, and poure some good and odoriferous wyne vpon it, and after put also the herbes vpon it so: to lay them so hote vpon the Matrice, at euery tyme that the payne commeth. Neuerthelesse, take hærde that you wash or bath hir not, bicause that all moysture is cuill so: hir,

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A very good oyntment.

Mire a pounce of the Oyle of Cheiri with foure unces of the oyle of Surreau, heate it and anoynt the upper part of the Matrice with it, dipping some linnen cloth in the Oyle, and laying it hote vpon the Matrice. This also layed vpon a womans belly after this sort, when she is in labour, will ease and mitigate hir payne.

A Playster or cere cloth to lay vpon the Matrice if the griefe be olde or inueterate.

TAke an unce of dyed Matricaria, with as muche of the floures of Cheiri dyed, halfe an unce of Gallia muscata, or else Alefangine, if the woman be poore, of Galbanum, Bdellium, Serapini, of eche two Dragmes: Olibani, Mastick, of eche a Dragme and a halfe: Dissolve these gummies in Oyle of Cheiri, making into powder the rest that may be made: and make thereof a playster with a little pitch, waxe and oyle of Sefanni, spreading it vpon some leather, and laying it vpon the place of the Matrice, and renew it euery eyght dayes.

Remedyes to make a vvomans tyme to come that is let or hindered by some cause.

TAke two unces of the iuyce of Saupne, and purifie it, mixing with it two Dragmes of Synamone well made into powder: foure graynes of Saffren, two unces of the water Rad: the rootes distilled with a little suger, so: two times: this prouoketh maruellously the floures of a woman. Wherefoze beware ye giue it not vnto a woman great with childe. For al y prouoketh hir floures, maketh hir also to labour befoze hir tyme.

Another remedy very good also to cause a vvoman to bring forth the childe before the tyme, if the vvoman be in daunger of it.

Mire two graynes of Saffron, and two Dragmes of suger in foure unces of Pimpernell water, making thereof a drinke, and giue it to the woman at twice,
at

of Secretes.

at the breake of the day, and when she goeth to bedde.

A vvashing very good for the same.

Take Calamint, Pulegium, Sage, Artemisia, Rose-
marie of eche a handfull, rootes of Iris or Gladiolus,
the rootes of Malwozte or Danewozte, rootes of Su-
reau, of eche a handfull: seeth all in good whyte wyne y^e
nough, vntill threē partes be consumed, wherewith wash
the woman in the morning, and when she goeth to bedde,
from the hanches downewarde. Furthermore, the morn-
ing after she is washed, you shall giue her to drinke a
Dragme of olde Triacle, threē graynes of Saffron, and
two vneces of the water of Artemisia, mixte together. This
is so certayne, that if she vse it fīue times onely, she shall
haue her floures.

Against to much abundaunce of floures.

Make a very fine pouder of halfe an vnce of y^e inwarde
skinne that couereth the kernels of wilde filberds,
giuing a Dragme thereof vnto the woman, incon-
tinent she to muche comming shall cease.

An oyntment against the same

Take the iuyce of Plantayne, the iuyce of Solatrum,
the iuyce of Kubarbe, of eche halfe an vnce, red Coral,
Frankencense of the Pale kynde, Masticke, of eche a
Dragme and a halfe: Coriander prepared, seedes of redde
Koses, of eche two Scruples, seedes of whyte Iusquia-
mum, the rype of the rootes of Pandzagoza, of eche halfe
a Dragme: strong red Wineger halfe an vnce, make in
fine pouder al that may be made, and mingle al together,
with the which being luke warme, annoynt the soules of
the Womans seete euey night when she goeth to bed, and
you shall see a god and fortunat effect.

Against the prefocation or strangling of the Matrice.

Seeh in strong Wyne the Rootes of Gladiolus, the
Rootes of Calamint, the rootes of Ciclamen, in Eng-
lish the Rare Violet, of eche a handfull, vntill halfe the
D.iiij. wyne

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wyne be consumed : then strayne them, and wryth that which is strayned out washe the Womans knees Morning and euening : so: it is very good.

Against the same of vvhac cause soeuer it come.

Mire a Dragmae of Asla Fatida, and halfe a Dragmae of Daucus, with Honny Koset, and make thereof fine Pills, and taking one of them euery morning, they are very good, as well to p̄serue a woman from it as to heale her of it.

Another against the same.

Take two scruples of the best Agaricke, two dragmes of Turpentine, seedes of Daucus, and Asla Fatida, of eche halfe a scruple mingle them and make little Balles, of the which you shall giue the Woman euery daye. For it is a thing verye good to heale her, or else to keepe her from it.

Against the same.

Take water distilled of the rootes of Daucus, of wyld Poppy five vneces, Honny Koset an vnce and a halfe: mire altogether, and giue the woman dr̄ink of it. For whether the payne be already or is lyke to come, she shall be cured or p̄serued from it.

Against the same.

Take two Dragmaes of Castoreum, a Dragmae of the same womans haire, mire with a little wosen of a Wyne tree, and make therof great Pills as bigge as Silberdes, with one of the which Pills perfume her nostrils, at the tyme of the p̄focation or strangling of the Matrice, and incontinent she shall be eased.

Remedyes to be vsed vvhē the Matrice commeth out of her naturall place, or falleth.

You shall mire oyle of Masticke with oyle of Koset, Ygrane or rawe of eche two vneces, then Cupularum gladium, the floure of wyld Pomegranade tree, the r̄p̄ac: Pomegranades, Myrtelberries, of eche a scruple,
of

of frankencense, Masticke, Acatia, Hypocistidos, halfe a Dragme: mixe them and make thereof a fine powder. And then casting it vpon the necke of the Matrice and dip your fingers in the oyle, and so put the Matrice vpwarde with them.

A Playster very good.

TAke Sorrell seede, the seede of Plantayne, and of Coriander prepared, of eche two Dragmes: redde Corall, seedes of redde Roses of eche a Dragme, Hypocistidos, Acacia, Frankencense of eche a Dragme and a halfe: Galles, the Willes of Pomegranades, floures of Pomgranads, of eche two Dragmes: beat all into a fine powder, gathering together the powder, with the oyle of beruypce Rose, and make thereof a Playster with ware and pitche as much as shall suffice, and spreade it vpon a ptece of leather, and parte thereof you shall laye vpon the womans belly, righte against the place of the matryce along vnto both her haunches. And this shall help hir.

Remedyes for the Matryce corrupted or
Apostumated. A Playster for
dissolue it.

TAke the floures of Camomille, Melilot, Matricaria, the Leaues of Malloves, the rootes of Violetes, Bianckbryue, of eche a handfull: the rootes of wyld o: Marthe Malloves cut perpe small thre buces: seth all in a sufficient quantitie of water vntill the halfe be consumed: then put to it a handfull of floure of Lineseede, with as much of floure of Spuegreene, of Butter, Hennes grease, of eche as muche as will grease ouer the playster, the which you shal lay vpon the apostumate o: corrupt place. Forwithstanding remember that to euery grieffe of the Matrice (as we haue our selfe well tryed and proued) all moyst fomentation o: bathing is hurtfull, and therefore beware in any case you doe it not.

Another Playster for the same.

D.iii.

R. Ac

The first Booke

TAke the iuyce of greene Camomille, and the iuyce of Matricaria, of eche two vnces : mixe them together with a pounce of the Playster of Melilot, and lay it vpon the corrupt place : It is certayne that doing so often tymes, it will waxe rype and rotte.

A Playster.

TAke sixe vnces of Dyaquilon, without Gumme : two Dragmes of Saffron, an vnce and a half of the iuyce of Matricaria : make thereof Ceratum or Playster with Ware, and a little Rosen of a Pyne tree, and lay it vpon the place of the corruption : it is a singular thing.

Remedyes against the vlcers or corrupt matter of the Matrice.

TAke two vnces of the oymtment of common Tutita, dissolue it well in eyght vnces of Swes mylke, and squirt into the Matrice, This is very good.

A drinke for the same.

TAke sixe vnces of newe and freshe mylke, mingle it with an vnce of Honny Roset, and giue it to the woman ten dayes together, thre houres before she eate any thing. And this is also very good.

Remedyes against the vwhyte fluxe of vvomen.

TAke Gumme Arabicke, Dragacante, Amylum of eche two Dragmes, of Masticke, a Dragme : make all into a fine powder, and with a little good Sugar dissolue it in the iuyce of Quinces : Make thereof balles of two dragmes a peece : of the which giue one to the woman, cuerye morning thre houres before she breake her fast, wherevpon incontinent let her drinke a draught of red skipticke wyne, doing the lyke at night before supper. And this shall helpe her, so that in thort space she shall be healed.

Another against the same.

TAke the pelke of two egges rawe and newe layed, Frankencense of the male kynde, boale Armenicke
Terra

Terra sigillata of eche halfe a Dragme, make into powder, that which may be made, mingling al together, and giue to the sick woman : a mouthful of it euery moꝛning, fixe houres at the least befoze she eate any thing. This remedy is so excellent that I haue cured many with it.

A drinke.

TAke foure vnces of red Stiptick and binding Wyne, wherein you must often times quench first some hote Steele, gumme Arabick, Dragacant, of eche halfe a Dragme, mingle it together & make a drinke of it. Wherof you shall giue the woman fiftene dayes together, earely in the moꝛning, and there is no doubt but she shall be healed.

A powder against the same.

Mixe halfe an vnce of Date stones well beaten into powder, with a Dragme of Dragons bloud in redde wyne, and giue the woman one Dragme of it at the breake of the day, and another when she goth to bed, and she shall be healed.

Remedies against pissing hote.

A Syrop.

TAke Syrop of Violets, and of Penuphar, of eche an vnce, mingling with it Plantayne water, Purselaine, of common colde seedes, of eche an vnce. This Syrop digesteth the collericke matter, and taketh awaye the biting humoꝛs that cause the heate in pissing.

A drieke against the same, to take three houres before dinner and at noone.

Mixe foure vnces of the water of Pallowes with two vnces of Syrop violet. Drinke this continually seauen dayes : and the eyght daye mixe with it an vnce of Lenytife Diasebesses, with a Dragme and a half of Diaprunis Luratyue, and make thereof a drinke with the water of the decoction pectorall, the which you shall giue to the Patient.

Against

The first Booke

Against Gonorrhæa, vvhich is vvhhen a mans seede
goth from him vvvittingly.

TAke foure vnces of Ewes milk, and mixe it with two
Dracmes of Hares haire burned and wel made into
pouder: giue the Patient drinke of it twice a daye
morning and euening two houres befoze he eate.

An oyntment against the same.

TAke two vnce of Olibani, Acaci, and Hypocistidos, of
eche two Dracmes, of Galles a Dracme, Labdany,
halfe a Dracme: oyle of Mastick, oyle of Spike, oyle
of Myrtle, of eche halfe an vnce: Make that into a fine
pouder that can be made pouder, and make therof a softe
oyntment with a sufficient quantitie of waere, putting to
it at the ende halfe a scruple of Camphyre, with this oynt-
ment annoynt his raynes and the chine of the backe, his
flankes, and the place about the priuate members, eue-
ning and morning.

Another remedy maruelous good.

TAke halfe an vnce of Tutia, prepared, Sarcocolla,
washed Aloes, Hepaticum, Sugar candie, of eche thre
Dracmes: mingle it and make it into a fine pouder,
whercof dissolve one Dracme in womans mylke, and
therewith squirt the mans yarde a good waye in, five or
sixe tymes a day, and he shall incontinent be healed. But
if there be any vlceration he shall also soone be ridde of it.

Remedyes for them that pisse bloude.

TAke water of Plantayne, of Nightshade in Latin
Solanum, Sozrell, Endiue Wormewood, of eche foure
vnces, whyte Sandal and red, Beane whyte and red,
of red Roses, of eche a Dracme and a halfe, Spondium
two Dracmes, of Spica tenne graynes: of the best Wine
get thre vnces: make that into fine pouder which maye
be made, and make therof Epithema for the lyuer.

An oyntment for the same.

Take

Take the iuyce of Plantaine, of Nightshade, of Sorrel, of eche an vnce, oyle Roset, oyle of Myrtel, of ech halfe an vnce, Hypocistidos, red Coral of eche a Dragme: make that into powder that is to be made, and make of it an oymntment very soft with a litle sware and annoynting the raines of the Patient, from the haunch vnto the place about the priuie members, and to the rote of his yarde. And he shall be well eased.

A Playster for the same.

Take Plantayne seede, Sorrell seede, Purcellin seede, of eche two Dragmes, gumme Arabicke, Dragacant, of eche a Dragme and a halfe, Hypocistidos, Acaccia, Wole Armeuicke, silke burned, of eche a dragme, Terra sigillata, Hares haire burned, of eche a Dragme: make al together in a fine small powder, and make thereof a playster with oyle Roset greene or raw, wax & Pitch, as much as shal suffice: the which you shal lay vpon y raignes of the Patient. It is proued and tryed to be verpe good.

Remedies against the Grauell.

It is a thing certayne, y if the Patient swallowe doirne thre dragmes of newe Cassia euery daye before dinner, he shall neuer haue the Grauell.

Another.

Take the stone that is founde in the heads of Crabbes halfe an vnce: burne it, and make it in powder verpe fine, mixing the powder with the water of Sarisfrage, and so giue it to the Patient.

Another remedy vuell tryed, vwhereby I haue oftentimes founde my selfe eased.

Take Oyle of Scorpions made of Oyle of bitter Almondes, Turpentine, fresh Butter, of erhs halfe a pounce, of Saffron a scruple: brate all this in some vessell on the fyre, and with a linnen cloth bath and wash often tymes a day from the hight of the haunches, vnto the rote or beginning of the priuie members.

Against

The first Booke

Against the same.

Dissolue threë Dragmes of he Goates bloud prepared in sufficient quantitie of Bzome floures water distilled, and giue it to the Patient.

Another very good.

Mixe an vnce of the iuyce of greene Lemmons with threë vnces of Palmesey, and giue it the Patient to drinke al at one tyme, when he feeleth his griece.

Receiptes to hasten the chylde byrth, and to mitigate the payne of the trauayle and labour.

Take Gentper Berries, & Bay Berries of eche leaue: great Synamome halfe a Dragme, whole Synamom a Dragme, Put altogether in a turtle Doves belly that is fat and fleshye, and put her on a Spitt and rost her, and baist her with Venues greace, the which you shal giue to the woman euery daye for her supper. It is a thing as notable as any other can be. Yet in the meane tyme you must note, that none of these receipts muste be giuen to a woman great with Childe, vnlesse she haue passed the Stone of the nyntth Moneth that she was with chylde.

Another.

Take fresh butter washed in Violet water threë vnces, Mucilago of Cabbage two vnces, Mucilago of wilde oz Marthe Pallowes, Mucilago of Figges of eche halfe an vnce, and mire it together. And if the Woman be nigh her tyme, let her put euery day into the entry of her Matrice a cloute wete and dipt in this licoure, and she shall bring forth her childe without great trauaille and difficultie.

Another.

Take five pounce of god whyte Wyne, Calaminte, Sage, Rosemary, of eche halfe a handfull: seeth al together until the fourth part of the wine be consumed: with the which the Woman drawing nigh to her tyme shall washe her legges, once a daye eyther morning oz euening.

evening.

Another.

TAKE an vnce of the pilling of Radishe rootes with as muche Mercurie, thre graynes of Saffron, a dragme of grosse Synamone well beaten into powder, two Dragmes of the iuyce of Saunyne. mingle and stampe well altogether, binding it in some fine linnen cloth vpon y necke of the Patrice. If the woman labour in great daunger, she shall sodaynely be deliuered.

Another Remedy very good, but yet such one that may not be giuen but in great necessitie, or vwhen the childe is deade vwith in hir belly.

MIXE together two vneces of the iuyce of Saunyne, a dragme of Rozas Mynerall wel made in powder, & an vnce of odoriferous whyte wyne, and giue it the Woman to drinke, and the effect will soon follow.

Remedyes vwhen a man pisseth against his vwill.

IT is a thing very good and tryed, to giue euerye morning to the Patient a Cytryn Myzabolan well conserved.

Another for the same.

TAKE Plantayne water, Rose water, Sozrell water, Sygthade water, of eche halfe a pounce, Wormewode water foure vneces, kindes of Cerotria Sandalia an vnce, Spondij two Dragmes, red Coral, red Rose seedes, Plantayne seedes, of eche two Dragmes, of Spike tenne graynes, of verye good Vineger thre vneces: mixe altogether, and with a whyte linnen cloth dipped therein and well clenfed, washe and bath the Lyuer with it and the raynes of the backe. That done take oyle Roset, Oyle of Myrtle, Oyle of Quinces, of eche an vnce. Make into powder that may be made, and make therof an oyntment very soft with a litle war, anoynting incōtinent the Patients raynes of the backe and his belly.

Remedies

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Remedies against the stone in the Bladder.

Take Liton Tripou, three dragmes, tenne bitter Almondes with as muche of the kernelles of Peches: braye all this well together, and make thereof little balles with Sugar, the which you shall giue to the Patient eueryc moneth tenne dayes together, at the breake of the day, sleeping a little vpon it, and you shall see a good ende and issue of it.

A remedy and preseruatiue against the same.

Take foure vnces of Turpentine, and burne it vpon some plate of Iron red hote, vntill it maye be made into pouder: of the which pouder, take two dragmes, water of Saxifrage foure vnces, mingling all together, make thereof a drinke, which you shall giue the Patient twice a weeke, at the breake of the day continuing so two monethes together. If he haue not yet the Stone, he shall without doubt be preserued from it: but if he haue it, he shall also be healed of it.

Another for the same.

Take sixe Dragmes of Turpentine, ten tymes washed in water, and make thereof little balles called Bols, with the iuyce of Saxifrage, and a little Sugar, and giue it to the Patient as is aforesayde.

Remedies for to heale the Emerhodes or Pyles.

A very excellent oyntment.

The bodie being purged take Oyle Violet washed in water of Violettes, and frethe butter washed, of eche an vnce: make thereof a soft oyntment with the yelk of an Egge, halfe an vnce of Oyle of Linseed, and as muche ware as shall suffice: annoint the Emorrhodes or Pyles with it twice or thrice a daye. There is no such remedy as this is, when Women lye in childebed because of the retention of their floures they are often tymes, yea almost dayly molested with these Emorrhodes or Pyles very soze.

A Playster against the same.

TAke of the crumme of branne bread a pound, of ewes mylke or Colwe milke, or else Goates milke, two pounds, Seth altogether untill two or thre partes be consumed: then put to it two unces of the greace take of the chyne of a Goat e, an vnce of the powder of grounde wormes mingling al together, and so laye it hote vpon his foundement.

An excellent and very good hote bath or baine for the same.

You shall take the Leaues of Pallowes rootes and all, the rootes of wylde or Marsh Pallowes, of holy Hock, Violets, Cabbage, the floures of Taxus Barbatus, Camomille, Pellot, Synegræne, Lynesæde, of eche a handefull and a halfe: seth all in a sufficient quantitie of water of the Riuer, or some other fresh water, untill halfe be consumed: then poure it hote into some tubbe, causing the Patient to syt in it twice a daye, in the moꝝning and at night, the space of an houre.

Another remedy of very great vertue.

TAke two unces of the iuyce of Lækes, an vnce of the iuyce of Perly, butter made of cow milke, Walnut Oyle, Oyle of the decoction of Cataputia, of eche an vnce and a halfe, oyle of Radish rootes an vnce, of the suet that is about the kydneyes of a Goate an vnce and a halfe; let all be well stirred and brayed in a moꝝter. This being hote, if you lay it with fat wel vpon & about the Emerthods twice a day, being so thirtie dayes long, I haue proued the remedy to be of great efficacie and vertue, that without doubt I dare assure the Patient of health.

Remedyes against the svelling of the coddes.

TAke oyle of whyte Lylies, Oyle of Roses complete, of eche two unces, of the greace that is washed of from newe shorne woll, an vnce and a halfe, wette some fatty Woll in it, and laye it hote vpon his Coddes: and then

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then will the swelling goe away with the payne.

Another against harde swelling.

TAke Resins dried and Carnelles pluckt out thre vnces, Barley floure two vnces, as muche of the floure of whyte Cyche peason, halfe an vnce of the floure of Synegrene, as much of the floure of Lynesæde, an vnce and a halfe of Honny: mingle al wel together, stamping it in a mortar, and lay it hote vpon his Coddes.

A good Playster for the same.

TAke Gumme Arabiche, Dragacante, of eche two Dragmes, Galbanum, Armoniack, of eche a dragme and a halfe, Beane floure & the floure of white Cyche Peason, of eche an vnce: Dissolue the gummes in Oyle of sweete Almondes, and a little Vineger, then mire all well together, and make thereof a Playster with Pitch, and war, as muche as shall suffice.

An oyntment against the same.

TAke Oyle of whyte Lylies, and Oyle of Camomille, of eche an vnce, of Comyn two Dragmes, Labdany, Galban, of eche an vnce: Dissolue the Gummes in strong Vineger, and make in powder that which is to be made: And make of this a softe oyntment, with a little Ware, where in wette some newe shozne and vnwashed Woll and lay it vpon his Coddes.

A Playster.

Set a ponde of whyte Cyche peason in good whyte wyne, vntill they be thoroughly sodden: then stampe them well in a mortar, putting to them two vnces of Camomille floure, a Dragme of Saffron, two vnces of oyle of whyte Lylies: mire altogether, and laye it hote vpon his Coddes, leauing the Playster vpon them night and daye.

Remedyes against the Sciatica.

TAke the Blossoms or floues of Camomille, Belliote, Synegrene, Dill, Lynesæde, of eche two handfuls:
Ozme

Wormewood, Mint, Pennyvall, Calamint, Southerne-
 woode, the floures of Sticados Arabick, Bytony, Maio-
 ram, the herbe Paralyfis, Sage, Rosemarie, Germander,
 of eche a handfull and a halfe, seeth all this in two hun-
 dred pounde of cleare cundyte water, vntill the thirde
 part be consumed: then strayne it, and seeth it agayne
 well, putting to it half a pound of quick Bizmstone, foure
 vnces of Saltpeter prepared, & thre vnces of salt Com-
 ma: seeth them agayne and strayne them: and then kepe
 that which is strayed for your vse. The sicke man shal e-
 uery morning bath him selfe the space of eyght dayes to-
 gether, taryng in it an houre well couered, the head only
 bare. The houre past, comming out of the bath, and al his
 body well dyled and wyped, let him goe into his warme
 bed, and anone after let him take a dragme of great Triac-
 cle, mixte with an vnce and a halfe of Sugar Koset, and
 sleepe thereupon two houres, and in the meane tyme be-
 ing well couered let him sweate, and those that keepe him,
 let them wype him and dyle him well, and by and by after
 they shall annoynt the place where the payne holdeth him,
 that is, all the legge from the haunch or huckle bone, with
 the oyntment Marciaton, Vnguentum Agrippæ, Vngu-
 entum of Aragon, of eche an vnce mixed together. Con-
 tinuing then all in this order, and as I haue sayde eyght
 dayes, I dare assure, the pacient health.

Remedies against inflammations of bloude, vvhich grow-
 eth into an impostume in some part of the body
 or members, called Phelgmone.

A Playster to rype and rotte the impostume.

TAke a pounde of Cowe milke that was neuer skated:
 a pounde and a halfe of Bread well crommed small:
 thre vnces of the iuyce of Cabbages, halfe a Dragme
 of Saffron, thre vnces of the Dyle of whyte Lylies, mixed
 al together, and lay it hote vpon the soze place.

Another for the same,

C. j.

Take

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TAke threé unces of Diaquilum, without gummes, the Iuyce of Cabbage an vnce and a halfe, of Saffron a Dragma: make hereof a good and fat oyntment and thicke with yellow ware as muche as shall néede: y which being spread vpon Leather, the Patient shal weare a day or two continually, and he shall finde himselfe well.

Another to rotte or rype incontinent.

Chaue well fasting halfe a pound of Wheat, and temper it well wyth a great deale of spettell: take also two unces of Oyle Roset complete, and a Dragma of Saffron, mingling all together, and lay it vpon the soze place, renung it often tymes. The signes of the rypenesse of it are these, when it is soft, mouing vp and downe lyke a waue of water, when it grieueth the Patient no moze, when the feuer ceaseth and continueth no moze: the impostume being thus brought to a rypenesse, prepare your selfe to launce or pierce it. But if the Patient be afrayde of the pyn or syze, breake it with this that foloweth: take two unces of Diaquilum simple, an vnce of leauen, halfe an vnce of oyle of swete Almondes: mixe all, and spread it vpon a piece of Leather, or clout, putting in the middes of it a Dragma of Pigeons dung made in powder, and so lay it vpon the place where the breaking of the soze shal be most commodious. You may also take half an vnce of leauen, a Dragma of common salt, two dragmes of the best Vineger, foure scruples of the powder of Cantarides, mixe all together, and bray it well in a mozter, vntill it be turned into a past or doawe as it were: of the whych you shal put to it halfe a Dragma, or according to the quantitie of the matter that must come out, couering y agayne with the Ceratum or playster afoze sayde.

The impostume being broken and well made cleane, if you feare that there will come much bloud agayne, take incontinent the yelkes of two Egges, two Dragmes of Salt, a Dragma of Bole Armenicke, and skæpe or dippe
certaine

of Secretes.

certayne pieces of toale in it, and lay them vpon the place where it is broken, & let them lye. xxiiij. houres together.

Against a Ryngvorme or Tetter, that runneth all ouer a mans face, or against the disease that is called Erysipilas or Lychen, of some Mentagra, the French men call it Feu volage, as it vvere a running fyre.

The remedy is good to mingle at the beginning the iuyce of Plantayne, Marygoldes, Solatrum, Barba Iouis, in English Synegreane, of eche five vnces, with thre vnces of Rose water, and wetting certayne cloutes in it, lay them vpon the soze or Kingwoyme. But you must take heed that ye take away the cloutes, as soone as they beginne to ware hote, to the ende that the heate returning from the linnen cloutes to the soze, doe not increase the payne, or else that the linnen clothes being dzyed with the heate doe not cleaue to the skinne and plucke it with them. For if it shoulde be so, there woulde be daunger in it bicause of the vlcers or scabbes that woulde come of it.

Another remedy very good to heale the same, vwhen it doth but beginne or increase.

Take Lyterge of Siluer, six vnces, the iuyce of Plantayne thre vnces, Oyle of Roset two vnces, of the best Vineger an vnce, mire and braye all this well in a mortar of Lead, vntill it be lyke an oyntment of the colour of Lead, of the which being spread vpon some linnen cloth you shall lay some vpon the soze, renning it euening and morning, and looking to it diligently vntill you be sure of the state of it and of the increase. When it beginneth to declyne (which thing you shall knowe bicause it will chaunge from a whyte coloure vnto a red) take heed you lay no colde thing vnto it: for it maye be that you maye make some dead fleshe red and darke come or growe in it, and so there shoulde be great daunger, that by reason of

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the cold things, the Kingwoyme oz Letter should tourne into an Helliomem. But my counsell is to take y^e floures of Camomille, Melilot, Synegreene, of eche a handfull, and to seeth the same in sufficient water vntill there remaine but the halfe. Then to strayne it, and to washe e^uery day the place with a sponge wette in it: and afterwarde to washe it with some hote whyte wyne. For y^e is it that keepeth the member from mortifying in such a disease. If the thing be growen to an vlc^er, e^yther by the folly of the Phisitian, oz else by the euill gouernment of the Patient, oz by the euill matter which coulde not be amended by medecines, take lytarge of siluer th^{re} vn^{ces}, the oyntment of Populeon, Ceruse washed, Intrigidantis Galeni, of eche halfe a vn^{ce}, oyle of Roset complete an vn^{ce}. Mixe al together and bray it well in a Morter, vntill it be as it were an oyntment, which you shall vse vntill the disease be consolydate and sounde.

Against flegmatick swelling.

If this infirmitie be in the legge, take twenty pounce of water made with Ashes, floures of Camomille, rootes of Malwort oz Daneworte, of eche a handfull, common Salte halfe a pounce, of the best whyte Vineger foure vn^{ces}, mixe and seeth al together vntill the halfe be consumed, then strayne it, and wash the legge with it.

Remedies for the scabbes.

An oyntment very good for to annoynt yong children, vho bicause of their tenderesse, can not endure a purgation.

Take foure vn^{ces} of oyle Roset, a Dragma and a halfe of common Salt, an vn^{ce} of freshe Butter washed, and so bray and stirre all well together, vntill it be come vnto a soft oyntment.

Another oyntment verye good for little children, and olde folke, to vse before and after a purgation

Take

TAke Turpentine washed in Rose water foure vnces, of the iuyce of Lemons an vnce and a halfe, of freshe Butter an vnce, the yelke of one Egge, of common Salt two Dragmes, of Oyle Roset two vnces, mire and sturre together all a great whyle in a mortar, vntill it become an oymntment. Wpth the which by a syze when he goeth to bedde annoynt the scabby parte of the bodye: or else all the body, but as thyn as may be.

Another remedy.

TAke the water of Lapatium Acutum distilled, two pound, the iuyce of Plantayne foure vnces, Rose water thre vnces, the iuyce of Lemmans two vnces, Lytarge sixe vnces, Ceruse halfe an vnce, quicke Wymstone thre Dragmes, make a verve small powder of that which may be made powder, and mingle it with the sayde waters, letting all stande .xxiii. houres long. That done, put all in a Lymbecke, and distill it with a small syze. This water scrueth not onely for to heale the common scabbe: but also to make the crustes of olde vlcers and scabbes and of the Pockes to fall of, and to take cleane away the Cicatrice or scabbe therof.

A Bayne or Bathe for the same.

TAke the Leaues of Lapatium Acutum, the Leaues of Fumitory, the Leaues of Malloves wpth the rootes, Leaues of Borage of eche thre handfull, of Bran bounde in some cloth two handfull, of Rye thre handfull: seeth al this in sufficient water vntill the thirde part be consumed, then straine all, and whyle the Patient is annoynting let him bath all his bodye in the same Bayne in the breake of the day, and without taryng any long tyme, let him goe into his warme bedde, and there let him slepe and sweate.

Against the Scurfe or Leprie, called in Latin Psora.

After a purgation, I commend much the annoynting at night when he goeth to bed, all the partes of the
 C.iiij. body

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bodpe infected with this disease, with Dyle of Tartre or of Lees of wyne, and thre vnces of verpe strong whyte Wyne.

A Remedy against Puffes, Bladders, Blysters, or Wheales, and against the small Pockes.

TAke an vnce of Peche karnels burned and made into a powder, the iuyce of Plantayne and of Synegrane, of eche half a vnce, Ceruse or Lead washed a Dragma and a halfe: make of this a soft oyntment as much as shal serue you.

Another remedy vvell tryed.

TAke two Dragmes of Camphyr, an vnce of Ceruse washed, halfe a pounce of red Ciches, a pound of the inner parte of Melons without the pilles, ten Swallowes Eeges, two Dragmes of Pearles, thre Dragmes of the seedes of Xilon or Gossypium, the tree that beareth Cotton, two Dragmes of Salte, foure vnces of the iuyce of Lemmons, halfe an vnce of whyte wyne Lees: make that into powder that ought to be, and put all together in ten pounce of water of Lapatium Acutum distilled, leauing it so two dayes and two nightes. This done, distill all together in a Limbecke, with the which water so distilled, the Patient shall washe his face thre or foure tymes a day. It hath bene proued very good.

Against the strong cough of yong children.

Seth in wyne some Slope and some Serpelim, or Sauroy, or else keepe some Jentper Berries in wyne, and giue the childe to drinke of which you will.

Against the stinking svveate.

Those that so sweate, make a cloth steeped in wyne wherein Myrtle Leaues or the herbe it selfe, or else his fruit hath bene sodden.

Against the payne of the eyes.

TAke Mallowes, Violets that growe in Lent, topps of blacke Berry trees, dyed Roses, Meruine, Willowe

of Secretes.

oz Olier that groweth on the hills, wash your eyes with these at night, and make a playster of the herbes with the yelke of an Egge, and lay it vpon your eyes.

For a vvhyte spotte in the eyes.

BArne Cockle shels of the sea, and Olibanum, asmuch of the one as of the other: make them into a powder with cuttle bones burned, and laye that vpon your eyes twice oz thrice a wäke.

Against the difficultie of bringing forth childe, and the retention of the skynne that the childe is vvrapped in, called in Latine Secundina or Secundæ.

TAke the rootes of Parslye, and Leaues of Lækes, wzing the iuyce out, and mingle it with a little oyle, and giue it the Woman to drinke, putting a little Vineger into her Matrice, and she shall incontinently be delyuered with Gods helpe.

A remedy vwhen the foundement commeth out.

First washe oz Bathe verpe well the foundement (be se Feyther of a man oz of a woman) with the decoction of Wyne and Wormewood sodden together, and annoynt it rounde about with some restrayntiue oymtment. After this strawe vpon it Ashes made of Willowe and of his rootes, and of the fine bones of some fish salted, and put in the foundement agayne with some linnen cloth: and doing thus twice oz thrice a daye, he shall finde him selfe verpe well.

Against the payne of the Gutttes.

Setch in water some frightshade with ashes, and laye it vpon the place where the payne is. foz this also is god rawe Sisamum, sodden with his seedes, and layed vpon the painefull place.

Against the difficultie in making vvater, sauing for that vvwhich commeth of the stone,

For men:

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Sæth

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Set water Cresses, and make thertof Cataplasma & Playster, and laye it vpon the place about the priuite members, causing the man to sit in the decoction of it.

For Women.

Make them an vnder smoking thoroowe a close skole with wyld Mint, with Peppe or Catte Minte, and with Pulliole or Pulegium. We make sometyme as well for the man as for the woman, an essewe or Bayne wherin hath bene sodden some Zeniper, Peppe Pulicaria, in English sea wort, wilde Mint, Bay leaues, Pulegium, Wormewood and Tansey, giuing to the Patient being in this bayne, Benedictam simplicem. Eu: if the stone be the cause, then seeth in water Sarifrage with the rootes of Sanguinaria, or decoction, vntil halfe of the water be consumed, the which giue vnto the Patient: but if he desire Wyne, giue it him with some of this water in it, continuing so foure or fise dayes, and twice or thrice a daye. If he pisse not for al this it is a signe y the stone is thoroowly growen and hardened. But then if it sticke in the bladder, take Pallowes, Crista Marina, in englishe Sampere, little wyld Cabbages, Sarifrage, Pellitory of the walle, water Cresses, Ameos, and the seedes of Bettles, seeth all this in lycoure, whereof let the thirde part be wyne, the other part Dyle, and the fourth parte salte sea water, bathing and washing well with this decoction the partes about his priuite members, & laying vpon them the herbes.

Against Crabbelyce.

Against the Crabbelyce that bzæde about the priuite members and vnder the arme pittes, annoynt those places with ashes layed in Dyle: but against those that sticke in the eye browes, take an vnce of aloes, Ceruse, Olibanum, of eche fise vnces: make al into powder, and make of it an oymtment with larde cut small as much as shall suffi se.

Against a Cankar.

Note

Benedicta simplex, is an electuarie, verye medicinable for the gout.

Note that the Leaves of wyldc Juice sodden in Wyne, and layed to it are very good so; it.

Against the little vvormes and itching of the hands or body.

Against the itche and worms in what soeuer parte of the body that it be, but chiefly in the face and forehead, you muste steepe wheate in Wine with the powder of Olbanum, and lay it vpon the place as it were a playster.

Against the swelling of the Coddcs.

Take Gallowes, Wormewode, Aetruen, Bismalua, or Marche Gallowes, Tansie, and two Cabbedges, seth all this in olde strong Wyne, and bathing and washing them twice or thyece a daye. As so; the herbes, stampe them and seth them in Honny, laying them vpon the Coddcs with Wyne.

For to make the vvormes come out of the handes and feete.

Take a hote Tyle, and some vessell full of water, then put some seedes of Iusquium vpon the redde hotte Tyle, holding your handes or fete ouer the smoke of it, you shall see the worms fall into the water lyke little haire. Another waye: Burne Dre strawe into ashes, and put into water as hote as you may endure it, holding your handes and fete in it, and enduring the heate vntill it ware colde: then straine and presse it so hard vntill there remayne no more water, seperating it fayre and softly. You shall finde the worms as it were little threades, which the smoke of the Iusquium hath drawen out. If the place doe itche, and is eaten with worms, burne strawe into ashes, and tolle it and mingle it in water as hote as you can endure it: put in your hande or fote that hath the worms, and they will come out. Then afterwarde heale the knawing as you doe some other soze.

A remedy for the deafenelle of the eares.

Take

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TAke the fat or grease of Geles new kylled that swimmeth vpon the decoction of them, the iuyce of Caprifolium, Barba Iouis, and a handfull of Antes or Dismers Egges, bray and strayne all, mixing it and seething it with Oyle. The decoction made, put to it some Vineger or wyne sufficiently, that it may be the more penetratiue and percing: this done, poure some of it into the eare that is not deafe, stopping the other that hath the impediment, and lying vpon the good eare: and beware ye goe not the next day into the winde: but let him keepe his house, lying all the day long sometyme on the good eare and sometyme on the yll.

Remedyes against Fistuleys.

TAke the Leaues of redde Cabbages, and their seedes, the rootes of great Rubra Tinctorum, of eche an equal quantitie, bray all and seeth it well vntill thre partes be consumed: then strayne it, putting to it some Honny. And seething it agayne vntill it be thick. Whereof you shall giue the Patient two spones full, morning and euening.

For the scabbes of the handes.

TAke Lapatium Acutum, and Fumitorpe, making thereof as it were an oymtente with Hogges or Swines grease and Day Butter, wherewith annoynt your handes.

A vvater of a great and maruellous effect, for to keepe mans body from many infirmities and diseases.

TAke foure pounce of stilled Aqua vitæ of berye good wyne, two pounce of salt burned, two pounce of quenched Bizimstone, foure vneces of whyte Tarte, foure vneces of the wode of a Silberd tree. iij. vneces of rock Salte. Let all this be brayed, sifted and mixed together, pouring vpon the foresayde Aqua vitæ, and putting it in a Limbecke to distill.

What

What operation come of such distillations.

The first dillation draweth vnto it the powers of all the spirites of man, that no venimous beast can approche or come nigh him: with it is kepte fleshe and fish as with Baulme, it healeth and cleanseth Lentils and other spottes of the face: it draweth awaye all maner of scabbes from the body, and cleanseth watering eyes.

The seconde draweth awaye impostumes, and other superfluities of the bodye: it pulleth out & healeth lose teeth, and putteth away all swelling of the Luer.

The thirde cleanseth all spottes and scurse, it healeth stinking of breathe, and purgeth al flegme of the stomach, as meate not digested.

The fourth putteth out of the body, all colde and congeled bloude.

The fift delyuereth the bodye from the falling sicknesse.

The sixt draweth awaye all languithe and infirmitie come of the Goute.

The seauenth putteth the Goute from the fete.

The eyght excelleth the Baulme, which you shoulde keepe well,

The nynth, if you mire with it, and dissolve golde in it, is a preseruatue for the Luer,

The tenth, if you put a droppe of it in anye vessell of Golde full of Wyne, a froth and skumme will swimme vpon the wine, which is very Golde in dede, so that what soeuer you touch with it shall be fayre Golde.

Yet you must note that after every distillation you muste stampe and sifte the læse as at the first tyme.

Another vvater or Balsamum almost for the same thinges.

Take a pounce of Turpentine thrice distilled, a pounce of Aloes thrice also distilled, a powder of Amber raw, Mascatum brayed vpon a stone in maner of some li-
guide

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guide oynment, putting to all this a little Oyle, and so incorporating it & distilling it nine times. It is a Baulme that maye well be kepte, for it is so perfect that it abideth fitt all tryall of fyre and water.

Secondely, it will pearce thoroowe the hande.

Thirde, in annoynting youre face it keepeth your youthfull colour.

Fourthly, it fasteneth and consolidateth all incision or cutting.

Fifthly it purgeth maruellously the eyes.

Sixtly, annoynting all the bodye with it, it is sayde that it shall neuer rotte or corrupte, nor euer breede wormes. This hath Hermes the Philosopher written & I confirme it as most true, for as much as I haue proued and tryed it.

A powder very good to conserue the sight.

TAke Betony, Rue, Delandine, Saxifrage, Leuistic, Pulegium, Annice, Synamon, Euphrasia, in English the eyebright, of eche a handefull, Grani Paradisi, Ginger, Fennell, Werily, Clope, Droganny, Olier of the Mountaynes, of eche a Dragme, Calingale an ounce, of Sugar an ounce. Make all this into powder, and cate of it euerye daye with your meate: for the sight is thereby preserved. And if your sight be perished or halfe gone, it will heale it and recouer it perfectly agayne. This powder is founde and thus ordayned by Master Geiarde, which tryed it vpon himselfe: for he hauing vsed spectacles the space of twelue yeares together, and yet scant coulde see with them, nor reade the greattest Letters that were (so muche was his sight perished) after he vsed this powder but a whole Lent together, onely in this sorte as I haue tolde you: he recouered so his sight agayne, that al the rest of his lyfe after, he coulde reade the smallest Letter that was, very perfectly.

Against the payne of the flankes or the pluresie.

Take

TAke a wyldc Hozes toothe of the vpper Jawe, & the greatest, and make therof a powder, wherof you shall giue the Patient to drinke with a little broth, and he shall be cured.

Against quartayne Agues.

TAke the grease oz fatte that is vnder the manes of Hozes, and seeth it in a newe earth pot: and when you see the Ague come, annoynt the chyme of your backe, and you shall be healed in thre tymes so doing.

To heale olde v voundes and cankers of the legges.

TAke cuttings oz shearings of Shomakers Leather, and seeth them, and the grease oz fatte that you shall get of them, set it by it selfe: then take of the herbe that groweth at the fote oz roote of Willowes, the finest that is, and the mosse that loketh lyke Meluet: dry it well and make it into a powder: and lay of it vpon the wound, and with the sayd grease annoynt round about the wound, and he shall shortly be hole.

Against the Scurfe.

TAke Barrowes grease what quantitie you will, and seeth it with a glasse full of wine, and halfe a punde of Beane floure in maner of an oymntment: then take Urine oz pisse, and heate it as hote as you can endure it, wherewith you shall washe your head, and then annoynt it with the sayde grease, and it shall be whole within fifteene dayes.

Against Ventositie, Collike or payne of the Matrice.

TAke a dragme of intrayles made in powder, a dragme of Stecas, gyue it the Patient to drinke in a newe layed Egge, and she shall be healed.

For the hardnesse or brawne of the feete.

Dippe youre fete in hote Pisse, and when the hardnesse oz brawne is molified, take a Launcet oz Cys-sours, and launce it rounde about: and then by and by put some iuyce of Synegrene vpon it, and the nexte morowe

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more it will be well.

To make very perfect Vineger.

Take the crumme of a hote loafe newe drawn out of the Oven, a Glasse of strong Vineger, wherein you shal put some Ginger, Pepper, Pyrethrum of Leuant, Calamus Aromaticus, the which things being brayed and stamped together, you shal put into Vineger: Then take the crumme of a hote loafe, and put it so that it maye receive to it all the foresayde thinges. Then drye the sayde Loafe in an Oven, and make therof a powder, and put the sayde powder in a Hoggeshead of Wyne, and it will become very perfect Vineger.

Against the falling sicknesse.

Take the Matrice of a Sow, the which being made in powder you shal give to eate or to drinke unto the Patient, and as soone as he hath received it, the sicknesse will remove from the brayne, and spread into his fingers endes, tormenting him verie sore: but whereas the sayde matter shall assemble and come together, make a rupture: and the matter will come out as yellowe as Saffron, and he shall be quickly healed.

For children that be broke.

Take whyte Paper, and chawc it wel with your teeth, and make therof a Playster, as great as will cover all the Broke, binde it in a swadle bande with a linnen cloth: Then laye it to his Coddles, and make fast the swathing bande: but you must renew every day the Paper chawed, and he shall be whole.

Against the payne of the Splene.

Take of the Lunges or Lyghtes of a Fore made into powder, and use to give to the Patient to drinke or to eate of in good whyte Wyne, and he shall be cured.

For to stenche bloude.

Take mans bloud dryed in the Sunne, and make it into powder, and if it chaunce that there be anye vayne broken

broken or hurte, whereby there commeth out abundaunce of bloude, laye of the sayde powder vpon it, and it shall be stenchd.

For to heale in foure dayes the scalding vvith vvater, or any other thing, vvithout oyntmentes or Playsters. It hath bene tryed and found true.

TAke an Onion and cut him ouerthwarte, and wyng out the iuyce vpon the scalded place, doing so euerye day twice, and it will heale it.

For to stench bloud.

TAke a solwe Dreng, and make a hole in the Toppe where the floure grewe, keepe that vpper picce that you shall take of, that you may afterward close vp the hole agayne: yet befoze you stoppe it vp, you shall take the suet or grease of a he Goate, the bignesse of a Walnut, and put it into the hole: then set the Dreng vpon the coales or embers, that it maye incorporate, and dissolve: Then annoynt along downe your back bone, and ouerwhart the flankes vvith the same licoure, and it shall heale you vvithin thre or foure times by the grace of God.

Against the vvormes in little Children.

TAke a Lamp full of Dyle Olyue, and laye an yron in the fyre, and when it is redde hote quenche it in the sayde Dyle in the Lamp: then annoynt therof the nostrils, the throte and the Paucell, and straight way you shall see a great Miracle.

To heale the Emerhodes or Pyles.

TAke Dogges dung foure vneces, half a pound of common Dyle, put them together in a newe earthen pot and seeth them a little: then take out some of h dung, and braye it vpon a trenchour: then seeth it agayne in the sayde Dyle, and put to it thre vneces of newe waxe, to the intent that all may come to incorporate together: and befoze you annoynt the Emorrhodes or Pylles vvith the same

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same oyntment, you shall washe them with whyte wyne,
and in foure dayes he shall be whole.

Against all kindes of payne and grieve.

TAke a glasse ful of the iuyce of Leucoron, which is our
Winter Spiofer, or Violets falling, and you shall see
a marueilous effect.

Against styfnesse or shrynking of sinovves, called the
Crampe, or svelling, comming of the vound
taken of some venomous beast, in Latine
Spasmus or Spasma, or Convulsio.

TAke Hogges dung as much as you wil, half a pound
of Dyle Koset : seeth all in a newe earthen potte, and
laye it as hote as you can endure vpon the soze place,
and it will heale it.

For them that can not pisse by reason of certayne
grauell, and viscositie or carnositie, vvhich
is abnndaunce of flesh.

TAke the iuyce of Radish rootes, of little Lækes which
are founde vnder the grounde, and drye them, and
make them into powder : put all together, and giue
euery morning a certayne quantitie of it to the Patient
to drinke, and he shall be healed in short space.

Against deafnesse.

TAke a quicke Cele, and put him on a spitte alyue, and
roast him : take the grease that commeth out of him :
Then take a Carlyke head roasted vpon the coales or
cenders, and take one Codde or huske of the same Carlyke
at a tyme, and put into the sayde grease, and so put it
hote into his eare, holding his eare vpwarde the space of
one Credo, and you shall see the filthy humours come out
of his eare, and he shall be healed.

Against opilation or stopping.

TAke wyldc or Marthe Mallowes, what quantitie you
wyl, and seeth them in running water : then take of
it about a glasse full hote with Sugar Candye, mo:
ning

ning and euening, and you shall be cured.

Against the gyddinesse of the sight

Gue euery morning vnto a childe to eat some sweete Fennell, and let the same childe lick the Patientes eyes, and he shall be cured.

For them that can not brouke their meate, but vomite it agayne.

Take Minte well stamped, and the crommes of bzeade burned in the fyze, and Vineger, and make therof as it were a sause, and spread it vpon some linnen cloth with the pouder of Cloues: heate it vpon a bricke or Tyle and laye it vpon his stomacke, and you shall see a goodly experience.

Against the head ake by to much drinkiug.

Take Rue Leaues, and bray them with Vineger, and put Roses to them and bitter Almondcs, and with this rubbe your head, and you shall be eased.

Against all the payne of the head.

Take halfe a Dragma of Bay Berries, of Scammonia, and of Saffron a Dragma, bray al wel together with Vineger and Roses. And when your heade aketh, annoynt it where it grieneth you with this opntimente, and you shall see the vertue to be maruellous great.

Against the payne of the head that continueth alvways.

Take leaues of blacke Iuyce, and braye them, and put them with Vineger, oyle and Wylne, as much of one as of the other: seeth this together, and annoynt your forehead and your Temples, and it shall ease you verpe much by Gods grace.

Another vvay.

If the Patient thinke that his heade cleaueth in sunder by reason of the great payne: take Iule, and make iuyce of it, the which you shal mingle with oyle Rose: and with a linnen cloute you shall annoynt sayre and softly his nostrcls, his Temples, and his forehead. And if the

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payne be vehement, lay some of it vpon y^e scull of his head.

Another vvay.

TAke the brayne of a Crowe, and seeth it and then eate it : for there is none so great a payne of the heade, or none so olde, but that it wyll heale it with a singuler vertue.

Against the Migraine happening sodaynely.

TAke Bengelwine, and braye it with Vineger, and annoynt your sozehead with it, and your temples, and it will mitigate the payne.

Against itching of the head.

TAke a shêpes Gall, and mire it with whyte Chaulke and therewith rubbe your head, and let it drye vpon it, and it wyll heale you.

Against vlcers or scabbes of the head as vvell of men as of vvomen.

TAke the Gall of a Bull, and mingle it with Vineger, and hauing made it luke warme, rubbe your heade with it, and you shall finde a maruellous remedy by the grace of Almighty God.

Against olde and putrified vvoundes.

Bray Celandine, and then mire it with olde suet, and laye it so vpon the vlcers or scabbes, and you shall be healed incontinent God willing

For to keepe that the flesh grovve not to muche in a vvounde.

TAke the Lyghtes or Lunges of a shêpe hote, and lay it vpon the wounde, and the flesh shall be equall with the skinne.

To heale and take avway the scurfe.

TAke a handefull of Rue, and halfe an vnce of quicke Wymstone, and seeth it with good olde Wyne : and so washe your head with it : but yet your head muste first be washed with luke warme water, as men are wont to do most commonly, and it shall be cured.

For to kyll Lyce.

TAke the whaye that remayneth of Cheesmaking, and put to it a little Vineger, and drinke of it certayne dayes : and all the Lyce wil dye, and there wil bꝛeede no moꝛe aboute you.

Against the distillation of the brayne, and heauinesse of the head.

TAke Beete rotes and braye them well, and then take the iuyce of them, and receiue it by into your nostrils. And that wil draw vnto it all the humour of the head, and cause it to come out.

Against Murre or Catarres that beginne to growe.

You muste abstayne from supper, and from eating of any herbes, and from salt and fat things. For the Catarre cometh of indigestion of the meate, and by the rauenesse of the stomacke. Therfoꝛe aboute all things you ought to abstayne from fat meates. And when you are amended, you maye take your supper as befoꝛe your sicknesse you might haue done.

For to restrayne the murre or catarre.

TAke five partes of Wyne, and the sixte of Honnye, mingle all together, and let it coole, and make of it a Gargarisme.

A remedy for that disease vhen the haire of the bearde or head falleth of, of it selfe.

First you must haue with a Rasour the place, and then rubbe it well with an Onyon : that done, take Barley parched and made into powder, and mixe it with Beare suet, and so laye it vpon the place, and the haire will growe agayne.

To keepe that the haire shall not fall of.

TAke the powder of Walnutttes, of heath Cypres burned, of the ashes of a Mule or Mullettes hose burned, of the oyle of Myrtell, the ashes of Kats burned, and

their

their

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their dung made in powder. Also the ashes of fresh dung of a Hedgehogge, and some Sandaracha, in English yelow Oker: mixe all the sayde things with Vineger and softe Pitche, and laye it vpon your head, and it wil keepe your haire from falling of.

To make the haire of a mans beard or head to growe.

Ye shall take that which groweth sometyne in the hore or passerne of an Asse, which is lyke vnto litle warts, and burne them, and make powder of them, the which you shall put in olde oyle, and then laye it vpon the place. This thing hath suche vertue that if a man annoynt or rubbe the iawes or chinne of a woman, she shall haue the haire growe vpon the same place.

For to make haire growe.

Ye shall take a Hedgehogge, and burne it all to coales, and put the powder or ashes made fine and small, with Beares grease: and laye this oymntment ouer all the head of a balde man, and it will make his haire growe as fayre as euer it was.

For to curle haire a rare secrete.

Take the Ashes of Shēpes horne burned, and mixe it with Oyle, and rubbe your head often tymes with it: but you must be first polde.

For to make haire blacke.

Take Swallowes dung, and put it in good Vineger in a Moll, or some bernished earthen potte, then burye it in a dung hill, or in horse dung, and leaue it so xxxv. dayes ful. And then annoynt your head, being polde, with this Medicine in the shadowe with a Painters penne fill. But befoze you do thus, you must annoynt your face with Deare suet, to the intent that none of the colour of the sayde oymntment doe spotte or blacke your face. And whyle this colour and dying doth dry, holde in your mouth some Oyle, to the ende that your tecth ware not blacke

blacke with it : and the fourth day that you haue thus annoynted your head, you must wash it well, and al is done.

To keepe that the haire vvaie not hoare or vwhyte.

Make the Ashes of grounde woymes burned in Oyle, and rubbe your Combe with it when you kembe your heade, and your haire shall neuer chaunge colour in your olde age. It is a secrete that Women commonly vse.

For to make the haire blacke.

Take Cypze Leaues brayed, and mixte with Vineger: and annoynt your haire with it, and that same wyl dye you: whyte haire into blacke, and in their place shall growe also blacke haire.

Against the payne in the eyes.

Take rawe Cabbages, and braye them, and skéepe in the sayde iuyce of them some whyte breade, and annoynt your sozehead, and it wyl take away the paine of your eyes.

Against the dimnesse and daseling of the sight.

Take Salt Armoniack burned and well brayed : and mixte it with the pisse of a yong childe, and therewith annoynt often tymes your eyes, and laye of it vpon them, and it will take away the daseling.

Another vway.

Take the iuyce of fennell rootes brayed, put to it as much good purified honny, and seeth all with a small fyre vntill it be as thicke as honny. Then put that in a bore of brasse. And when you haue néede mixte it with conserue water or womans Oylke : and certaynely it wil put away the daseling and dimnesse of the sight incontinent, if you lay of it vpon your eyes.

Against a vwebbe or spotte in the eye.

Take the Gall of a whyte Cocke, and braye it wyth water, and laye it to your eyes or put some in your eyes, and it will take awaye the webbe or spotte, and

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will consume the droppes of bloude that are in the eyes,
and strengthen the sight.

For to take avay the hurtfull haire of
the eye brovves.

You muste plucke off the haire of the eyes diligently
which hurte and hinder the eyes: and then annoynt
the place with the Goates bloude hote, or Hares bloude,
or else of the bloude of a Batte or slender Mouse, or rubbe
it with the mylke of a Witche, or with a needle of Copper,
which being ofte heated and quenched in Vineger, with
the which you shall touch the place, and the haire wil ne-
uer grow agayne.

Against all payne of the eares.

Ye shall take a Scruple of the Gall of a Goate, and as
much Honny, bray all together, and heate it in a fyre
Panne, putting it into his eare, and stoppe it with
Wool, and it will heale all the payne, yea though there
were a canker in it.

Against the payne of the eares and deafenesse, and
for to purge the Apostumes or corruption
of the eares.

Mixe Bengetwine and newe Goates mylke together,
and put among them some of an Ore Gall, and oyle
of Cedar, as much of the one as of the other. Put al
this luke warme into the Patients eares and it wil won-
derfully appease the payne of them and comfort the weake
hearing, and also the Apostumes of the eares.

Against the payne of the eares.

Hate wyld Bores pisse vpon the fyre, and put it in-
to the Patients eare, for it is a singular remedy. The
sayde pisse may be kept in a Violl of glasse, or better
in the Bladder it selfe of the Boze.

Against the noyse or ringing of the eares.

Mixe together the grease of a Gose, wpyth the iuyce
of Saffron, and the iuyce of Garlicke, or Garlicke
brayed:

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brayed : Then poure it into his eares , and certaynely it
wvll heale him.

Against all infirmitie of the eares.

Ye sh all take grounde Wormes, and seeth them with
goosegrease: and droppe of the sante decoction into the
Patientes eares , and whatsoeuer payne it be it will
heale it.

Against deafenesse and hardenesse of hearing.

Take an Ore Gall, and the pisse of a he Goate : Mixe
al together , and put of it into the deafe eare and in
continent he shall be healed.

Against the payne of the eares, deafenesse, durt or
filth, vvormes or vvater that is in them.

Take the iuyce of Onyons , and mingle it with Hon-
nye , and then droppe it into the eares , and it will
cleare and heale them.

For to stench bleeding at the nose.

Take verie strong Vineger , and poure of it into the
eare of that side that he bleedeth, and if he blede of both
sides , put Vineger into both his eares , and it shall
stence it.

To heale the sicknesse called Noli me tangere.

Take the iuyce of the herbe called Dracunculus, or Ser-
pentine, & put of the same iuyce into his nostrrels, or
dip in a linnen cloth, & lay vpon the soze, and the nexte
daye take it away, for it will bring with it all the rotes of
the soze.

Against stinking of the mouth.

Take the roote called Acorios, or Calamus Aromaticus,
and chawe of it fasting, as it were Pasticke, holding
it a good space in your mouth , and it will make you
haue a swete bzeath and mouth.

Against the Tooth ache

Take the roote of Iusquiam , and seeth it in Vineger,
and holde of the decoction thereof in youre mouthe,
℞.iij. and

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and it shall heale you.

Another vway.

TAke grounde wormes, and seeth them in Tyle, and then bray them well, and put of the decoction into the eare, on that side that the aking tooth is of, and the payne wyll ccase.

For to make teeth fall out.

TAke grounde wormes, and burne them vpon a redde hote tyle, and then take the ashes of the sayd wormes so burned, and put it into the hollow and aking teeth, and couer them with ware, and they will easely fall out without any payne at all.

For to make teeth vwhyte that be blacke.

TAke whyte bread and of a Rommish Stone, as muche of the one as of the other, burne all together, and make therof a powder, wherwith you shal rubbe your teeth, and they wyll be very whyte.

For them that be hoarce.

You muste swallowe downe, thre moynings together the yelke of a newe layd egge rawe.

To heale the disease called the kings euill.

TAke Barley floure, Liquide Pitch, Ware, and oyle of equall quantitie, mixe all together, and seeth it well, and put into it a little yisse of a yong childe, and stirring it well about, laye it vpon the soze in maner and forme of a playster, and it will heale it.

Hovve to knowve the kings euill.

TAke a grounde worme alyue, and laye him vpon the swelling or soze, and couer him with a leafe: if it be the kings euill, the Worme wyll chaunge and tourne into earth, if it be not, he wyll remayne whole and sounde.

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Against the cough, and distillation of the brest, and lungs, and running of the eyes, payne of the bladder, and vwhen the pype of it is stopped, vvhich causeth that a man can not pisse but vwith great difficultie. Also for those that spitte bloude at the mouth, or pisse bloude: and for the fixe, and collicke, and payne or heauinesse of the belly, and choler, and also against a vomiting vwithout an ague. Also against all payne of the body except of the head, and especially against the vlceration of the lungs, if you giue the Patient an electuary or two of it.

Take five dragmes of Myrre, five dragmes of Frankencense, foure dragmes of the iuyce of Poppy called Opium, five dragmes of Saffron, foure Dragmes of the seede of whyte Iusquiam called Henbane, and foure dragmes of the pill or rync of the roote of black Iusquiam: you shall beate into powder the sayde barke or rync by it selfe, and sift it fine and small throuwe a Sarce or Siue, and then grinde the Saffron: and then the seede of the white Iusquiam or Henbane: & then after the Myrre & the Frankencense. With the which you shall mire the Iuyce of the Poppy, hauing bene layed befoze in water. And this done, you shall put straght waye to it a little water, to the intent you maye make therof Trochiscos or little Balles or Tablettes, of the weyght of half a dragme. You shall take of it at night with thre mouth fuls of water. This prouoketh sleepe, and allwageth all grieffe, as is aforesayde. If you wyll you maye make Pilles of it: for it is all one, as concerning the vertue of it.

Against all vehement Coughes.

Take the iuyce of Leekes brayed, and seeth it with oyle, and giue it to the Patient to drinke, and it shall profite him greatly.

Against the cough be it neuer so great.

Take

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TAke Wrimstone made in powder, as muche as you can take by betwene your thre fingers: Giue þ same vnto the Patient with an Egge halfe rosted, before breakfast, five dayes together, if it be a man, but if it be a chylde thre mornings. And there is no cough so vehemente, but it wylle heale it within the sayde tyme God willing.

For one that hath swallowed downe a bloud Sucker.

TAke Vineger wherein there hath bene first quenched some redde hotte yron: and into the same put some Butter, and heate it by little and little, and giue it him to drinke, and it will make the bloude Sucker come out. It hath bene proued.

Against an olde an inueterate cough.

TAke quicke Wrimstone, and beate it into powder, and wrap it in olde Dogges or Barrowes grease: And then the first daye giue thre Pilles thereof vnto the Patient, the seconde day two, and the thirde day one. And the sayde Pilles muste be made so that he may swallowe them downe.

Against the bloody fluxe comming of the artere or sinevve of the lungs, or of the Lyuer.

TAke the roote of Consire called Marquerites, and wash it in colde water and scrape it with a knyfe of Iuery or bone. Giue vnto the Patient to drinke two vnces or more of it, and as muche as he can eat. But note that he must not touche any Vineger that day, though it haue great vertue to stay the bloude, for truely it taketh awaye the effect and vertue of this roote, if you giue him anye with it.

For to restraine a great and vehement vomiting.

TAke a little quicke Wrimstone, and as muche of the scraping of a Hartes horne: all being brayed & made in powder, mingle and temper it in a soft Egge, and drinke it, and it will stoppe the vomiting.

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For them that can not keepe their meate in their
stomack but vomite it vp agayne.

Ye shall take a little Aloes and giue it them to drinke
with colde water, and it wyll make them kepe their
meate in their stomack.

To quench and assvvage thirst.

Ye shall take water and Oyle mixed together, and heat
it a little, and drinke, and vomite it by agayne by and
by. And if neede be, doe so agayne, and it will quench
your behement thirst.

Another vway.

Ye shall take the pelke of a Henne Egge halfe rost, and
mixed with Oyle, and swallowe it downe, and it will
take away your thirst.

Another.

Ye shall take a stone in a fountayne, and laye it quicke
ly upon your tongue, and holde it so a whyle and it will
quench your thirst.

To stoppe the Hicket

Take a sponne full of Vineger made of the herbe Scilla
Squilla, and drinke it, and by and by the hicket will
ceasse, by the grace of almighty God.

For to stoppe the Hicket that commeth often.

Take hote water, and put your handes into it, and hold
them there a good whyle, and the hicket will ceasse, it
hath bene proued and found true.

A soueraigne remedy for them that haue vvry necks
by reason of shronken sinovves, also for them
that haue the goute.

Take the stones of a Weener, called Castoreum, whyte
Pepper and Perseley of eche equall quantities: bray
all together and sift them. This done, take a sponne
full of it, and put in so much honny, and two mouth fuls of
hote water, and giue it the Patient to drinke befoze break-
fast, and he shall be healed.

To take avay the smelling vnder the arme holes.

Take

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TAke verve olde Bengewine, and make it into powder, and sift it : and then rubbe your arme holes with it, and they shall smell well.

Against Apostumes and swelling at the
roote of the nayles.

TAke an Akhorne brayed with sope, and lay that upon it, and they shall be well.

To make a mans nayles growe incontinent
vvhich be fallen of.

TAke the herbe that is called Pentaphillon or Quinquifolium, in Englishe Cinkfoyle, and bray it with any grease : and laye it upon the place and the nayle will come agayne incontinent.

Against the disease called Mentagra or Lichen, vvhich is a foule breaking out or couering al the face vwith a scabbe and beginneth at the chynne.

TAke the fresh branches of a figge tree, and seeth them in Vineger, and then braye them well, and with this annoynt the soze, and vndoubtedly he shall be cured and healed immediatly.

To take avway the scabbe of a running tetter,
or Ryngvorme of the face.

TAke the rootes of wylde Cowcumbers, and seeth them vnto the thirde parte, then braye them well, and put to them some Lytarge of Siluer, & some Wymstone in powder, as much of the one as of the other, and put to it also a little Ware : and then rubbe and annoynt the soze place with it, and it will heale it.

Against Burgeons and pushes in the face, asvwell
by the heate of the Sunne, as otherwise.

TAke the yelke of an Egge and braye it with Honnye and Ceruse, and so annoynt your face with it, and it wpll cure them very well and perfectly.

Against all spottes, pimples, pushes, or
vicers in the face.

of Secretes.

Take Safficke, and the herbe called Lappa maior, in English clotte or great Burre, Sope, Ware, olde Dyle, Lytarge of Siluer, as muche of the one as of the other: mingle all together, and seeth it like an oymment, and annoynt the place with it, and it wil heale it.

To take away the blacknesse of the necke,
and spottes of the face.

Take Beate flour and temper it wyth the Iuyce of the inner parte of Pompons, and make thereof eyght Trochisci or little Balles, which you shall dye in the shadowe. And when you wyll goe to your bayne or bath, you shall take as muche as you shall thinke good of the sayde Balles, which you shall breake and mixe wyth Water, and annoynt the blacknesse or spottes with it before you enter into your bathe. And when you beginne to sweate, then rubbe the places wyth it, and washe them, and the spottes will goe oute. It is proued and founde true.

Against the brusing of the face by
a fall or fflyp.

Take the Rync or bark of a Kadische roote, and bray it well, and mixe it with Honny, and annoynt the place and it will heale you.

Another vway very good

Ye shall take newe softe Cheese made of Goates mylke, bray it with Honny, and lay it vpon the place, and couer it with a clothe, and it wyll take away the brusing immediately by the helpe of God.

Against vvartes and malanders.

Ye shall take the Herbe called in Latine Scorpius, because it hath seedes lyke vnto a Scorpions tayle: bray it well, and put to it a graine of salt, and laye it vpon the wartes, and they will fall of.

Against

The first Booke

Against swelling of the stomack, payne of the raynes, grauell, flegme, collicke, the Emorrhodes or Pyles: also to stay the floures of a vvoman, and for those that haue an infected lyuer and splene: also for those that cough ordinarily, and for them that haue the falling sicknesse.

TAke an vnce of the roote of Enula campana, threé vnces of fennell seede, two vnces of black Pepper. Stamp eche of these things by them selfe, and sift them verye fine. Then put all into Honny halfe sodden, and giue the Patient of it the quantitie of a Hasell Put with hote water. Some take it with Oximell, other some with Wyne, and other take it alone in a sponne, to make them pisse the stone and grauell.

Against the payne of the Splene.

TAke a Dragma of the roote of Enula campana, dyed and made in powder, and then sift it fine, and giue it the Patient fasting with olde Wyne, and this will cure the Splene.

Another.

TAke Cucumis auquimis made in powder, as muche as you can take by with your threé fingers, and braye it with Wyne, and giue it the Patient to drinke befoze breakefast, and it will take away the payne.

For the payne of the loynes or haunches.

TAke the roote of Iris or Gladiolus, and braye it with quick Wismstone and Beares grease, and laye it vpon your Loynes lyke a Playster, and you shall finde a soueraigne remedy.

Against the swelling or vlcers of the raynes of the back, and kydneyes.

TAke the leaues of dry Roses, the seedes of blacke Poppe, and the kernelles or Berries of Pyncaple, of equal quantitie. Stampe eche of these things by it selfe,

of Secretes.

selfe, and mingle all together, and take of it the bignesse of a Walnut, and put it in two mouthfulles of Wyne sodden, and thre of Water, and giue it the Patient to drinke, and it will heale him although he pissed bloud.

Against the payne of the grauell, and for to make a man pisse.

YDu shall take a little Amber stone, of the roote of Cyperus, and of blacke Pepper, stampe it, and then seeth it, and giue it to the Patient to drinke a spon full fasting, and it will make him pisse, and alswage the payne of the grauell.

Against the payne of the raynes.

TAke a pounce of wylde or Parshe Ballowes, freshe shæpes dung, and the old lease of a Hogge, which is the fatte that lyeth by the back, and the ribbes, which husbandes vse to rolle vp and keepe to make salues, of eche two pounce: Stamp these things and mingle them together. That done, laye it vpon Woll new shorne and vnwashed, and so laye it vpon the raynes of youre backe in maner of a Playster, and it will shortly take away the payne.

Against the grauell.

TAke the rootes of Asparagus, in Englische Sperage, of Saxifrage, the roote of clotte or great Burres, the roote of Smallage or Alexanders, the roote of Ebulus, in Englische Malwozte or Danelwozte, thre garlyke heades, the Leaues of Willowes, and a little Parsley. Stamp al these thinges and mingle them together, and giue the Patient to drinke of it thre mornings with sodden Wyne, or with some swete Wyne, or Wyne made swete wyth Honnye, and it will make him pisse the grauell.

Against the payne of the Bladder and grauell.

TAke the skinne of a Hare newe slayne, and put it haire and all in an earthen pottle, or laye it vpon a cleane tyle,

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yle, and that done put it to the fyre, so that you maye make a powder of the same skynne, the which powder being sifted, you shal keepe in some cleane vessel. And when you shall neede it, take thereof thre sponesfull in youre drinke : which thing some appeaseth the griefe of the Bladder, and the grauell. Neuerthelesse the remedy woulde haue greater vertue, if you take the whole Hare alyue, and put him in a newe earthen pottle, and stoppe all the holes wpyth Playster oz with clay, so that there come no ayre out. The if you put the sayde Pottle into an Oven, and let it burne with a small fyre, and when it is thozowly burned, make it into a berye fine powder, and sift it finely, and then vse it for your purpose.

This is very good for them that haue the grauell, and that pisse bloude, if it be taken with a little Wine.

Against the bloody fluxe, or fretting torment in the belly.

TAke Mylke, and quench hote flint stoncs in it, oz else some hote yron, and that done dyuers tymes, giue it to drinke vnto the Patient (prouided that he haue not the Ague) and he shal all be healed.

Against the straying, fretting, and gryping of the belly.

TAke seauen oz nyne of the long and redde Werryes of a wylde Rose tree, and let them be rype. Bray them well, and giue to the Patient with olde wyne, if he haue not the Ague : but if he haue the Ague, giue them him with water. And if neede be, you shall giue them him so thre dayes together, and he shall finde it a soueraigne remedy.

For those that haue fretting and gryping in the belly, and the Laxe.

TAke the pelke of Egges rawe oz roff, wylde greene Keasings, Galles, as muche of the one as of the other in waight : Drye all together in braying it, and giue

gūe it to the Patient hote, & he ſhal be cured by the grace of God.

Against the Collycke.

TAke a Henne a lyue, and ſee that ſhe eate not in two dayes: then kyl hir and take the lytle ſkinne that is in hir breaſt, or throte bole, and drye it and make it in powder, the which you ſhall geue the Patient, with ſome harſh or groſſe wine ſome what ſharpe. And the Patient muſt be faſting, and not hauing ſupped the night befoze, but kepte in a good diet.

Against the paine of the Collycke comming ſodainly.

TAke the hāle of a Hare, and carry it about you, & the ſodaine collicke ſhall neuer take you.

Againe of the paine of the Guttes or Bowels.

YDu ſhall take Baye leaues, and ſath them in water, & giue the Patient drynke of thys decoction and he ſhal be healed.

For to ſtoppe the Laxe.

TAke the rotes of Hartes hōrne next to the heade, and make a fyne powder of it with a ſyle: and of this powder giue a dragme vnto the Patient with redde wine a Goblett full: and it will ſtoppe the laxe if he uſe it thre moynings.

Against the fretting of the belly or laxe.

YDu ſhall take one Pomegranade or manye, and put them in an earthen potte, the which you ſhall ſtop wel, and lute about with Potters claye, to the ende there come no aire oute. This done, ſet it in an Oven to be burned: then the Pomegranade being well made into powder keepe it. And when you haue any fretting or grippig in your belly, comming ſodainly, drynke a lytle of the ſame powder with wyne, and you ſhall be ſone cured.

For to knowe a ſecret or hydden deſeaſe of any man and to heale the ſame.

G.

Take

The first Booke

TAke a yong Whelp that yet sucketh, and let him lye nyght and day with the man the space of thre dayes, during the which tyme the patient shall take milke in his mouth, and spitte into the Whelps mouth. Then take the sayde Whelp and cleave him in peeces, & you shall know the sicke part of the man by that of the Dogge, which you shall see either infected or whole and sounde. For certainly the Whelp draweth to himselfe the secreete and hidden disease whereof he dieth, and the man shall be healed, & you may burie the Dogge.

For them that voyde bloude at their foundement,
and for those that haue theyr bloude
broken.

You shall take the yong springes of Nettels very tender, wash them well in a moztar, and take the iuyce of them, and giue it the Patient to drinke alone in the morning, or with some strong Vinegre and colde water, thre dayes together, & there is none so corrupt bloude but it will purifie, nor no Laxe so great but it wil stoppe it.

Agaynst the Wormes that ingendre in
mens bodyes.

You shall take the galle of a Bulle, and dippe some Wool in it, and lay it vpon the Pauell, and it will make the wormes come out of the lodye.

Against the gryping of the Belly, and desire
to go to the stoole and yet do
nothing.

TAke cowe milke sodden, & geue the Patient oftentimes drinke of it, and he shall be whole.

Against the payne of the Collycke.

TAke the lytle byrde called in Latyne Vpupa, in Englishe a Lapwing, and burne her whole with her feathers, and take of the Ashes, and giue it the Patient to drinke in wyne.

Against the Vlcers or fyssules in the foundement of a mā.
Take

Take Date stones and burne them and then make the
into a fine powder, and laye oftentimes of the same
upon the fistules or blcers, or upon the hole of the
foundement, & he shall be whole.

For to heale the Emorrhodes, or those that lose
their bloude.

Take Likes and braye them well, and take the iuyce
of the, the which you shall giue the Patient to drinke
befoze breakfast, and the Emorrhodes wil sone cease
by the grace of God.

Agaynst the Vices of the Foundement,
and agaynst the disease called
commonly sainte Fiacres
syckenes.

Take the pyllle or rync of a Pomegranade, breake it &
sethit in good wyne, and bray it wel and lay it upon
the soze place lyke a plaister, and it wil without fayle
heale the disease.

For to rype or breake an Apostume or swellyng
in the gryne.

Take Nasturtium, and bray it with pitche, & lay it upon
the swelling or Apostume, and he shall be whole.

An other.

Take vnsteekt lyme, two Garlicke heades, the pelkes of
thre egges, mingle all together, and lay it upon the
soze place lyke a plaister: this will put awaye all the
payne and swelling of the Apostume.

Agaynst hurt or flauing of the skyn by cha-
sing and goyng either of the feete
or betuvene the thighes.

Take a Morter of Leade, and a Pestle of the same, and
put in the sayde Morter some Oyle Roset, and the
pelke of an Egge: the whiche thynges you shall
grynde vntyll they become thicke: and tyll some of the

C.g. leade

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leade be mingled with the saide oyntment. And when it is thick like a plaister, spread it vpon a fine & soft linnen cloth and lay it vpon the payne, and continue thus threé dayes vntill the payne be whole.

Against the svelling and paine of the soles
of the feete.

Take the Moss that groweth in the water, but let it be gréene, braye it well with oyle & lyue, and laye it vpon the place with a linnen cloth, and it wil cease the payne, and take away the swelling.

To make vvarres fall of.

When you kyl a Hogge, let hym that hath the wartes receyue the bloude euen hote vpon the place where the wartes be, and as sone as it is drye let hym washe it of. And if it be a woman that hath these wartes, shee muste take the bloude of a Sow, and shee shalbe healed of them.

For to take avway the felons and Cats haire,
vvhich breake out vwith vvhales in
the fyngers, and also knoppes
growng in the feete

Take grounde wormes, stampe them, and wyth a little oyle laye them vpon the sores, and they wyll bring the away, and heale them.

For to assuage the payne of the goutte quickly,
and for all griefe of the feete

Y Du shall take grounde Wormes, and put the in Winegre, that they may purge them selues of all the ordure and fylthe. The next morning wype them drye, & put nyne vneces of them in a pounde of grease, braying them a good while, to the intent you may incorporate the, and therewith annoynte your fete, and the payne shall ease.

An other vway.

Take

of Secretes.

TAke a fore and seeth him wel, then straine the decoction of him thoroowe a linnen clothe, wherewith you shall bathe and washe oftentimes your fete, & it wyl take away the payne.

For to get out any thing that sticketh in
a mans body, as thornes and
suche other.

TAke a peece of a Sponge or Wolle dypped in pisse, & lay it vpon the thyng that sticketh in the fleshe, and it wil come out without paine. Or els take some larde and seeth it in it owne grease, & then laye it vpon the soze place and bynde it, and it wyl drawe out all thyng that sticketh in the fleshe.

Here foloweth certaine receiptes against the Plague.

A composition preseruatue against the
Pestilence, excellent as it vvere
Tryacle or Mythridatum.

TAke Pimpernell dried, an vnce and a half, Sordij veti, rootes of Gentian, Imperatorie, Zedoaria, of eche five dragmes, Calamint, Apiastrum or Citraginis, E-nula campana rootes, Tormentilla, whiche is a kynde of Cinkefoyle, Bay berries, the seede of Carduus benedictus, which is one of the kyndes of the herbe called Atractilis, an Drengel or Citron, Oxalidis, which is a kinde of Sorrell, Bole armenicke prepared, of eche thre dragmes. Lycoras scraped Glycanisi seminis, the seedes of Scatiola, which is Intibus fatiua, of the kyndes of Endiue and Succorpe, Cynamomi exquisiti, of eche two dragmes, Cyllo flowers, redde Roses, Coriander prepared, the seede of Basil, Corticis citrij fixi, Santali lutei vel rubri, Agolochi, that is Xilaloe, vel ligni aloes, the scraping of Iuoze, red Corall, Prarles, of eche a dragme and a halfe: Saffro two scruples. All these being beaten very small, mingle them
C.ij. with

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with Sugre of equall quantitie, or else with Oxymelite or Syrupo acetato, or Oxyfaechata, or rather the Syrope of Lemmons: But vnto weake stomacks contrary let it be made lyke to a liquide confection, either Opiata vel Massa, or else let there be an electuarie per tabellas, of a Dragme weyght, or foure scruples, yf you adde vnto euery vnce of Sugre a Dragme of the saide powder. You shall take of it two or thre houres befoze your meales. If it be powder, the quantitie shall be a Dragme or halfe a dragme at the least, with some convenient lycour of those which are now named. If it be Opiata, the quantitie of a Chestnut or Walnut. If it be in forme of a Masse and thicke, you shall make two or thre pylls or moe very soft for to take at one tyme, drinke after it some such lycour as I haue already spoken of. When it is in lytle tablettes, you may take one or two.

An other composition in powder or in another maner for the same.

TAke the rootes of Angelica, Gentian, Zedoaria, of the rootes of Tormentilla, the seedes of Oxalidis citrij mali, Cynamome elect, with a kinde of Cassia, of yellowe or red Sandale or Sanders, Carduus benedictus, of eche two Dragmes, the pyll of an Orenge, a dragme & a halfe: the scraping of Iuozepe a Dragme, redde Corall halfe a Dragme, of the best Sugar lyke weyghte, put to all these things as the powder shall seme pleasaunt and good. If if you wyl seek another way as is spoken of the first preseruatue. As concerning the quantitie of this composition at euery tyme, and the tyme of vsyng it, let it be as the other befoze. But if you will haue them bothe, let them not be of lyke sorte, but in the one in powder or in tablettes, the other in Opiate or Masse with pylls.

Common pylls verye good for the same.

TAke Aloes probata & lota, two vncces, of Sastron an vncc, of good Myrthe as much, or els Myrthe and Ammoniacum

of Secretes.

moniacum dissolved in white wine, of eche halfe an ounce, mixe them together with honny roset. And in winter you may put to it Zedoaria, Agalocchi or red Sanders of eche a Dragma. But in sommer take away the Pyrthe & Ammoniacum, and put to it Wole armenicke prepared three dragmes, redde Corall halfe a Dragma, Camphyr halfe a scruple. You shall commonly take a pille or twaine before your meales. Sometime you shall procede vnto a Dragma after your first slepe.

Antidotes or medecines preseruatiues and
comfutable, of small cost, easye to
fynde and prepare for
poore folke.

- 1 Take Carlyke, & drinke a litle wine after it: or a figge with a Walnutte and Rue and a lytle salte specially in Winter.
- 2 Take twentie leaues of Rue with two Walnuts and as many fygges, and a grayne of salte, al being mixt together receyue it in the morning.
- 3 Take sire leaues with Rue and Winegre.
- 4 Take the roote of the herbe called in Latyne Imperatoria, of some Laserpitium gallicum, in Englishe Pellitorie of Spaine.
- 5 Take the roote of Angelica.
- 6 The roote of Gentian.
- 7 The roote of Zedoaria.
- 8 Of Carduus benedictus.
- 9 Of Carlina.
- 10 Take the herbe called Scordium, of the one, of the two or of moe, in small poudre the quantitie of a Dragma, eyther in a softe masse made with sorden Honny and Wineger, or with some handsome Syrope, as of Lemons, or in Opiate, the bygnesse of a Chestnutte or of a Cyche pease with Wyne in Winter, in Sommer with Rose water, or with the Iuyce of Sorrell.

G. iij.

11 Take

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12 Take Sorrell alone, or with Pimpernell tempered in Vinegre, and drinke of it in the morning.

13 Or the Iuyce of them, wherewith you may make a cosse in Sommer.

14 Or Jencyper berries, græne Pimpernell leaues, of Betonpe, of Pulegion, of Sorrell, as muche of the one as of the other, brayed together, sodden with sodden Honnye, and a litle Vinegre lyke a conserue.

An other medicine.

15 Take Jencyper berries, Bole armenicke, of eche two Dragmes, or of equall weyghte. Being stamped let it be layed in swæte oyle and Vinegre, or in Drimilite, in a meane forme, either Opiate or Masse.

If it be Opiate, take asmuch of it as a Chessnutte. If it be Masse take one great pille & drinke after it a litle Hydromel or Drymel, or wyne.

The things of saour or svæete smell,
as powder, balles, vvaters, parfumes,
and fyrst a powder for many
purposes.

TAke Iris florentiana, soure vneces, of Matozam in Latine Semfuchum, redde Roses, Cloues, of eche an vnce, Milistopholt, Nucis odorate or Muscate, Zedoaria, Cynamome, Agallochi, yellow Sanders, Mastycke Storax calamita, Bengewine, of eche half an vnce, calami odorati, spici nardi radice, of eche a Dragme: luncus odoratus two scruples.

Make of these a powder to smell, to be beaten and broken in some peece of sylke or fyne linnen clothe. Beate also these thynges grossel, for to perfume and to washe your head and beard: or elles let them lye a certayne tyme in whyte Wyne and Rose water, and afterwarde strayne them. And kepe that whiche shall be strayned for to vse when you wyll, or lette them be stilled in some double vessell, that there may be Aqua aromatica. As I saide it is to perfume your chamber morning and euening, beyng layed

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laved vpon coales, or this powder to gyue a good odour keeping it about you, or in ſæ place betwæene your garments and linnen, or to make a lytle bagge of it, and to mixe it with ſome lycour mête for to walſhe your heade & bearde, or otherwiſe to wet your hãdkercher in it, or ſome pæce of ſpõge to ſwel, or to make diſtilled water of it, for to ſmel to

A Parfume.

TAke coales of Willowes eyght vneces, Ladani puri, two vneces, Frankencenſe of the male kinde of the Wode, & berries of Jeniper of eche an vnce, Agallochi, or Xilaloes, Bengewine, Storax calamita, of eche half an vnce, Nutmegges, yelowwe Sanders, of eche threë dragmes, Cloues, Storax liquida, of eche two dragmes, Zedoaria, Calamus aromaticus, of ech a Dragme, Gumme tracaganthæ diſſolued in Roſe water ſufficiently. And make lytle parfumes of what faſhion it pleaſeth you.

A ſmellyng ball.

TAke pure Labdanū two vneces, Bengewine an vnce and an half, the coales of Willowes an vnce, Storax calamita, ſixe Dragmes: Iris florentiana halſe an vnce, Cloues threë dragmes: Matoram, yelow or redde Sanders of eche two dragmes: redde roſes, Calamus aromaticus, of eche two ſcruples, Leuigentur. Then take the oyle of ſwæete Almôdes, Bengewine, of ech ſixe dragmes: Storax calamita halſe an vnce. Let theſe things ſæth together with ſixe Dragmes of Roſe water.

Then ſtraine it, & let that which is ſtrained be ſoft made with two vneces of white ware, & Storax liquida, a dragin. Make it lyke a Cereatum or plaiffer, with the whiche the other things muſt be ſtamped & incorporated with a hote peſtell. Put to it a Dragme & a halſe of Muſke, or els two ſcruples.

An other ſvveete Ball meeter for the Sommer.

TAke redde Roſes and Violets, of eche threë vneces and a halſe, the berries and leaues of Appylls, yf you can get them,

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them, coales of Willowe, of eche an once: Feniper berries, the Pilles of Oranges, of eche five Dragmes, yellow or redde Sanders two dragmes: Bengewine a Dragme, Camphyre two scruples. Make herof a powder. Then take oyle of Roses an vnce and a halfe, Storax calamita, Bengewine of eche two Dragms: an vnce of Rose water, or as much as shall suffice. Make that soft that is strained with two vnces of whyte ware. Make a Ceratum, and beate all the rest together with a whole Beffell. Put to it a litle Muske, five or sixe graines.

Outwarde remedies to purge the ayre,
the easiest, the presentest, and
those that are of the small
left pryce for men of
small habilitie.

Parfume some Feniper berries of the roote clouen asunder and dried, and of the other drogges before mentioned for the first outwarde remedie.

2 Vinegre alone or mixte with rose water, for to sprinkle your chamber.

3 For to holde oftentimes in your mouth, & chaw, namely when you go out and keepe company with men, there also the Pille and lede of a Citron, which giveth a good odoure Cinamome, Cloves, the rootes of Anglica, or Zedoaria, & such lyke, as are afoze mencioned.

4 For to smell with a Sponge, or with a Handkercher daye and night, Palmsey, or other strong wyne & sweete, as Muscadell alone, or else with rose water, wherein there hath bene tempred some aromaticall drogge alreadye spoken of, as Cloves or Nutmegs.

5 Or good Vinegre twice as much as of colde water with a litle Camphyre, specially in Sommer.

A powder agaynst the Wormes.

Take Coriander, prepare five dragmes, Feniper berries three Dragmes, Southernwoode, Partes hozne,
Corallina

of Secretes.

Corallina, of eche two dragmes: whyte Agaricke newe made in balles: Putmegge, Cynamome elect, of ech two scruples, make of this a mœtely fine powder.

The vvhole summe of the regiment and
gouerning of a mans selfe.

1. **I**t is necessarie that you be kept neat and cleane & all thinges in your house, slyng dilygently and as muche aa you can all euill ayre.
2. Auoide al excesse and superfluitie, specially in dzynking and eating, and from women.
3. Also from trauaile, and from excesse in sleping and watching.
4. Beware of moyst meates and corruptible, and of al thinges that is cause of raunesse, & other euill humours.
5. Liue soberly, dzinke and eat at ordinary houres, & in good order.
6. Take your resse, and vse some neate and god exercise or occupation.
7. Mayntaine & keepe youre naturall or accustomed voyding.
8. Be mery.

A soueraigne powder against the venyme
of the plague, for rych men and
Princes.

TAke Saphyre, Hyacinthe, Smaragdus, of one of these, or two, or of all, one Dragme: of Pearles, Wole armenicke of the best, the seedes of Oxalis, of eche two dragmes: of the scraping of Iuoze two scruples, of Vnticomes hozne a scruple: of the seedes of Ocimum, halfe a scruple, yellowe or redde Sanders: Agalocchi, or Xilaloes of the best. Doronici Cynamome exquisite, saffron, of eche thre graines, Muske fyre graines Make hereof a fine powder. You maye leaue out the Muske for them that loue it not.

The vse of y^e saide powder and for other that folow shall be
declared

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declared afterwarde.

A powder for poore folke, of no lesse efficacie
and strength than the seconde.

TAke Bole armenicke of the best, two Dragmes: the
seede of Oxalis three Dragmes, Aloes hepaticum lo-
cum, redde Corrall, of eche a Dragme, the powder of
Diamargariti frigidi, two scruples: the powder
of Diatrio santalon, eyght scruples, the pylls of dype D-
renges, Cloues, Cynamome, Saffro, of ech siue dragmes.
Make thereof a fyne Powder. You shall vse the saide pou-
ders with Conserues, or without them, with Syzoppes,
distilled waters, or rather with Juices, and other such con-
uenient lycours.

A drynke for poore folke, and in places,
vvhether there is none or very lytle
Iuyce, eyther of Syzrope, Cy-
trons, Lemons or Pom-
granades.

You shall take the powder prescribed for poore folke
Conditi rosati, or conserue of Roses, Conditi boragi-
nis, or rather coraginis, of eche a Dragme and a halfe:
of the sucke of Oxalis, two vneces, Succu arantij, Succu cora-
ginis extract with Rose water, of good white Winegre, of
eche an vnice, and make thereof a drynke.

A drynke often tymes tryed profytable and vvhole-
some, the vvhich as many men say, vvas ne-
uer founde vaine.

TAke powder of Motherworthe, of the firste, or of the se-
conde two dragmes: the seedes of Sancti, or of Dren-
ges: of Myrthe, of ech a dragme: h scrapings of Harts
horne a dragme, mire the together well beaten. You must
drinke this with white Winegre before a syze: & as soone
as there appeareth any swelling in the grynne or flanke,
or vnderneath the arme holes, or any where else, the re-
medy must be ready: for it prouoketh great sweate wher-
by the venim or infection auoydeth in euery parte.

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The Patient thus sweating his infected sweate besyde a fyre, muste be rubbed and dried with hote linnen clothes, whiche must be alwaies chaunged, vntil the saour of the sweate be gone with rubbinge.

Of the sayde pouders also a man may make conserues or Opites after this maner that foloweth.

Opiate.

Take of the fyrste or seconde powder, Orenge pillis conserued, of eche an vnce and a halfe, Conditio rosati that is to say, the conserue of Roses, the conserue of Buglosse, of eche two vnces, of the syrype of the iuyce of Cytrons or Lemons or Orenge, or elles of Oxalis or Omphacini, as much as shall suffice. Make thereof a liquide electuarie in forme of an opiate. Whereof take an vnce or more, and drinke after it some of the foresayde lycours, and suche as here followe. It shalbe well done, to mingle an vnce of Purcelane with the lycours as foloweth.

A drynke meete after euery taking of the sayde opiate, or to be mixte vwith the takinges of the same opiate, for the strongest or meanest men accordyng to the place and tyme.

Take the Iuyce of Citrons or Lemons thre vnces, of the wyne of sowre orenge, of whyte Rose water, of eche an vnce. And mixe them together.

A drynke for poore folke.

Take the Iuyce of sorrell berpe cleare thre vnces, of bitter or sowre Orenge, good white and cleare Tinagre, rose water, of eche an vnce. Make thereof a drynke, putting to it a lytle Sugre if you will.

A drynke to cause them to sweate.

Take good triacle or Pythridatum a dragme, bole armenick of the best, or of the poudet of one of the herbs called Cardiacæ afore described, halfe a dragme: Scaboise water two vnces: water of Oxalis, Buglosse or Borrage

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rage of eche an vnce : and make thereof a drynke.

An other drynke easy for poore Folke.

TAke the decoction of Scabiose, & of the flowers of redde Poppye a glassful with a little Sugre. Or a Pyslane made with Barley & Anyce seede & the rootes of Persley, or of the decoction of Tycherason, the rootes of Persley, the rootes of Succorye : the one or the other decoction wyth sharpe Syzop two vnces, or with Sugre or a lytle whyte Vinegre.

These drynkes must be taken whole, the Patient being well couered in his bedde. The Triacle and Mithridate, although they be of great efficacie in thys behalfe, yet they are not mete for women with childe, nor for yong childre. The vse also of them ought not to be often, nor in greate quantitie, when the feuer is great. Some meynes at vse is to mingle the medicine for sweating with some distilled water, or with the decoction of herbes concerning the part to the which the venimous matter hath his course. Nowe if a man knowe that the matter goeth to the heade, they wyll that the Patient take it for to sweate with some distilled water, or with the decoction of Betony: but if it go to the vitall partes or to the breast and heart, with the water or decoction of Eozage, which is verye Englosse. If it go to the belly and bowels, wyth lycour of Wormewode. If to the lyuer, the with the decoction or water of Agrimonic, which is the true Eupatorium.

An Epitheme or medicine to lay to the region of the heart to coole it.

TAke Rose water foure vnces : water of Violettes and of Penipher of eche thre vnces : water of Buglosse, of Oxalis, of wine of Pomegranads, of good Vinegre, of eche two vnces : of Coriander prepared thre dragmes, redde Roses, flowre of Pearles of ech a Dragme : of redde Sanders halfe a dragme : of bothe Coralles, of Camphyre, of eche a scruple : Saffron halfe a Scruple, myngle them together

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together. And make thereof an Epitheme.

An Epitheme for the heart good for
poore folkes, vvhiche may al-
so serue for the Lyuer.

It is made of twelue vneces or a pounce of Rose water
of thre vneces of good white Vinegre, putting to it in
Summer whyte and redde Sanders of eche a dragme.
If it be in Wynter, in stæde of Sanders you shall put to
Cloues, the flowers of Nardus celtica, or of Lauendar of
eche a Dragme.

An Epitheme or medicine for the lyuer.

Take the water of Succoye in Latine Ambubeiz, Rose
water, of Oxalis, of eche foure vneces: white Vinegre:
wyne of Pomegranades of eche two vneces: powder of Di-
arhodon abbatis two dragmes: the powder Diamargaritō
frigidum, whiche is a confection made with Pearles, one
dragme: redde Sanders halfe a dragme: Campher halfe a
scruple. Make thereof an Epitheme.

Locall medicines and fyrst a playster or oynt-
ment for to dravve and dissolve.

Take the rootes of Narcissus, or of flowerdeluce with
his ople, and braye it with Hony. It is good for a de-
lycate bodye, and easeth all the payne.

An other easy dravving medicine.

Take Rue or Dogon, brayed with Triacle, or Triacle
alone, or of Radishe rote cut into litle rounde peeces,
& lay on one after an other, & change it often times.

An other very good in maner of a playster.

Take Diachylum, two vneces, Armoniacum, Galbanum
of eche halfe an vnice and put them together.

Medicines of the kyndes that burne the skynne
or flesh, called Medicamenta caustica, or vi-
licatoria, vvhherof the first is very strong.

A Plaster of Cantarides, and busleckt lymie myxed with
ople of Walnuttis in stæde of a launcet, for to gette
out

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out the swelling.

A nother plaister.

TAke the rootes of Narcisse or of Lillies sodden with
ashes, of Pigeons dung of eche equal parts: of Mel-
go anacardina called Mel anacardinum, as muche as
shall suffice. And make thereof a plaister.

An other stronger.

TAke Frementum acris, sowze Luce, Sepe, Figges, olde
Walnuttes, of eche halfe an vnce, Iris florentina, mu-
stard seede, vnsteckt lyme, Calcanthum, that is to saye ro-
maine Vitriol, beaten together of eche two dragmes: as
muche Turpentine as is needefull. Make of it a plaister.

A medecine that clenseth and Purifieth.

The yelke of an Egge mixt with a litle Farley flower
or wheate flower, putting to it hony roset. It is very
sweete and meete for a dehydrate body.

An other of the same very good.

TAke the Iuyce of Carlike sixe vnces: the Iuyce of
Wormewood, god bonny of eche thre vnces: Far-
ly flower or Wheat flower, or flower daniel or Beere
barley, two or thre dragmes. Seth it until it be somewhat
thicke, & make of it an oymnt that mundifieth or puri-
geth the soze.

A plaister incarnatyfe.

TAke the leaues of Pimpernell, of Betaine, Ueraine,
Semperuii tertij, commonly called Vermicularis, of
the lesse Centorie, of eche a handeful and a halfe: seth
it in white wine vnto the halfe. And being strained put to
it Rosen, Ware, thyres lact, of eche thre vnces. Seth all
together with a litle womans milke put in it, vntill the
Iuyces be consumed. Then when you haue taken it from
the fyre, put to it when it beginneth to be colde, Rosen,
Turpentine thre vnces, cleare Mastiche and proued ten
dragmes, Aloes hepaticum, two dragmes: mingle them
and sturre them with a potsticke, and make of it a plaister.

A

of Secretes.

A Repercussive and Resolutive oyntment
against the Canker.

Take Leade burned and washed, Phompholix which
the Apoticaries do call Pill, Frankencense, of eche
two unces, wormewood, of that which is called Absin-
thium Ponticum, half an unce, Dyle of Roses three unces,
Ware six dragmes: the iuyce of Nightshade, as much as
is sufficient for the thickest of the oyntment.

A playster Dyapompholigos of Theodoricke, for to
stoppe the gnawing and eating of the
canker. It is repercussive, refrige-
rative and desiccative.

Take good Dyle of Roses, whyte Ware, of eche two
unces: the iuyce of the redde graynes or berries of
the Herbe called Solanum two unces: redde Leade
washed an unce: Lead burned and washd, Pompholygos
commonly called Tutia, of eche halfe an unce: Franken-
cencie of the Male kinde two Dragmes. Make thereof a
Playster.

An oyntment very svete for Cankerz that have cor-
rupt matter in them, vvhich also delayeth the
payne of those that have no corrupt
matter in them.

Take good Ware, Turpentine, Pulles suet, the new
and fresh Harow of a Deere or Calfe, Oleum Ricini-
um, newe and fresh Gole grease. Honny elect, Fran-
kencense, Diphrix, Pompholix, of eche equall porcions,
and of Oelipum thrice as muche, without the Franken-
cense the authoz thinketh it wll be sweter, but with it
more resolute and it wll ripe the sooner, and is better for
Cankers that haue no corrupt matter in them.

An oyntment of a marvellous vertue against the
eating and running of the Canker, and to
take avway al the griefe of the same.

H. J.

Take

The first Booke

TAke Rue oz Sumach Sextarios thre Pilles of Cipres
thre vncces, Galles not rype, Cassia, of eche an vncc
and a half: Vinum adrianum, that is to say: Wyne
that bindeth, and olde Wyne of good odour six Sextarios.
All these things being byused together, laye them in wine
thre dayes, and then seeth them thre oz foure waunces
stirring it with a spce of Cypres. Then hauing wong all
out diligently, and cast awaye the thicke of it, the iuyce
will seeth in the thickenesse of Honny, soz to be kept after-
warde in a vessell of Glasse.

This oyntment muste be vsed alone without any mix-
ture against the sayd disease, adding to it sometime a little
Wyne. If h Medicine be to thicke you must make it liquid
and soft, soz the sicknesse which posselseth the priuie parts
of a Woman, that is to say, the necke of the Matrice. If
you dissolue it in the mylke of an Ass, it mitigateth the
payne, also is very profitable soz all other scorching of the
skinne that runneth in length, and extendeth more and
more, and byingeth no inflamation. It is good soz to dype
by the eares that haue bene of long tymes subiect to a run-
ning and putrified matter of blood corrupted.

Also soz the Gummes that be infected and withered, also
against vlcers that be hard to heale, and can not be cutte,
but with great payne, if it be mingled moderately and rea-
sonably. But holwe is it that softe and gentle remedies
shoulde resist such a disease, to the which the roughest and
the most wyldest giue place. The sayde oyntment is to be
prepared as foloweth.

Take Sumach a pounce: Pilles of Cipres thre vncces:
of vnrype Galles, of Cassia, of eche an vncc. Vinum
Adrianum, that is to saye: Vinum Astringens, foure
pounce.

A playster mitigatiue, and very gentle for
Cankers, specially of the breasts
or Pappes.

of Secretes.

Take Saffron, Poppy, Frankēcense of the male kinde of eche a Dragma : Lithargyri , Plūbi vsti loti two Dragmes, Ceruse prepared an vnce & a halfe : white Ware two vnces, Gole grease , newe and fresh Butter of eche threē vnces. Rosacei boni foure vnces. The powder being brayed with the iuyce of Morella muste be mingled with the things molten.

FINIS.

Here after follow many goodly receipts, touching the handling of diuers Metals, all well tryed and approued.

And first for to harden yron.

Take Meruine, and Bray it stalkes and all, and kēpe the iuyce of it in some glasse . Nowe when you will harden any yron , put to the same iuyce as muche of pisse, with the iuyce of a little Worme called in Latine Spondilis, in Dutch Enherlincker. And let not your yron be to hotte , but when you see that it is indifferent hotte, quenche it in the sayde mirion, and let it cole of it self vntill you see little spottes vpon it somewhat yellowe , and then put it to the sayde water. If it ware very blewe, it is a signe that it is not hardened ynough.

For to harden Knyues, and other such lyke.

Take the Marrow of a Hoise , wherein you shall cole your yron,

For to harden a Fyle or other instrument of yron.

Take o'de shoes and burne them, and make them into a powder , and put to it as much Salt : cast this mixture vpon and vnder the ffyles in a Coffer or Chest of yron couered with a couer of yron . & lay the powder so that

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it maye be as muche aboue as vnder, the thickeſſe of a ſtrawe. Couer the ſayde Cofer with his couer, and put it into the fyre vntil it be redde hote: after this let it fall into ſome colde water, and you ſhal haue the Files good and verie hard. You maye annoynt them alſo with Oyle of Lyne oz he Coates bloude.

To harden any other ſubſtaunce materiall.

TAke the iuyce of Cinkefoyle, with the iuyce of worme woode, and put in ſome Glaſſe, then take Wormes which you ſhall ſtampe and ſtrayne thoroꝝe a linnen cloth, and rubbe the hote yron withall, and then quench it in the ſayde iuyces.

To make any inſtrument of ſteele harde and sharpe.

TAke the Leaues and rotes of Bugloſſe ſodden in water, wherein you ſhal quench youre inſtrument of yron.

Another.

TAke Dracontium with his rotes, and as muche Vertuine: ſeeth this in cleare water, and let it coole, and waſhe cleare, and ſo annoynt your inſtrumēt with it. Alſo take mans piſſe mixte with cleare water, made luke warme: in this quench your inſtrument. Alſo you maye harden it in good Muſtarde made with ſtrong Vineger. Alſo when you wili harden any thing you muſt ſee that it be cleane, neate and polliſhed.

For to keepe it from cleauing vwhen it is
a hardening.

TAke Tallowe and melte it, then poure it in colde water vntill it waſhe thicke and ſwimme in the water the thickeſſe of a finger. Then take your inſtrument hote, and put it firſt thoroꝝe the Tallowe, and then into the water. Some quench alſo ſhirts of Maille in the iuyce of Rape rotes.

To make yron or ſteele ſoft.

of Secretes.

If you will make Iron or Steele as softe as Copper, take vnsteckt Lymie with as muche Aloome, well stampe first in some Morter: mixe well these two thinges together, and laye them vpon some linnen cloth the thicke- nesse of a finger or halfe a finger, and wrape youre in- strument that you will haue made soft in it, and lay it so in some small fyre the space of an houre, vntill the fyre go out, and that your instrument be colde of it selfe, and then shall you finde it as soft as Copper.

Another.

Laye your iron or Steele in a small fyre, and when the fyre is out, let your iron coole of it selfe.

Another.

Take the water of Radish rootes and quench your iron or Steele in it. Also you may take the Ashes mixt with vnsteckt Lymie, and make therof Lye, the which you shall let runne thoroowe the sayde substaunces: in this Lye keepe your iron or Steele the space of a night, and so shall you make it meeete to cutte or engraue in. Afterwarde if you wyl harden it agayne you may quenche it in colde Water.

Another.

Take the yellow floures lyke to Marygoldes, & leaues be large and as brode as the nayle of a mans finger: take them skaulks and all, and stampe them, & strayne them thoroow a linnen cloth, and keepe the iuyce in a pot. Then put your iron or Steele in the fyre vntill it be redde hote, and then quenche it in the sayde Water, and it will be as soft as Copper.

Another.

Take some great Snayles, and other great grounde woymes of equall portion, and the thirde parte Salt. Then take an earthen Potte, or some other Platter of earth full of holes, wherein you shall powder or Salte your Snayles & woymes, and receyue the salt which shall

v.ij.

melt

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melt and droppe from thē into an other pot set vnderneath, and the thickest substaunce will remaine in the vessell full of holes, the which you may cast away. This done laye on a stone vpon the pot, and seeth it vntill it some oꝝ frothy no moꝝe: then take it from the fyꝛe, and let it cole. In this water you may quenche your yꝛon oꝝ steele being red hote, and by this meanes you shall make it as softe as copper, and foꝝ to harden it againe, you must make it redde hote, and quenche it in colde water.

An other.

TAke the herbe called fole foote, & distill it: then make your yꝛon red hote, and quenche it in the same water.

Also take mayles and stampe them with good Vinegre, wherin you may quenche your yꝛon oꝝ steele: oꝝ quenche yꝛon in the blode of an Gele, and it will be likewise softe. Also take yꝛon oꝝ steele, & wrappe it in potters claye with a weate cloth, & lay it in the fyꝛe, and after ward let it cole of it selfe. Take also the iuyce of Marubium, and the iuyce of Pilfoyle, with the iuyce of Radish rootes mixt with good wyne, and quenche your yꝛon in the mirtion.

To make Christall soft so that you may breake it in pieces.

TAke burned leade & Chyissall as much of the one as of the other, and breake it vpon a stone, then put thys mirture into a melting pot, and melt it, and so shall you make it into what forme oꝝ fashioꝝ you will. The same may you breake and bruse as you wil.

An other.

TAke quicke lyme and ashes of equal quantitie, and lye with it, passing and straining it thoroꝝwe the ashes and lyme nyne oꝝ tenne tymes. That done steepe your steele oꝝ Chyissall in the same lye, the space of xxiiij. houres, & you shall finde it soft.

For to soften yron,

Take

TAke the Water that is vpon the blode of a man when he is let blode, which you shall handsomely poure from the blode. Then lay your yron in fyre vntill it be hote, the with a little fether wet in the said water, rub it so long with it vntyll the water vanishe awaye, and it will be softe.

An other.

TAke scommed homy, the newe pisse of a hēe Goate, A lome, Bozace, Dyle oliue and salte : mingle all well together, and quench your yron in the mixtion.

To softten a little that vvhich is to harde.

That which is to hard, keepe it so longe in the fyre tyll it be very hote : Then take Tallowe, with the which you shall rubbe your matter, and let it so cole.

To molifie and soften yron or steele, in
such sort that you may bovv and
vvinde it vvhich vway
you vvyll.

TAke Camomille floures with one part of herbe Ro- bert, and one part of Ueraine : put all this in a potte with hote water, and so stoppe it that no smoke maye come out : then seeth it, and quenche your yron in it.

To soder all things, and first yron.

TAke an vnce of salte Armoniacke, an vnce of commō salte, an vnce of Earthe calcined, an vnce of bell me- tall, thre vnces of Antimonium : stampe well al to- gether and sift or boult it : this done put all in a linnen cloth, and wrappe it rounde about with potters claye well prepared the thychkenesse of a finger & let it dry very drie: then put it betwēne two pot hardes vpon a small fyre, & let it heate by litle & litle. Afterwarde make the fyre grea- ter, vntill your whole Masse become redde and melt toge- ther : then let it so cole, and after make it in to a powder.

And when you will soder any thing, laye the two peeces
that

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that you will solder vpon a Table, as nere the one as the other, as you can, but you must laye some Paper vnder the picces.

This done, cast of the sayde powder betwene the Ioyntes, and a little vpon them: then make some crust of Potters, but yet so that it be open aboue: after this put some Borace in hote Wyne vntill it be all consumed, then with a litle Feather rubbe the sayde powder, and incontinent it will beginne to boyle and seeth: and when you see it boyle no more, it is a signe that the soldering and consolidation is made. And if there be any excrecence or rising vp, you must diminish it by rubbing it, for it will not be filed.

To solder any hote thing.

Take gumme water, chaulke made in powder, & make thereof a dowe or passe, wherewith you shall anoynt the thing that is a solder, laying it vpon a table as is afoze sayde: then take away the dowe or pass that is vpon the Ioyning of the two picces, and leaue it on bothe sydes: then anoynte the Ioynt with Sope, and holde a hote cole ouer it, and by and by the saide substance will melt. After this take away the saide dowe or passe and it is done.

To solder copper.

Take halfe an vnce of copper, thre quarters of an vnce of white Arsenicke: melt the copper, and deuyde your Arsenicke in two partes, and caste one part into the copper molten, mingle all together, then cast into it also the other part: and then powze it vpo a stone, & beat it small.

To solder yron.

File well to purpose and proportion the Ioyntes of the yrons, and then laye them in the fyze, as is afoze said, casting vpon it some Venise glasse, & it will be soldered.

A powder that vwill make all metall
pliable and softe.

Take a quarterne of Antimonium, Axinagina vitri, and salte, of equall quantitie: Make all together in a
powder

of Secretes.

pouder: then take of the same pouder thre partes, and one part of the metall and melt it.

An other vpon Brasfe.

TAke salt stamped. Tartre, Saltpeter, Axinigia vitri, ashes of Vines, or Lees of wyne, quicke Lyme: Make al this in pouder, and laye it vpon the place that you will soder.

For to graue in Yron or Steele, knyues and harnesse.

TAke one part of coales made of byrche, scāp two parts of Vitrioll, with as much salt armonack: Then scāpe all together with Winegre, vntil it be lyke vnto a soft dowe or paste. Now when you will graue it in yron or other things, make first the description or figures that you will graue, and that with Vermilion myrte with oyle of Linc, and let it be dyed, and afterwarde couer it with the saide substance the thickenesse of a finger, the whiche the hotter it is layed vpon it, the sooner it will be done, but you must take hēde you burne it not. And when it is well dyed, take away the saide pouder, and wash well the graving. Also some take two partes of Spanishe grēne, or one parte of cōmon salte, and in stamping it in some mortar, they put to it some strong Wine gre, and then do it, as is aforesaide. Take also Vitrioll, Alom, Salte, Winegre, coales of Byrche, and do as befoze.

To graue vwith vvater.

TAke Spanishe grēne called Verdēt, quicke Sfluer, Sublime, Vitrioll, and Alome of eche equally, scāpe well all together, and put it in a glasse, leauing it so halfe a daye, stirring it oftentymes: Then make your description or figures as you will, with Ware or Artificiall Ocre and Oyle of Lyne myrte together, or Vermilion mixt with Oyle of Lyne, then annoynte it with that water, and let it alone so the space of a daye: But if you wyl haue your description very deepe graued, leaue it so standing

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ding longer.

But if you will engraue writings or Images, you shall make a ground of Ware, where vnto you shall make your description with the point of a bodken euen to the botome. Then poure the water vpon it which water will engraue it. Or else you may lay vpon your description made as before is saide, some Marcurium sublimatum, and then cast some good Vinegre vpon it, and lette it alone so halfe an houre.

Another stronger and More bytyng.

TAke a quarter of an vnce of Spanish greene, Alumen plumæ, salte Armoniacke, Tartre, common Salte, of eche a quarter of an vnce, all being well stampte & mixt with strōg Vinegre, leaue it so the space of an houre. And if you wyll that your description bee highe or rayfed vp, write it with artificiall Cre and Dyle of Lyne, brayed and mingled together: and let it drie well: Then heat the saide water in a panne leaded within, letting it alone vpon the fyre. Then take your steele and holde it ouer the saide panne, vpon the which you shall poure of the said water with a sponne & so the water wil fall againe into the panne and there shall be nothing lost. Do thus the space of a quarter of an houre, but let not the water be to hote, least that the Dyle which was mixt with the Vernish go not out. This done, rubbe ouer the saide substances with ashes or quicke Lyne, and then shall you fynde that whiche before was annoynted, whole and highe, and the other engraued.

To make a colour of golde or siluer lay vpon to
metall, and to make also a ground
of golde or syluer vpon yron,
Belles or Stones, vvhich
shall not go of vvith
vvater.

TAke one part of Cre, the seconde parte of Minium,
the fourth part of Bole armenicke, and as much Aqua
vitz

vite, and braye all together with Oyle of Lineseede, and put to it also the bignesse of a little Nut of Gallistenstein, and thre or foure drops of Vernish. If the colour be to thicke, put a little more of the sayde Oyle to it: Then straine it thoro a fine linnen cloth into some cleane vessel, and it will be as thicke as honny: & then rubbe what you will with it, and set it drye, and then laye your golde or siluer vpon it.

A colour of golde to set vpon
brasse or copper.

TAke a lytle potte well leaded, and put into it thre vneces of oyle of Lineseede, then take half an vnice of Waxe, and half an vnice of Aloes hepaticum citrinum, and make it well into a powder, & put it into the said oyle, and couer it close with another pot wherin you shal make a litle hole aboue, that is to say in the botome of the sayde potte y shalbe vppermost. Annoynt the saide pot well with potters earth, and let them be so close one vpon another, that nothing may come out: then put in aboue a sticke brode at the ende, with the whsch you may fyre it: and let all seeth as they doe Paynters vernishe. This done Polish well that which you will gylt, and laye the sayd colour vpon it, and drye it in the Sunne, and if there be not inough, put more on vntill it be well.

Another.

TAke dry Vernishe, Amber, Alome, of these two as much of the one as of the other: then take Vernishe, & oyle of lineseede, seeth all together one a fyre of coales in a potte well leaded, that it may be wel mixt together: then assaye it vpon a Knife, and if it be to thicke, put more Oyle to it: but if it be to cleare or to thynne put more Alome to it.

Another.

Take

The first Booke

TAke halfe an vnce of Aloe hepaticum citrinum, halfe an vnce of Amber, these two being made in powder set the on a moderate fyze in a potte well leaded, but let it not be to hote at the fyze. And when all is molten, poure some boyling oyle vpon it, stirring and mixing it well together with a little sticke: after this let it cole, and straine it thro:ow a linnen cloth.

Another.

TAke halfe an vnce of Sole Armenick, halfe an vnce of whyte gumme, and set it vpon a fyze of coales, putting to it an vnce of Oyle of Lyne seede, and when you may draw it in length lyke a threde, it is made.

A colour of golde vpon brasse.

TAke Oyle of Lyne seede well clarified on the fire: then put to it Amber, and Aloe hepaticum citrinum, of eche a lyke, and being well stamp, mingle it so well with oyle on the fyze, that it may be thicke then take it fro the fire and set it on the grounde well couered the space of thre daies: And the brasse that you shall gylte shall take the colour of golde.

To make coper of a syluer colour.

TAke wine lees, alome and salt: bray well altogether vpon a stone: and put vnto it a leafe or two of syluer braying them, with the other foresaide things. Put all in a pot well leaded, putting to it some water: then cast your copper into it, and after rubbe it with a rubber: and so shall you see when it is ynough.

To gylte yron or Steele.

TAke one part of wine lees, halfe as muche of salte armonicke, and as much spanishe Greene, and a litle salt: Soeth all in white wyne & anoynt your yron or Steele, with it, when you haue well polished it: and so let it drye, and then gilt it with golde grounde.

To make a vwater for to gylte vpon yron
or Steele.

Take

of Secretes.

TAke an vnce of the Ashes of Wyne leese burned, an vnce of white Wyne, an vnce of Alom, halfe an vnce of salt Gemma, Alumen Plumæ the waight of two Croates, Spanish greene the waight of two Croates, Coperas the waight of a Croate, Sapsalt, a pynt of Rue-ning: seth this vnto the halfe, and then put it in a newe Pot, laying vpon it. vii. oz. viii. new Paper Leaues, and a Lye ouer that to the ende it may take no ayze.

To keepe all maner of yron, or steele cleane, and also all maner of instrumentes of vvarre.

TAke Lead filed very small, and put it in a Potte with Oyle Olyue, vntill it couer it, leauing it so nyne dayes together: Then annoynt with the same Oyle, Harnesse, swordes, yron oz steele, and it shall neuer ruste. The grease of neates srete sodden is also good for the same.

The seconde Booke contayning the maner how to take out quick:

ly with water oz Lye, without hurting any thing,
all maner of spottes of Garments of Cloth,
Wolue, silke, oz oher, whether they
be spottes of Oyle, grease
Wyne, oz what soe-
uer they be.

To bring cloth that vvas stayned to
his colour agayne.



TAke a pounce of earthen Pots
buzed, and hauing poured vpon it a-
bout foure pyntes of Water let it rest
a night. Then poure out the Lye, and
put into the same two Dre Calles, &
a handfull of dry birchen Leaues, and
let them seth together halfe an houre
long

The second Booke

long, or vntill the Leaues goe to the bottome. Then let it coole, and such colour as you wil restoze that was stayned, take the shearings or flocks of the cloth of the same colour, and seeth it againe with the sayde Lye, leauing it so to rest the space of .xiiij. dayes or moze: for the Lye wil draw vnto it selfe the colour of the shearing or flocks. Then poure it out, and wash the cloth with it, and it shall receyue his first colour againe.

To take spottes out of cloth.

TAke colde Lye made of the Ashes of Waxche, and put to it a little wine Lees, and of the olde claye of some Duen, put the cloth into it where the spotte is, for it will take all the spottes out, than wash youre cloth with cleane water, and dry it in the Sunne. And if the spottes be not wel taken out, do it agayne as befoze.

Another vway.

TAke sixe vneces of Alumen Fecis, foure vneces of rawe Tartre, two vneces of Alom, halfe a Dragme of camphyre, halfe a Dragme of Dragons bloude: stampe them well, add mingle them well together. Then take sixe vneces of an Ore Galle, thre pynches of cleare water, put all together in a kettle, and seeth it vntill it be diminished of the two thirde partes, then straine it thowre a linnen cloth, and though the Galle nor the Camphyre were not in it, yet the water woulde be strong ynough: when you wil occupie it, bath the piece of new cloth in the sayde water, and rubbe well the spotte with al: and when the cloth is no moze weate with rubbing, weate it againe, and rubbe the cloth with it vntill the spotte be out. This done, take hote water, and washe the place where the spot was: but if the cloth be whyte take a little Sope with the same water, and distill it, and occupie it as befoze.

Another vway.

Take sixe Ore Gallies, and twice as much rayne water, halfe a pounce of Tartre, an vnice of Alome, stampe them

them small, and take a Glasse full of Vineger, into the which you shal put sixe Dragmes of Vitrioll well brayed, poure all together, and seeth it vntill it be diminished of the two thirde partes, and then vse it as is afoze sayde.

A vvater to take spottes out of vvhyte cloth.

TAke foure vneces of Alumen Fecis, a pynte of water, seeth them vntill they be consumed to the fouer parte.

Then take whyte Sope and cut it small, an vnec of Alome: put all into the water, and let it stande the space of two dayes, and vse it foꝛ your whyte cloth as befoze.

To take spottes of grease or oyle out of vvhyte cloth.

TAke whay of Mylke sodden with floure, scæpe youre clothe in it so farre as to the spotte, the space of a night: then washe it with fayre riuer Water, and hang it in the moste heate of the Sunne: but if the cloth be of a noble colour, you maye not let it be to hote lest the Sunne hurt the colour: foꝛ the heate of the Sonne hurteth fayre coloures.

To take spottes of grease and oyle out of all forts of cloth vvhyte or other.

TAke the Water that Pease hath bene sodden in, and scæpe youre cloth where the spotte is in it, and then washe it with cleane riuer Water, and hang it in the Sunne.

Another.

TAke colde Lye, Lees of whyte Wyne made a little hote, and mire them well together. But you muste take hede they be not to hote and washe your cloth as befoze.

To take spottes of vvyne out of all maner of cloth.

TAke Lye made wpyth ashes of bæch, whyte Wyne Lees as much of the one as the other, laye your cloth in it a night, and wash it afterwarde with colde waie and dry it in the Sunne.

To take all maner of spottes out of Silke.

Take

The second Booke

TAke the iuyce of great and rounde Musheroms of a sharpe tast, weate the spottes in it the space of two houres, and then wash them with cleare water, and let them drye.

To take all spottes out of Crymsen Veluet.

TAke the Ashes made of Vine twigges, and make therewith good Lye, whereof you shall take but a pynte, and put into it halfe an ounce of Alumen Fecis, and let it stande a little whyle, and then strayne it.

This done, take a dragma of Aloine, halfe a Dragma of Spanish Sape, and half a dragma of soft Sape, a quarter of a dragma of common salt, and a quarter of salt Armoniacke, halfe a quarter of the iuyce of Celandine, a quarter of the Gall of a Tasse. Put all together and strayne it thoroowe a linnen cloth. And when you will occupie of the sayde water, take stocks or sheerings of Scarlate, and a little Brasill small, seeth al that a little in the sayde water, and then strayne it thoroowe a linnen cloth, and you shall haue a sayre water, which will take the spottes out of any lyke Crymsen colour. And what colour soeuer your cloth be that hath the spottes, the same colour stocks, or sheerings must you take. Notwithstanding if it be not redde, you must leaue out your Brasill.

A vvater to take all spottes out of cloth of golde and Veluet.

TAke rawe redde Arsnicke, Martem Crudum, as much of the one as of the other, and when they be wel brayed, poure some sayre water vpon them, and putting the herbe Cinkfoyle to it, seeth it vnto halfe: and then let it coole, and set it in the Sunne two houres: then walsh your cloth in it, and let it dry in the Sunne.

To make a Sape that taketh out all spottes.

TAke a pounce of roche Aloine, beate it into powder: the rootes of Iris of florence made in powder, halfe a pound of new layed Egges, two pound and a halfe of

of Spanissh Sope, braye the said pouders with the Egges and Sope, and make thereof rounde bals. If one Egge be not inough, take as many as you shall thinke good. And when you wil take out any spot of grease, washe the place of the spot on both sydes of the cloth with fayre water, thē rubbe it with the saide balles and cloth vpon cloth. This done, washe out the odure with cleane water, and wring the clothe to make the grease or fylth come out the better. Then wash it still with cleane water, & it will be cleane.

To take spottes of blacke ynke or other things
out of vollen or linnen clothe.

TAke grēne Lemons or grēne Dzengcs with theyr pilles, the whiche the Italians call Pomi de Adam, or whiche of the two you will: take but the liquide moysture which you shall take out by pzeasing it, where with you shall rubbe well the spots, and then let thē dze. This done, take luke warme water, and washe the sayde spots, and let them dze againe. And if you see that at the first time the spots be not wel inough taken out, do it once againe, and the cloth will returne to his colour againe.

To take spots out of Scarlate or Veluet of colours,
vvithout hurtyng any thyng at all the colour.

TAke the iuyce of Saponaria, called of the Apoticaries Condisi, or Lauaria, the which you shall lay vpon the spot leauing it so an houre long, if it be in sommer, and foure houres if it be in Winter: Then take luke warme water and washe the spot with it, and if it scoure not cleane, put moze iuyce vpon it, or else of the said moysture of the Dzengcs or Lemons: but if it be Scarlate not died in graine, lay vpon halfe Sope, and halfe iuyce: and then washe it with hote water, & the spot will go out.

To take spots of oyle of from parchement
or vvhyte Paper.

TAke sheepes bones and burne them, and make them into pouder: and rubbe the spotte on bothe sydes with
the

The thirde Booke

the same powder, and lay it so betwéene two boardes in a presse the space of a night, and the spot shall away.

The third Booke, for to dye threed, yarne, or linnen cloth, teaching how

to make the dying colours, and also to dye bones,
and hoznes, and to make them soft, and
what forme & fashion a man wyl.

To dye threede, yarne, or linnen cloth
into a sad brovvne.



Take a pound of bastarde Saffron, the which
you shall put into a little bagge, and hang
it in river water a day and a night. Then
wash it so much, that it give no more yel-
low colour: this done, make a rancke of
Saffron in a Potte not to thicke, then a
rewe of Saffron, and a rewe of ashes, and cover it well,
and let it stande seven or eyght houres: then take eyght
pottes of water, foure pottes of Vinegre, and putting the
Saffron with the ashes in a long bagge and sharpe poin-
ted at the ende: strayne. xv. or. xvi. tymes the saide water &
Vinegre thoroowe it hote. And this is the last dying or co-
lour.

Then take againe as much water and Vinegre, & straine
it thoroow, and this shalbe the seconde dying. Do the lyke
the thyrde tyme, and it shalbe the thyrde dying. This coloz
you shall heate, and laye your threede or linnen cloth in it
the space of a nighte, then hang it by without wzinging
or rubbing it. Do in like maner with the seconde coloure
and with the thyrde, but let it lye in it seven houres long.

To dye threede or linnen clothe bleuve.

Take the berries of Ebulus, very ripe, and well dyed in
the Sunne, laye thē in Vinegre. xij. houres, then rubbe
them

them with your hande, and strayne them thoroꝛe a linnen cloth, putting to them some Verdet brused, and Alome alone. If the blewe be to cleare put moze Verdet to it, and lay your threede or linnen cloth in it.

A blewe colour to dye all thyngs.

TAke an vnce of y beating of copper, a dragine of salt, thre spones full of Vinegre. Put all together in a laddell of copper: or some other streng vessell of copper: and when you wil dye, put the saide matter into the whole decoction of Brasyl, & dye with it what you wyl.

Another vway to dye blewe.

TAke thre partes of ashes of Lees burned, one part of vnleckt lyme, and make therof lye, let it clarifie and then straine it thoroꝛe a course linnen clothe. Take xv pots of the same water, and powder it vpon a pound of Flaunders blowe, such as is taken of the diers caudrons, mingle them well together with a sticke. Then sette it on the fyre vntil you scaunte endure your hande in it. But before you doe dye any thing, you must haue your linnen cloth boyled in Alome and dyed againe, and plunged afterwarde in the hote lye twyce or thryce, accordyng as you wyl haue the colour darke or cleare. The substance must be hote befoze you occupye it.

To dye redde.

TAke halfe an vnce of Brasyl scraped, halfe an vnce of Vermillion well brayed. Boyle them together in raine water, and put into it the bignesse of a pint of Alome. Seth all vnto the halfe, and dye with it. You may seth also the Brasylle twyce or thryce putting to it at eche time a lytle Vermillion. Also you may make of it as many dyngs & colours as you will.

Another vway.

TAke vnleckt lyme, and put a litle water vpon it, and let it stand a night, and afterwarde straine the clearest

The thirde Booke

thoꝛow a linnen cloth, and foꝛ euery pinte of water put in halfe an vnce of scraped Brassell. Let it seeth vnto the halfe, and put to it halfe an vnce of Alome, sette it vpon woode, and let it heate but not seeth. When you wil, haue that you wpll die readie prepared in such soꝛte as here foꝛloweth. Take Lees of redde wine and put it in a bagge, that all the wine dreane out, & the Lees ware dꝛye. Make therof balles as bigge as a hennes Egge dꝛying them in the Sunne, and burning them after into ashes and of this ashes make a strong Lye, & make it very hote, and the weate in it the thing that you will dꝛye, dꝛying it afterwarde, and the dꝛye it with the foꝛesayde colour.

To dye redde.

Take foꝛ euery pounce of clothe a quarterne of Alom, and seeth it, and put the clothe in it two houres long. Then take the roset of Brasyl with gomme Arabick, and let them seeth a quarter of an houre. Then straine it, and put into it your thꝛede, clothe oꝛ any thing that you wpll.

To make faire Russet.

Take a pottle of water, an vnce of Brasyl: seeth them vnto the halfe, then take them from the fyre, & putte as muche graine to them as you shall thynke good, & halfe a quarter of gumme. If you will haue but a slepyght redde, poure it into an other pot, oꝛ put to it a quarterne of Alome in powder, and let it so stande a night.

To dye Woodde, Bones, and Horne, into greene.

Take two partes of Spanishe greene, a thꝛyde part of salt Armomacke, bray them well together, and put them in Vinegre. And put into it the thing that you will dꝛye, couering it well, and so let it stande vntill it be greene inoughe. But befoze you dꝛye any thing you muste lay it halfe a day in Alome water, and then dꝛye it well aga ine.

Another Greene.

Put

Put your horne, or woodde, or that you will die, in a ver-
nished pot, & put to it strong Vinegre, mingling wyth
it some Verdegrease that is very thicke and not cleare.
Couer it wel, and set it seuen daies together in a dunghil,
and if then it be not greene enough. let it stande there lon-
ger. A mā may do the like with Spanish greene or Verdēt.

To die horne, bone, and vvodde, into redde.

Take quicke lyme, and cast some raine water vpon it,
and let it so stande a night: the next morning, strayne
the clearest thozowe a linnen cloth, putting to it for
euery pot of water, half an vnce of the scrapings of Bla-
sill, and let them seeth well in it: but yet they muste be
boyled in Alome firste as before is sayde.

To die yellovve.

Take the barke of an Apple tree, not the outward harde
and rough barke, but the inward, cut it in small lop-
pins, and poure some water vpon them, and the put
in your woode, bone or horne, to it with Alome. And let it
seeth well together.

To dye blacke.

Take Galles broken or brused in peeces, and seeth them
in strong Vinegre: and put your woode, bone, or
horne in it. And let all seeth well together. Take them then
out, and put them in whites of Egges, putting to it inyce
of Walnuts, and let them seeth well together.

To make horne soft.

Take mannes pyss, that hath bene kept stopt, a mo-
neth together, put into it a pounce of vnleckt lyme,
and half so much of ashes of burned wine Lees, foure
vnces of Tartre, and as much salt.

Mingle al well together, and let it seeth well, and then
straine it twice or thrice thozow a cloth. This done keepe
the saide Lye wel couered: And when you will soften any
horne, let it lye eyght dayes in it, and the horne wil be soft
that you may cut it, and dresse it after what sort you will.

The thirde Booke

Or else make a Lye of the ashes of the heades and stalkes of Poppe, and in the same Lye seeth your hoznes and other thyngs.

To mollifye or soften horne, so that you shall imprynte or make any figures in it.

TAke a pound of the ashes wherwith Glasses be made, a pounce of quicke Lymme, and a pot of water, let the seeth so long vntyll the thyrde partes be consumed. Then put a feather into it, and plucke it out agayne, and pille it betwene your fingers: so if the feather do pille, it is a signe that it is sodden ynough. But if it pille not, let it seeth more: and when it is sodden ynough, let it clarifie and poure it out. Take then the sylinges of hozne, laye them therein two daies together: Then annoint your hands, with oyle, and worke the hozne well betwene your handes as it were dowe or passe, and then presse hum into what forme or fashon you will.

Another vwaye.

TAke the iuyce of whyte Marrubium, and of Alexanders, and of Pilsoyle, the iuyce of Radishe rootes, the iuyce of Celandine, and strong Vinegre. Mixe all together, and put your hozne into it well covered seauen dayes together in a donghyll. And then kneade it & worke it as you did before.

To cast hornes in a moule lyke leade.

TAke ashes of wyne Lees burned, and vnleckt lymme, and make therof a strong Lye, and put into it the sylinges or scrapings of hozne, and let them seeth well together, and they will be as it were pappe, and put into it suche colour as you will haue it of, and then casse it into what moule you will.

To make cleare stones of Amber.

Seeth Turpentine, in a panne leaded, with a lytle Cotston, stirring it vntill it be as thick as passe, & then poure it into what you will, & set it in the Sunne eyght daies,
and

and it will be cleare and harde inough .
 You may make of this litle balles, haftes for knyues, and
 many other thyngs.

Another.

TAke the pelkes of sixtene egges, and beate them well
 with a sponne : the take two unces of gumme Arabick,
 an unce of the gumme of Cherry trees : make these
 gummes into powder, & wel mire them with the pelkes of
 the egges, let the gummes wel melt, & poure them into a
 a pot well leaded . This done let them fyre dayes in the
 Sunne, and they wil become harde, and shyne lyke glasse,
 and when you rubbe them, they wil take by a strawe vn-
 to them, as other Amber stones do.

To poolishe and to giue a glosse or lustre vn-
 to precious stones.

TAke the pender of Antimonium, and disperse it abroade
 vpon a Table of leade that is very even and smothe.
 Polish vpon this Table your stone, and it shal kepe
 and maintaine him in his lustre and glosse.

To make a stone that shall gyue fyer and
 burne of it selfe if you vveate it
 vvith your fynger.

TAke the Loade stone that hath the vertue to drawe yron
 to him on the one side, and to put it away on the other
 syde. Put it in a pot leaded, and put to it foure pounce
 of Pytche, and a pounce of Bismuthone, lute and claye wel
 pour Potte, and set it in a Fornace, giuing it a small fyre,
 the space of a daye and a night, augmenting the fyre the
 seconde daye and the thyrde daye more, vntill the stone be
 on fyre.

After you haue made the stone on fyre, and haue in this
 manner burned it, as is besoze sayde, you shall let it cole

¶.iii.

againe,

The thirde Booke

againe, and your stone is prepared and made to giue fyre when you wyll.

To molifie or soften Christall and precious stones so that you may cut them like cheese, and that being put in a moule they shal be harde againe.

TAke in August the bloude of a Cowe, and the bloude of a hē Coate, and let it drye vntyll it be very harde: And when you wil mollifie & soften Christal or precious stones, take of the saide bloudes as muche of the one as of the other, and make it into powder: and then poure some Le made with the ashes of burned Lees of Wine, & let them be intermingled together in a pot, putting to them a dishe full of strong Vinegre. And when you wil soften your stone cast it in the same, and heate it a litle, and the stone wil be soft, so that you may cut & fashio of what sort you wil: cast him afterward in cold water, and he will be as harde within an houre as euer he was: And then giue him his glasse and lustre as befores is sayde of the other.

To counteifyte pearles vvhich shal be very fayre, and as they vv ere natural and true.

TAke in Sommer the shelles of whyte Muscles, and scrape them cleane with a knyfe: take likewise one parte of Snayle shelles, of the cleaneest you can finde: and when you haue washed them well, stampe them together in a mortar of stone, as fyne as you can, and washe them cleane in the Sunne vpon a linnen clothe, and then put them into a newe cleane pot, the whiche pot you shall lute and clape rounde about with Lutum sapientiz, And beyng dyled in the Sunne, put it into a Fornace, or kille of Lyme, and let it burne there as long as men are wont to let Lyme burne.

Then take it out, and you shall fynde it turned into powder

der as white as Snowe. This done, take the pelkes of Egges made cleane and broken afunder with a Spone: Syngle þ powder with the pelke of þ Egges in some cleane vessell: Then wash your handes cleane, and fashion your Pearles of what bignesse you wyll, pearcyng them wpyth a Hogges byssell whyle they be hote. This done, sette them in some cleane thyng in the Sunne, and the hotter þ better, yet take hãde there come no rayne to them: & then polyshe them in red Wyne, and let them drye againe, and you shall haue fayre Pearles.

The fourth Booke, teaching diuers
Wayes of giltynge, sylueryng, and dy-
ing Copper, Iron, and other Metalles:
Likewise to forme, melt, and to make
certaine coloures.

To prepare Mercury, and so to harden it that
you may make it liquid, and vvorke it.



The Emperour Fredericke made many Images of this substance folowing, which seemed to be Silver, as at Vienna & Pleu-
stant in Ausriche, and this inuention was
founde out by maister William & maister
Partyne his Alchemiffes. To do this you
must melt Saturne, that is to say, leade, and poure it in a
rounde melting pot while it is hote. Presse into it litle
rounde stoness, that you may haue litle rounde holes in it,
vpon the which holes you shall laye a linnen clothe, and
poure some Mercury vpon it as much as you wil, setting
it so in hote embers vntyll the Mercury be harde.
And when it is harde inough, breake it in litle pierecs, and
cast them into strong Vinegre, & seeth them in it a quarter
of an

The fourth Booke

of an houre. Else take the ioyce of þe herbe called Longe
debeste, with a little Wineger, and Oyle, and seth in
it some pieces of your Mercurie broken as befoze, and by
this meanes it shall be moztified verie well, otherwise it
woulde reuiue agayne. This done, take two vneces of
salte Armonitacke, halfe a pot of Wineger, and poure it
with your Mercury sodden in a Pot leaded, and luting
and stopping it verie well, let it stande. viij. or. x. dayes: for
by this meanes the Wineger taketh away all the rednesse
of the Mercury. This done, put your Mercury in a Pot
wel luted and set it in a Fornace vntill it be well burned,
augmenting by little and little the fyze, that it may keepe
the fyze long in a lyke and temperate heat, vntill it make
certaine choppes or cliftes, and then it is a signe that it is
ynough. Then put the Mercury in a Pot, in the bottome
whereof there muste be some Bizimstone: stoppe well the
Pot, and set it in hote embers or ashes, or vpon a fyze of
coales, that it maye heate by little and little, and that the
Mercury maye receyue the smoke of the Bizimstone. Do
so once a daye. xxx. dayes together, and then take out the
Mercury, for it is hard ynough to beate and caste. Take
of this Mercury five vneces, and ten vneces of Venus, that
is to say Copper, melte them together, and it shall seme
at all trialles, that it is true Siluer.

A substaunce made of Paper or other things, to
expresse or set out any maner of figure
that you vwill, vpon vwhyte
yron. &c.

Lay your Paper or Parchmet ouerthwarte the white
yron, then weate it on the outside, and let it drye a-
gayne, then take it of, and you shall see the print of it
vpon the whyte yron.

To gilt vvell.

Setch youre Syluer in Tartre, make it verie cleane
scrubbing it with Bzushes, and put it into the Tartre
agayne

again: then take two partes, one part of salte Armoniacke, one part of Verdēt or Spanish grēne, two partes of the beatyng of Copper: stampe all this small and sitte it, and put it into the Tarte with the Syluer, it will get a redde colour, vpon the which you shall gylte.

Hovve to bray golde for to guylte vvith.

TAke a dragme of fyne golde, beate it well, and put to it two dragmes of Mercury mirt together: then set a melting pot on the fyre, & when it is glowing hote, put the the golde with the syluer into it, & when the Mercury shalbe in part banished away in vapour, poure it into a disse, wherein there is a lytle water, and washe it out, and it shalbe grounde and brayed.

To gylt Copper.

MAke a bottom or ground of quicksiluer vpon the copper, the giue it one gilte ouer with ground or brayed golde, then set it on the coales, and when it smoketh take it awaye, and part & disperse it with the brushe of Copper wyer, and then set it againe on the fyre vntyll it be liquide and softe, or melte, or dzye, and when it hath bene so long vpon the fyre that it hath gotten a redde colour, take it of and make it cleane with your brushe of copper wyer, and then burnishe it, and it is done.

To gylte yron.

You must boyle your yron in Vinegre, Salte, and Vitrioll, and if the yron be great, annoynt the yron about with it, being hote, vntill it make it rype, then laye on your grynded golde, as befoze.

To take of the golde from the syluer that is gylte, so that the siluer shal remaine vvhole and sound.

Put about your gilded siluer some Bizimstone, the take naturall Mercury in a Goldsmithes melting pot, or other vessell according as it oughte to be, and heate it, and put youre gylte Syluer into it, the Mercury wvll drawe the ground vnto him, then rubbe your siluer with a brushe

The fourth Booke

brush the ouer the the Mercurye wherein the golde is, then heate your syluer, and boyle it agayne in the water of Tartre, and it will be cleane.

When you wyl take your Golde out of the Mercurye, put it in a lytle bagge of leather, bindyng it and stopping it a boue, as men do Mercurye, without ouer a basyn, & that which remaineth in the leather, put it agayne in the melting pot vpon the fyre, and let the Mercurye vanishe in a vapour, & go away in the smoke. Then take that whiche remaineth, and poure it in a melting pot, & you shall finde your golde.

To seperate Syluer from Copper, be it mony or otherwise.

Take halfe an vnce of Verdēt oz Spanish greene, an vnce of whyte Vitrioll, as muche of Wymstone, half an vnce of Alome: seeth all these things with a glasse full, oz as much as you will of strong Winegre, and putte your syluer into it. Your syluer wyl remaine whole in the glasse, wherein you sodde it, and the Copper consumeth in the moyst humour.

A powder vvhich being layed vpon any thyng syluered vvyll take of the syluer from it.

Take a pounce of Wyne leese, a pounce of Arsnicke, a pounce of common Salt, a pounce of quycke Lyme, Mixe these together, with the yelke of Egges, & putte the in a pot, which you shal set in a Fornace to sublyme, and when it shall smoke somewhat yellowe, it is ynough.

To conuert and turne copper into brasle.

Take Copper what quantitie you wyl, and the thyrde parte as muche of Lapis calaminaris, made in powder, and put them together in a melting pot, let them melt together the space of an houre vpon the fyre, & then poure them out.

To melte all Metall perfectly.

When

When the metall is molten : you shall put the fourth part of Auxungia vitri, besyde it, and it wyll melte perfectly.

For to giue a colour of Golde vpon
Copper.

Take half an vnce of copper, a dragme of Tutia Alexandrina, two parts of Dates, two parts of Figges, Grapes of a wyld Wine blacke, of the bygnesse of thre Hasell Nuttes, Muske the bygnesse of a Hasell Nutte. Stampe all the saide thinges together, and make it lyke Masse, and beate your Copper very thinne, and then cut it in pieces.

This done, make one row of the saide mirtion, and a litle Turia vpon it, and then pour Copper vpon that, then some of the saide mirtion, then againe of Tutia, and then of Copper, alwayes bedde vpon bedde : Thys done, lute oz claye by the Croset oz meltyng pot that they are in, & set it on the fyre, lettynge all the saide things melte, and then poure them out and it wyll be lyke Golde.

Some take also Tartre, Beane flower, Tutia, as much of the one as of the other, steepe them well in Winegre, and then dnye the, & lay them bed vpon bed, for euery vnce of copper an vnce of the said powder, and it will take colour as is aforesaide.

To make Verdet or Spanish Greene.

Take Masse oz filed Copper, sprinckle it with old piss and salte Armoniacke : laye the Copper vpon a board in the Sunne, and when it is dnye, sprinckle it againe vntyll it waxe greene. Thus is Verdet made. Take Copper beaten lyke a plate, make it cleane, and braye some Atramentum, vpon a stone wyth pyss, and annoynt the Copper plate on euery syde, and let it dny in the Sunne: then put it in a pot leaded and set it on the coales, and let it heate the space of two houres, and sometyme open the pot aboue, and when you see blacke smoke come out of it,
take

The fourth Booke

take the pot from the fyre, and let it coole, and open the pot soz to take out the Copper plate, rubbing it into pouder betwene your handes, & that which wil not yet turne to pouder: do it againe in al things as you did before, vntill it maye be made into pouder: then wash it with hote water oz pyffe in a Wasyn, and let it stande skyll, soz the Copper wyll goe to the bottome, and the Atramentum, will swimme aboue: then poure it out and drye the copper in the Sunne. This done, take of the saide pouder a pounce, of Tarte calcined two vnces, beate them together with childees pisse, and let them drye.

Then put them in your potte, and burne them as before with a great fyre vntyll you see a greene smoke come out of it: and then let it coole againe, and open your pot and you shall fynde it faire and greene.

To make a vvhite colour of leade.

TAke leade as much as you wil, scrape it cleane on both sydes and cut it into plates threë syngers brode, and a handfull long oz more, making a hole at the ende of eche of them, hang them on a corde, and take a paille of Whe oz a pot of threë handfulls long that hath a cleane couer: The hang your plates of leade rounde aboute the pot within side, & poure into it two pots of good Winegre, and a handfull of salte, styrring them together vpon the fyre vntill they be ready to seeth, the couer the pot well that nothing bzeath oute, and set it in a warme place, leauing it there x. daies together, then open it, & take out the Plates of lead and you shal finde at ech syde of the plates a whyte colour of a finger thicke, take it of with a knife, and put it in a cleane glasse. This done, hang youre plates of leade again in the pot, as before, couering them well as is said, and setting it in a warme place, & at the .x. day take of the whyte colour with a knife as before, and hang them again

in the pottle vntill you haue gotten white colour inough. Then braye all well together in a mortar, putting to it a litle water the space of halfe an houre, vntyll it be thicke like gruell. Then put the saide powder in a pot or t'wain, and let it in the Sunne, and let it drye and harden, & then shall you haue your whyte colour of leade. But you must note that you muste alwayes hang the Plates of leade in the pot againe at euery time as long as they wyll continue, and if the Alingre diminish, you muste renew it againe.

To make Lutum sapientia.

Lutum sapientia, is a mortar or claye soz to lute or plaister the Linbeckes or pots that are set on the fyre, because they shall not breake or cleaue. To make this Lutum sapientia: Take the best Potters earth you can fynde, put in a dishe or platter of earth, or in some other vessell, and poure vpon it Wyne myrte with horse dung, castyng awaye the longest haire of the dung, mingle it fyner all together vntill it be as thicke as passe, wherewith you may passe any thing: not withstanding put in it alwayes good Salte soz keeping it from cleauyng.

To lute or dauvbe pottes vwith a
lynnen cloth that vvyll
not burne;

Put your linnen cloth in Salte water, and let it drye of it selfe, then weate it in yelkes of Egges well beaten, and when you wyll lute or plaister any pottle with it, geue it one touche vpon it very thynne with the foresaid Lutum sapientia.

For to foder Glasses,

Take Minium, and halfe as much of quicke Lyme, & the Meale or flower that hangeth on the milke sides or walles, and the yelke of an Egge, in all this let a Linnen clothe be weate and holden befoze the fyre that it may bee clammye, meete to cleaue or stycke fast,
A.iiij. and

The fourth Booke

and so lay it faire and softly vpon the broken place of the glasse.

Another Lutum sapientia.

TAke Dotters earth very cleane two partes, horse dōg one part, a litle pouder of a Wicke, and the syping of yron, and a playster of quicke lyme : and mingle it with salte water, and the pelke of Egges: and make thereof a paste for to lute or clay pots withall. Or else take drie earth, and stampe it small, and sifte it, and cast vpon it sōe wheate flower rancke vpo rancke, and then the pelkes of Egges and Vinagre, and mingle all together. Then playster or lute glasses, pottes or lumbeckes with it, and dye them in the shadowe, and they will neuer faile nor breake in the fyre. You may also mingle it with Dre bloude in steede of water, it is also good for that purpose.

The fift Booke, touching all separations of golde, of siluer, of copper & other metals, and how a man may try them and to vse them profitably. Which is a thing very gainefull for all golde smithes, Marchantes and other that haue neede of it.

To seperate golde from syluer.

BEate small the Syluer wherein you thinke there is any golde, then cut it in small pieces: then you shall putte Aqua fortis in a glasse of seperation vpon a litle fyre vntill it be hote, and cast by litle bubbles like belles. Then poure the water out into a cuppe of Copper & let it coole, & by this meanes the syluer wil stick about the cuppe, the which you must let drie in the cuppe: and

and when you haue poured the water out melt the siluer in a hollow sharde, and then take also the Golde out of the glasse of separation, and melt it in one.

Another vway.

TAke Siluer that is gilt, lute it vpon a pot sharde or a Tile with lead, then turne it as thine and as fine as you can vpon some thing, then cut it in crooked and wethered pices, and put it into y^e glasse of separation, poure in vpon it Aqua fortis a finger highe aboue it, stop the whole aboue that it bzeath not out, then hold it vpon a slowe fyze vntil the Siluer be dissolued into the water, the Golde remayneth in the bottome which is black: then cast out this water into a Cup of Copper as befoze, and poure vpon it some cleane water, and the Siluer will begin to gather into a curde, and will goe to the bottome. Then poure out the water agayne, and drye the Siluer with a sodaine heat. This done, put it in a croset or earthen Pot, and melt it and being molten poure it out, and doe the lyke with the Golde, and whē you put it into the melting Pot, put to it a little Borax.

Another vway.

TAke Antimonium, & put it in a melting Pot, that is with a sharpe pointed bottome, and melte it. Take also the Siluer that the Golde is in, and melt it and poure it into the Antimonium, the Golde will goe to the bottome, and the Siluer will tarte in the Antimonium. Then take halfe an vnce of Copper, and two vnces of Leade, and the Antimonium, let them melt together, and poure them into an earthen Pot, the Antimonium will burne the Copper, and the Siluer will abide vpon the Pot.

For to separate Golde or Siluer vwithout
fyre or Aquafortis.

TAke two partes of salte Armonfacke, and one parte of
Wismstone, beate them into powder, then annoynte
R. J. your

The fiftē Booke

your vessell, dishe, or anye other thing that is gilded, first with Oyle of Lyue, and then disperse the sayde powder vpon it, and when it is so fast vpon it, set it to the fyre, and beate it ouer a vessell of Water, and the Golde will fall out of it.

To separate Golde from Siluer vvith a powder.

TAke an. viij. part of Bismstone, a. xvi. parte of Salte, iij. vneces of salte Armoniacke. ij. vneces of Minium, and doe as afore is sayde.

To make Golde softer.

TAke Mercury sublimed, salt Armoniacke of eche a like, make them into a powder, then put your Golde into a melting Pot, and when it is molten, put to it a little of this powder and it will be soft.

Another vvay.

TAke half an vnce of Vitrioll, halfe an vnce of Merdet, halfe an vnce of salte Armoniacke, halfe an vnce of burned Brasse: all being mingled with Aqua fortis, let it so repose in the heate two dayes, and then let it harden: do this thre tynes wyth Aqua fortis, and let it dry: make it in powder, and put alwayes vpon it halfe an vnce of Golde, a Dragme of Powder, and poure it thre tynes into it, and it will be softer.

To make Golde and Siluer softer.

TAke Honny and Oyle of ech a lyke, and quench your Golde and Syluer, being hote and glowing, thre or foure tynes in it, and it will be softer.

To soften all mettalles, and other things that are not soft, so that they shall be soft and gentle to be vvrought vpon or forged.

TAke Masticke, Frankencense, Myrthe, Borax, Mercur, of eche halfe an vnce, make all into a powder together, and cast the bignesse of two or thre peasen of it vpon the harde things, and they will be soft and tender. Take what metall you will, heate it vpon coales,
and

and quench it in the water of salte Armoniack and it will be softe.

An oyle that maketh all mettalles softe.

If your Sphax be not soft, melte it, and poure into it this Oyle that followeth. Take Saltpeter, Tartre, Salt, Verdēt, boyle all together, vntill the water be consumed, poure vpon it pissē, and let it so consume, and you shall haue an Oyle of it, the which you shall put into your siluer whyle it melteth, and you shall make it soft.

To seperate Golde from Copper.

Make a foznace with a hole, that you maye put in a Pegge or two, the which you maye take out when you will, and vnderneath in the bottome of y^e foznace a gutter or hole, that the king which is the Golde may remayne in it. Take twice or as muche Leade as Copper, and put it vpd the hole or gutter of the foznace, pouring it alwayes vntill there be no moze Leade. Then take an yron marte for the purpose to take awaye the skinne of it, that it may be cleare and neat, for then shall the Copper be well prepared. This done, take a quarter of common salt, of bynstone a quarter, of Saltpeter a quarter, of Orpiment a quarter: stampe these foure well in a mortar, and poure the sayde powder vpon the Copper, when it be ginneth to runne and melte, the Golde will goe to the bottome, plucke the Pegge out, & the king will remaine in the hole or gutter, take it out afterwarde with Leade or Antimonium, and you shall finde the Golde.

Another vway.

Take Antimonium, and melt it with your Copper and being molten you muste skimme it well, then poure it into a dishe of stone, adding to it quickly as much quicke siluer, couer it with another dishe, and shake it well together, the powder draweth the Golde vnto it, and when it is colde agayne, open it, take the Mercury out, and put it in another dishe, the which you shall set vpon the spre

The fifte Booke

that the Mercury may goe away in a smoke, and you shall finde your Golde in the bottome.

A powder to seperate Golde.

TAke Salte Armoniacke, Verdēt, of eche one parte, Saltpeter two partes, Antimonium as muche as al the rest together, make them into powder, and do as befoze, and the Golde will go from the Copper.

To vvash Golde from Copper.

TAke the Copper that is gilte, and weate it in water, and then put it in the fyze, and lette it be hote and then quenche it in colde water, and the Golde will come of: rubbe it of with a Bzushē of Copper Wper, and it will goe of.

To get together the golde out of the threedes of cloth of Golde.

BUrne the golden threedes into powder, and bzaie the sayde powder small vpon a Marble stone, and put it in a Basen, then poure vpon this powder some water of Cartre and quicksilver, and do as befoze, and you shall haue fine Golde.

To gylde, so that it shall not out vvith no vvater that is,

TAke two partes of Dcre, two partes of a Pomise stone burned vntill it be whyte, Cartre the bignesse of a good Walnut, bzaie the sayde colours together with Dyle of Linsæde, and five droppes of Vernire, straine them thozowe a linnen cloth, and you shall haue the substaunce to gilde withall.

To gather together into one, the golde that is scraped off from letters and Images.

TAke the scrapings and put them in a glasseful of water, vntill the chaulke where vpon the Golde was layed, be thozowe softe, wash it afterwarde betwene both your hands: and seperate the best you can the chaulk from the Golde: take the rest, & grinde it vpon a grinding stone

of Secretes.

Stone.

This done, put it agayne into a Glasse : then put some well bꝛayed and small, in a Cuppe of Copper, and poure the water vpon it : let it seeth well : and then poure the same water agayne into the Glasse vpon the substance scraped, putting into the water some quicksiluer, and shaking it, and mouing it together a good space. The quicksiluer draweth to it selfe al the Golde : then poure out al the water, and put the quicksiluer in a piece of wyde Goates skinn, the which you shall binde well aboute : then make a hole with a needle, whereby you shall wꝛing and make the quicksiluer to come out, and that which shall remayne with in, shall be fine Golde : and if the Golde be not very fayre, do vnto it as vnto the Golde befoze.

To take gilt from a Cuppe that is gilded vwithin.

TAke Pyrethrum, and seeth it in strong Vineger, so y there may come no smoke noꝝ breath go out of it, then poure it into a Cup gylte wwithin, and the Golde will go of, and go to the bottome. For the prooffe thereof. Cast a Siluer King gylte into it, and you shall finde the experience.

To make Golde softe after the melting.

TAke as manye Wedges of Golde, as you haue molten, and put them one night into a Fornace of Morter in a Pot : let them be thoroꝝ hote, but yet not so that they melte, and they will be afterwarde very fayre and softe.

For to giue a colour to Golde that it shall be soft.

TAke Salt Armoniacke fired with quicke Lyme, soꝝ it is very good, worketh very handsomely and finely : but it is better to take of Viride æris, prepared and then melt the Golde, and so maye you colour your Golde. The Viride æris is thus prepared : delaye it in Vineger, & strayne it thoroꝝ a Felte, and let it congele, and when it beginneth to ware thicke, put to it some salte Armoniacke,

The fift Booke

niacke, and let it harden a great whyle, or else poure it vpon a cleane marble stone, and then melte your Golde with it, and keepe it well: for it will serue you also for other things

To boyle Golde or Siluer to make it receyue a fayre colour.

TAke Tartre well bzaped, and put to it some well water or raine water, and that which you shall boyle in it shall be fayre.

To giue a colour to Golde.

TAke the heares of a man to the bignesse of a synger, and laye them vpon quicke coales, & holde your golde ouer them with a paper of Tongues.

For to make Syluer fyne.

You shall put Siluer into a pot of earth, and to every marke of Siluer put thre vnces of lead. Let it be molten together, vntill the flower of it ware read. That done, put it in another earthen pot, putting to it for every marke of Syluer sixe vnces of Lead, and that powze it or straine it, and it will be fine.

To make Syluer fayre and whyt.

You shall put salt and Tartre made in powder, in a pan of Copper: put some raine water to it, & let it seth well, for it wil become whyte: but befoze you seth them you masse heate or enlaine them, and beware there come no yron into the panne, for then the Syluer woulde become redde.

To knowve yf the Syluer haue any Golde in it or no.

Draw a grosse or great stræke with your Syluer vpon the tonche stone, then take a Dragme of Uerdet or Spanishe gréene wel made into powder with salt Armoniacke, mire them well with good Vinaigre, vntil they be all of one colour, weate the lyne or stryke made with your Syluer with it, and yf the Syluer haue any golde in it the lyne or stræke will remaine a whyle faire, and if there be none, the stræke will not remaine faire but wil go out
incontinent

incontinent. If you wil haue a better profe and more sure in sted of Vinaigre put Aqua fortis : for that will incontinent put out the line or stréeke, if there be no Colde in it.

To mortifie or alay Mercury or quicke si'uer.

Put it in a mortar of yron, and put to it some oyle oliue or oyle of bayes : this done, set it on a small fyze, and let it seeth therein, but take hede that the smoke of it hurte thæ not, for it is vnwholesome, put o'ten times soe oyle into it, and also strong Vinaigre distilled that it may boyle in it. And by this meanes it wil be mortified and killed. Then take it out, for it is harde and will endure the hammer.

To gylt Stele or Yron.

Take one part of Tartre, halfe as much of salt Armonicke, as much Verdēt, and a little Salt : seeth them in whyte wyne and Vernishe with it a harnesse made zuen, and let it drie. And then gylt it with golde bzayed or grounde as Goldsmithes do.

To separat Golde or Syluer from metall or Yron.

Put some Mercury in a Goldsmithes melting pot, heating it vpon the fyze, putting to it and mixing with it some Vernishe glasse bzused smal mixing all together. Lay it vpon the siluer that is gylt, then laye it vpon the coales vntill it be whote, & rub it with a feather ouer some vessell : strayne the Mercury or quick siluer thozow a linnen cloth, the which you shall afterwarde bzing agayne with Saltpeter.

Syluer of Tyn to make vessell or other thinges.

Take cleare, fine, and bryghte Tynne, put it wpth true and naturall Tynne in the fyze, that it maye purge and be made cleane from all duste, Ashes, and filth : and when it is cleane ynoughe and well slummed, set it agayne on the fyze. If there be a marke of it, take halfe an ounce of Mercury, or somewhat more, and when it beginneth to rse in the first heate, take also y powder of

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Canta-

The fiftē Booke

Cantarides, and cast it into it, and a locke of **W**omans haire that it may burne in it. Having had fyre ynough, and all being melted together: poure into it the powder aforesaide, sprinkling it first a little with water of Artemisia, and then take it sodaynely from the fyre, and let it cole a great whyle.

To vwhyte any vessell of Copper, vwith in and vwith out vwith Siluer colour very easely.

TAke two partes of Mercury, threē partes of Tinne: Melt first the Tinne in a melting Pot, and then put the Mercury to it. Stirre it well together, and then poure it out, and let it cole, and stampe it wel in a Morter vntill all be brought into a powder.

Then take Aloome and stampe it also in a Morter, and it will be like a whyte powder, the which you shall lay vpon a Marble stone, garnished on the sides, with Potters clay, in a moyst caue or Seller: setting vnder it a Glasse. The Aloome will tourne into a water vpon the stone, and will runne into the Glasse. And when you will Siluer your vessell of Copper, take the sayde water of Aloome, and annoynt your vessell with it, and let it drye. Do thus threē or foure tymes, and leaue it open that the bottome maye be the better. Then take the powder that you haue made, and rubbe it vpon it, and your vessell will be whyte and same as it were Siluer.

To make vessels of Copper vwhyte lyke Siluer, both vwith in and vwith out.

TAke one parte of Azure, two partes of Mercury, threē partes of whyte Arsnicke, mixe them together: then take grease and melt it in a Panne, taking the filth from it, making it very cleane. This done mixe them together, and make therof as it were an ointment: annoynt your vessell with it, vwith in and vwith out very well: that done, put it in a newe dishe of Oke, or else in newe and freshe Oken leaues, couering it well. Digge a hole and
lay

lay it in the earth, in a place where the Sunne shyneth most hottest, leauing it so the space of thre monethes, and then take it out, and make it cleane with water & a brussh, and you shall finde your experience.

To make that Tinne cracke not.

TAke strong common salt, and Honny, as much of the one as of the other, according to the quantitie of your Tinne, poure your Linne. xij. tymes in it, the straine out your Tinne, for by this meanes it will purge & leaue cracking. Put that in a Pot, the which you shall clay or lute about verry well, and set it in a foznace a day and a night, and you shall finde as it were a lyme of Golde.

The sixte Booke, touching the making of certayne Oyles and Waters and other substaunces which are of a maruellous bertue and operation.

To take Salamanders for to occupy or to serue a mans tourne.



When you see the Salamanders lie and sleepe in the Sunne, put on a payze of Cloues, and so go take them sayze and softly befoze they cast their Venime (which is yellow) then put it in some vessel of Glasse wherein there is mans bloude. Then it will serue your tourne very well.

To fine Golde vwith Salamanders.

TAke two pounde of filed Brasse or Copper, a Pot of Goates mylke, nine Salamanders, put all this in a Pot, wyde and large beneath and narrowe aboue, couer it with his couer fast and closte, but let the couer haue a hole in the toppe: digge the sayde Pot into the moyst of the earth so deepe that nothing appere but onely the

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the couer where the hole is, so that the Salamanders may haue ayze and not die. Leauē it so vntil the seuenth daye after none. Than take your pot out and you shall fynde that the Salamanders constrained by hunger shall haue eaten the Copper, and the great force of the poyson causeth the Copper to tourne into golde. This done, make a hole as deepe as two fingers into the which you shall put your pot with the Salamanders, the make about it a fyze of coales, which maye burne aboue and beneath, yet lesse beneath than aboue: & the pot is set in the grounde because the copper shall not melte.

And when you thinke that the Salamanders be burned to ashes, take the pot from the fyze, & let it coole well. This done, put the Copper and the powder into some vessell to washe it, & powze water vpon it, making cleane the Copper with the sayd powder: then hang it in the smoke, and let it drye well, and you shall haue good golde, and you shall let the Goldsmith fyne it, and make it cleane.

The mother of all vvaters, for to make
all metalles liquifiable.

TAke a pounce of Sal nitrum, a pound of Vitrioll, Stampe eche of them by it self, and then mingle them together in a mortar, distille the sayd water, without adding any other water to it: Take an vnce of the sayd water, an vnce of wyne not distilled, put them together in a glasse, and they will bourne of them selves so that you may light a candell at them: it is also the mother of all colours.

Also take thre vnces of the sayd water thre vnces of mercury the fourth part of quicke Bizimstone, put them all together to dissolve in a glasse. And when they be dissolved let the smoke come out, & you shall find the Mercury fyled very redde. And so may you fire all the Spiritus.

If you will make this water all together strong, adde
to the

to the seven partes of all these thinges aforesayd Vitrioll and Saltpeter, a pounce of eche, and distill them, putting the water into a glasse againe, and it will be so strong that it will breake both yron and things made with forge.

To prepare common salte.

TAke whyte Salt, and powze vpon it some stale Pisse wherein hath bene (a whole day) steept some quicke Lyme: mixe them well together sixe times a daye, & let it repose the nighte, straine the pisse thowre a felte, and put all y^e is within into a panne leaded within, mingling it well together vntill it become water. Then seeth it vpon coales vntill it be harde, and make it into a powder, and put it in a Oxre bladder binding it well aboue, and then hang it in a Caudron full of whote water, leauing it there vntill the salt be tourned into water. Do this, ten times last & at time let it burne so that it be a fyze & redde then let it coole, and thus is common salt prepared.

To prepare salte Armoniacke.

TAke ten pounce of prepared salt, and powze vpon it some warme pisse of a man that is in health, and hath not not dronke but wyne, and let the salt dissolve in the sayd pisse, and go to the bottome, then straine it thowre a felt into a caudron, put to it some soue of a bakers ouen, boyling it together: When this salte is drye: powze vpon it some mans pisse, and do this so long vntill the ten pots of vyne be consumed in y^e ten pounce of salt.

You muste take hede, that the caudron runne not ouer when the Wyne boyleth. If peradventure it ryse so that there is great daunger of running ouer: You shall poure some cleare water vpon it, and mixe all together vntill all tourne into water, let it stande, and caste the cleare oute, and seeth it so long vntill it be drye, the which being drye you shall take and putte in a newe dyshe, and drye

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by it in the Sunne : And then sublyme it in this wise.
Take the sayde two pounde, and two pound of filed yron,
and mingle them well together, and put them into a vessell,
that is called Rotunda, luting it well with Lutum
sapienciae : Then set it vpon a Treuctte in a Fornace of
sublimation, making a good fyze vnder it one daye, du-
ring vntill the vessell be thozowe redde hote vnder-
neath.

Then let it coole agayne in the nyght vntill the morning
and then open it, and you shal finde vpon the vessell white
Salt, the which you shall take away, and putting to it as
much common Salte prepared, you shall bzay them tath-
well together the space of halfe a long Sommer daye, ma-
king a small and slowe fyze vnder it, let it coole agayne,
and bzay it agayne, and sublime as befoze. This doe you
threé tymes, and then keepe it so: it is good.

To make Sal Alkali.

Take the Ashes of Lees of Wyne burned, quick Lime,
of eche equall quantitie, and put them into threé stills
tozic Glasses one ouer another, to the intent that that
which falleth from the one may distil into the other : then
poure the water of the lower most into the vppermost, ha-
uing a Pot leaded vnderneath. Put often tymes the same
lye thozowe it vntill the Ashes be no moze bitter. Let the
same lye stande a night, and seeth it in the morning in a
Pot leaded vntill the water consume awaye and become
harde. Then let it coole, you shall finde a stone in it called
Alkali, the which you shall beate in powder, and fill a new
Pot with it halfe full, and couer it not, and put it in a
Fornace of calcination, making at the first a little fyze
vntill it seeth : then a great fyze vntill it beginne to melte
lyke Leade, then poure it quickly into another Pot, and
let it coole, and it will be Sal Alkali, which you must keepe
in a Glasse.

To make Sal boras.

Take

TAke Tarter calcined in suche sozte as we will declare afterwarde, the same being made in powder, put some hote water vpon it vntill it dissolue, stirring it well with a sticke, then strayne it thozowe a linnen cloth, and doe as befoze, so long vntill the water be thicke and troubled, then strayne it thozowe a bagge vntill it waxe cleere, and hath taken the bitternesse out of the L. c. se oz Tarte: which thing you shall know when the L. c. se pricketh no moze vpon your tongue. Ther take Sal commune præparatum and putting to it water of Tartré, poure them together into a Pan of yron, oz frying pan, seething them vntill they be thicke, and then put them in a newe Pot vntil they be harde. You shal tourne often tymes the Pot, and when the sayde Pot woulde cleaue oz burne to let it coole, and open it, and you shall haue Salboras Philosophorum, as good as the true Boras.

Water of Mercury.

TAke a quartefne of sublimed and fixed Mercury and as much of the stone Galitsenstein: bray them together vpon a Marble stone: then hauing put them in a linnen Bagge, make a hole in an Hoyle Dounghill, put them in a Glasse into the same hole not touching the sides of the hole in anye wise, to the intent it file oz soyle not, make two funnels, and hang the Bagge with Mercury and Galitsenstein ouer the Glasse couering it with a good strong linnen cloth that nothing fall into it: then laye dounge ynough vpon it, and leaue it so a fortnight together vntil the Mercury be skiled as water out of y Bagge. If the water be not whyte ynough, bray it agayne with the Galitsenstein, and doe as befoze, continuing it vntill the water be good Ad lunam faciendam.

Water of salt Armoniack.

TAke salt Armoniack as much as you will, as much of the yelkes of Egges, mixe them well together, putting to them a little vineger, that it maye droppe oz
runne

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runne the better. Then hang it ouer a glasse in a dounge hill as befoze is sayde of the water of Mercurie, or else set it vpon an euen stone smooth and slippery in a moyst Cellar, laying the stone a little at on side, and setting a Classe vnderneath with a Fonnell, and moztter at one side of the stone that it may not runne but into the Fonnell. Then passe it thozowe a felt, and keepe it wel. For it will serue pour tourne very aptly.

A vvater called Aqua lactis virginis.

TAke Litarge made in powder, & put it in a Pan with good Vineger, seeth it with a little fyze, and passe it thozowe a white felt vntil it ware cleare and whyle it distilleth, put it euer in agayne vntill it be cleare and whyte. Then take Axungia vitri, made in powder, and seete it, and do with it as with the Lptarge, and there wil come also water out of it: Mixe these two waters together, and they will be as white as mylke, and it is called Lac virginis.

Water of salt Alkali.

TAke salt Alkali, and pelkes of Egges, bray them with good Vineger, and doe as is befoze sayde, of the water of Mercury.

A vvater called Aqua croci Martis.

MAke of the greene Galitsenstein stone into powder: and fill therewith a newe Potte and keepe it well. Burne it euen in suche sorte as is sayde afoze of the Alome. When it is as redde as Vermilson it is ynough. Then put some good Vineger into a Limbecke and distill it in a foznace with a small fyze. Do thus thre tymes. Afterwardes put into it as much as into the redde Galitsenstein stirring them alwaies together with an yron thre dayes long. Put them agayne into a Limbecke, and syll them as befoze. If the water be not redde ynough, put more of the sayde powder vnto it, stirring it wel together, and distilling it as befoze, it wil be very good Crocus Martis to make Golde.

To Calceyne Tartre.

TAke Tartre of whyte Wyne, washe it with hote water, and let it drye. Then fill a Pot of a quarte with the sayde Tartre, couering it well aboue, and set it in a Fornace of Calcination, and let it burne vntill there come out no maner of smoke. Then let it coole, and make it in powder, and put it into another Pot, luting it well with Lutum sapientie, then leaue it in a Fornace of Calcination, wherein there is a good fyre, the space of thre dayes or more vntill the Tartre be as whyte as Salte, the which you shall keepe in some warme place.

To calcine Egge shelles.

Washe Egge shelles in Lixiuio colatitio and let them dry: take away befoze, or after the little skinne that is in them. Then put them in a great Pot vpon the fyre, and burne them to Ashes stirring them well. Then put them in a little Potte, and doe as with the Tartre. When they be burned as whyte as chaulke, they be calcined ynough.

To calcipe or burne Tutia.

Redde Tutia or yellowe is the best: put the same into a melting pot, and set it vpon the fyre, & let it burne hote. Quench it then in good Vineger. Do so nyne tymes, and then braye it small lyke vnto floure vpon a stone and keepe it.

A Water called Aqua lunaris.

TAke an hundred Henne Egges, take out the yelke and beate the whyte, put it into a Glasse, and stoppe it well aboue, and set it in Horse dounge.iiii. dayes, go to it euery daye, and take the dounge from about it with a thicke, leauing it so a good houre that it maye haue the ayre, then couer it agayne.

And when it hath bene there a long tyme, there wil come out of it a water, the which you shall poure into another Glasse and let it coole, and that which was congeled
vpon

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upon the water cast away, and put into it some lyme of Egges, that the water maye be aboue it foure fingers broade: mingle them together, and poure them in agayne stopping it wel, and set it agayne in the horse dung, lea- uing it so a long tyme as befoze, then take it out, and put it in a melting Pot, stirring it well, and set it vpon a white felte, and by the measure that it distilleth in, poure it agayne vpon it, continuing so vntill the water be cleare, caste out the Lees, and the Water is good, Ad Lunam & Solem.

Aqua Causata.

TAke two pound of the ashes of Lees of Wyne burned, a pounce of ashes of Walnut shelles burned, two pounce of the ashes of burned beane stalkes, a pound of the Ashes of the slippes or twiggges of Vines. Mingle al these together, and poure water vpon them, and adde to it some quicke Lyme, for eche pounce of the sayde sub- stance, you muste haue two pounce of water, then let it seeth together one seething, and let it stande and repose a daye and a night, stirring it six tymes a day.

This done, poure that which is cleare into a Caudron, and put to it an vnce of Arsnicke, an vnce of Keagall, an vnce of calcined Tarte, and a quarterne of salt Armoni- acke, make all into powder, and put it into water, and let it seeth vnto the halfe, let it cole agayne: and then put it in a Limbeck, and distill it as is sayde. And when it will distill no moze let it cole, and open the Limbecke, and poure it in agayne, and distill it thus fve tymes, and keepe the water distilled. Mercurye his hardened and fired in the saue water as we haue sayde in another place: keepe also the Lees, for it is good for to harden Mercurye as thus. Take Mercurye, put it in a melting Pot, and heat it, poure the foresayde Lees into it, and mingle them together, and it will kill the Mercurye, and make it harde and blacke, so that being colde agayne, it is as hard as a stone, the which you may sublime.

A vvater called aqua caufcica.

TAke one parte of fal Alkaly, one parte of common Alome, one part of alumen pluma, one parte of white Galitsenkein Stone, one part of salt Armonack, two partes of common salt prepared, braye al these very smal and fyne vpon a gryndstone, and weate them with Vineger, oz very whot water, & put them in a glasse, the which you shall digge & set in a dunghill, leauing it there three waxes. All will be tourned into water, put the same water into a melting pot, and do as befoze you did with the felt, distilling it thozow the felt into another melting pot. Keepe it so in a glasse, soz it is god to make Syluer. The felt must be sharpe at the nether ende and broade aboue,

Aqua auri pigmenti.

TAke foure parts of Dypiment, two partes of salt Armonacke, one parte of calcined Egge Shelles, and one parte of common salte, braye these well vpon a marble stone, weate them with Vineger, and let them runne of from y stone into a glasse in a seller oz set them vnder a dunghill, vntill they be turned into water. Then distill it as you do Aqua fortis. But in braying the oypiment, you must stope your mouth and your nose, because of the smoke oz fume of the water, which is hurtfull.

vvater of common salte prepared.

TAke a pound of common salte, a quarterne of Alome bray them vpon a Marble stone with Vineger, and let it run from the stone as befoze is sayde, And distill it thozowe a felte, and it is made.

vvater of yelkes of Egges.

TAke yelkes of Egges sodden berpe harde, stampe them and put them in a Limbecke, the fyrst water which commeth out is whyte, the other redde and thicke: but when it is Colde, it is thinner and Liquide.

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All that you rubbe with the same water, getteth alwayes a good colour of Golde.

Oyle of Tartre.

TAke whyte Tartre calcined, braye it well vppon a Marble stone, and let it runne into a glasse, as is afoze sayd of the salt Armoniack, & of the Crocus meritis. And when all is runne into the glasse, passe it throuwe a felte so often vntill it be cleare. And kepe it in a cleane glasse.

An oyle called oleum Laterinum or Petroleum.

TAke a newe tyle wheron there hath bene no maner of water, make it whote, and laye it in oyle of walnutes, vntill it soke or drinke no moze: Then make it into powder, and put it in a Limbecke and distill it. And when it will distyll no moze, casse it oute, and put in othet, & do as befoze thre tymes, & you shal haue your oyle.

Oleum benedictum.

TAke oyle Olyue in stede of oyle of walnutes, and doe as befoze.

Oyle of Brymstone.

TAke a pounce of Brymstone wel made in powder, a pound of oyle of Lynesade: put them in a put leaded, & boyle them together vntil there rise a redde frothe or skym vpon them. Put Vineger into it, and the oyle will beginne to rise vp, and taking of the frothe or skime keepe it and keepe the oyle neate and cleane. Then washe your Brymstone very cleane, & poure some oyle of walnuts vpon it, and let it seeth as befoze, and whē it wareth redde as befoze, poure againe some Vineger vpon it, and skim of the oyle, and keeph it with the first. Doe this so longe vntill the Brymstone smoke no moze, whether it be set vpon whote coales or vpon a whote plate. Then washe it in hote water, & let it drie. Then put it into a thicke bagge & binde it so that the Brymstone may sprede abrode in it. Put into a pot some quick lyme foure fingers thicke, & lay the bagge

bagge with the Brymstone abroade vpon it : Then poure some good Vnauigre into it that it maye be a handfull high aboute the lyme, end let it seeth a whole daye. Than take the Brymstone out of the bagge, & washe it wel in whote water, poure out the water and let it drye, and it will be Sulphur purgatum & præparatum.

A note.

TAke that which befoze you haue gathered together, and make a strong Lie of it, with quycke Lyme and Ashes of wyne Lees burned, take twyse as much of the same Lie, and seeth them together vntill they be as it were Sope. Put the skymme oz frothe of the same into a glasse, which you shall set in a dunghill ten dayes. Then bzaue it, and put it in a Limbecke, and distill it as befoze is sayde, and that which remayneth in the Lymebecke is Oleum fixum sulphuris, with this oyle you maye doe all thinges.

To purge Brymstone.

TAke common Brymstone, stampe it very small, and sift it: put it in a Pot leaded with threë seete, and poure into it some good Vnauigre, let it seeth slowly a daye and a night: skymme it with a wodden sponne full of lyttle holes lyke a skymmer. When the Vnauigre hath thus boyled with it a daye and a night, put to it skale pisse that is well sodden and well skymmed and passed thozowe a felt. Let it so seeth with the pisse two dayes and two nightes, and skymme it as befoze, and passe it so often thozowe the felt vntill the water be cleare, Than let it drye in the Sunne, and it is purged.

To sublyme Brymstone.

TAke purged Brymstone, as I haue taught you befoze in the chapter of oyle of Brymstone, of the which you wyll: Take thereof a pounde of Brymstone calcined, as is sayde in the chapter befoze, a pound of Ofall of yron, yron bzaused small a quarterne, bzaue them

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them

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them well and sift them, then put them into a Limbecke which hath a hole aboue, the which you shall stoppe with a peece of Iron plate, lute well with Claye the sublimatoze that no breathe goe oute, and set it in a foyneyse to sublime, making a litle fyze vnderneath it, looke now and then vnder the peece of Iron plate: the which when it is no more moyste, stoppe the hole with lutum sapientia, and make the fyze a little greater, and leaue it so sixe houres. Then take it of, and that which sticketh faste aboue vpon it, rubbe it of with an Hares scote. Stirre it agayne with the lees that remaineth vnder, and set it in agayne and sublime it as befoze. Doe thus thre tymes, and alwayes rubbe of that, which you fynde aboue vpon it, and keepe it, and braye the lees by it selfe, and doe as befoze, vntyll they smoke no more vpon the fyze: Then casse them oute, and take one parte of this sublimed Wymstone, two partes of common salt prepared, braye them well together, and sublime them as befoze, laying first a plate vpon the hole. Hauing done this fyue tymes, take of the Wymstone befoze sublimed, and braye it with twyse as muche common salte prepared. And sublime it so often that the Wymstone be as whyte as Snow & then there will be inough. Keepe it.

Oyle of Egges.

TAke Egge shelles stamped, hauing the little skynne within taken away, keepe them. Then take the yelks of Egges, and beate them well in a pot, and set a glasse of them vnder a dunghill of whote Horsesdunge the space of eyght dayes together. Then take it oute, and put the sayde Egges in a Lymbecke, and lute it well, and distill them thus thre tymes, and there wyll come *Oleum ouorum*.

Oleum auri pigmenti.

TAke auri pigmentum, and bruse it small, and seeth it wyth *Oleum lunare* in little Potte leaded. And
when

When it is halfe consumed, put it in a Limbecke and distill it: Then take the Lees, and braye them vpon a Marble stone, and put them againe into a Limbecke, & poure againe vpon it the same oyle: do thus thre tymes and keepe it, for it is good Ad fixationem.

Oleum lunare.

TAke as much of Aqua lunaris, described befoze, as you wyll, distill it in a Limbecke vntill it ware dry, and you shall haue your Oyle, w^{ch}ewith you may fire all kyndes, and harden also Mercury.

Oyle of Brymstone.

Bray Brymstone with Tartre in maner of rappe, put it in a glasse vpon a fyze of quick cooles, thre dayes then braye it againe, and distill it in a Limbecke, and that is called Oleum sulphuris.

To sublime Mercurie.

TAke a pounce of Mercury, a quarterne of salte Armoniacke, poure vpon it good Vnauigre, that they may be liquide: mingie them together, & let them so stande vntill the next morowe. Bray them well vpon a Marble stone, for al must be brought into powder befoze you put the vnaigre to them, when you haue thus brayed them that the Mercury appeareth no more, let it dry, and bray it wel so drie withoute vnaigre, then put it in a limbecke & sublime it in a forme of sublimation, as befoze is sayde of the Brymstone: bynde fast the felt about y^e Limbeck that nothing breath out. The first.ii. houres yett shall make a small fyze vnder it, vntill the moysture come out aboue, which you shall know by the vapour that is vpon the peece of plate: then stoppe the hole, and make a greater fyze vnder it two houres long: then encrease the fyze foure houres long: the let it coole by little and little, and than open it and you shall finde the Mercury as whyte as a Lilly aboue, and that whiche sticketh on the syde, and lyeth vpon the Lees, rubbe it of with a feather, and

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braye it with the Lees and strong Vinaigre as before, let it drie and sublime it as before. This doe, so long vntill the Lees smoke no moze vpon the coales. Then take the Mercury sublimed, and twyle as muche common Salte prepared, mingle them together, and sublime them in a Limbecke as before.

Doe this th;ée tymes. Sublime the Lees as is sayde vntill they smoke no moze vpon the coales, then cast them away.

And if the Mercury be not as whyte as Snowe, take other common Salte prepared, and sublyme it againe, vntill it be white p^rounghe.

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To ſeperate Golde from copper	idem
	Another

The Table.

Another way	idem
A powder to separate Golde	idem
To washe Golde from Copper	idem
To get together the Golde out of threds of. &c.	idem
To gilde so that it wil not out with no water that is	idē
To gather together into one, the Golde that is scraped of from letters and images	idem
To take gilt from a Cup that is gilded within	fol. 67.
To make golde soft after the melting	idem
Foz to giue a colour to the Gold that it shal be soft	idem
To boyle gold oz siluer to make it receyue a. &c.	idem
To giue a colour to Golde	idem
Foz to make Siluer fine	idem
To make siluer sayze and whyte	idem
To know if the Siluer haue any Golde in it oz no	idem
To mortifie and slay Mercury oz quicksiluer	fol. 68.
To gilt steele oz yron	idem
To separate Golde oz siluer from metall oz yron	idem
Siluer of Tinne, to make vessell oz other things	idem
To whyte any vessell of Copper within and without with Siluer colour very easely	idem
To make vessell of copper white like Syluer, both within and without	idem
To make that Tinne cracke not	fol. 69.
To take Salamanders, foz to occupy oz to serue a mans courne	idem
To fine Golde with Salamanders	idem
The mother of all waters foz to make all metalles liqui- fiable	idem
To prepare common salt	fol. 70.
To prepare Salt Armoniac	idem
To make <i>al alkali.</i>	idem
To make <i>Sal boras.</i>	idem
Water of Mercury	fol. 71.
Water of salt Armoniac	idem
A Water called <i>Aqua lactis virginis.</i>	idem
Water of salt <i>Alkali.</i>	idem
A water called <i>Aqua croci martis.</i>	idem
To calcine Tarte	fol. 72.

The Table.

To calcine egge shelles	idem
To calcine oz burne Tutia.	idem
A water called <i>Aqua lunaris.</i>	idem
<i>Aqua causata.</i>	idem
A Water called <i>Aqua caustica.</i>	fol. 73.
<i>Aqua auri pigmenti.</i>	idem
Water of common salt prepared	idem
Water of yelkes of egges	idem
Oyle of Tarre	idem
An oyle called <i>Oleum laterinum</i> oz <i>Petroleum.</i>	idem
<i>Oleum benedictum.</i>	idem
Oyle of Bizimstone	idem
A note	fol. 74.
To purge Bizimstone	idem
To sublime Bizimstone	idem
Oyle of Egges	idem
<i>Oleum auri pigmenti.</i>	idem
<i>Oleum lunare.</i>	fol 75.
Oyle of Bizimstone	idem
To sublame Mercury	idem

¶ Here endeth this present worke of Secretes and so-
 ueraigne Receipts, gathered out of diuers good
 and approued Authours, and set forth in the
 french tongue, and nowe lately trans-
 lated into English (to the profite
 of this our country) by
 Wylliam Warde.

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